



# HEADS UP



**WHEN  
YOU DRIVE  
DISTRACTED,  
EVERYTHING  
IS IMPACTED**

# DRIVE SAFELY

## & Avoid ALL Types of Distracted Driving



**VISUAL**



**AUDITORY**



**MANUAL**



**COGNITIVE**

**PULL OVER TO USE YOUR  
PHONE. KEEP YOUR EYES  
ON THE ROAD.**

**KEEP VOLUME DOWN  
SO THAT YOU CAN  
STAY FOCUSED.**

**SILENCE YOUR PHONE  
AND PLACE IT OUT OF  
REACH.**

**STAY FOCUSED ON THE  
ROAD WHILE DRIVING.**