

MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

Food Warehouses / Pantries / Soup Kitchens

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This is a project of the Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format please contact: MCCPWD@montgomerycountymd.gov, 240-777-1252 (V), MD Relay 711.

Montgomery County Food Council

P.O. Box 34412

Bethesda, MD 20827

240-630-0774 (V)

Email: info@mocofoodcouncil.org

www.mocofoodcouncil.org

Nonprofit organization that serves as the primary connection point for businesses, nonprofits, government agencies, and residents around food system issues in our County.

Online Food Assistance Resource Directory lists

more than 100 food assistance sites in the County.

This directory is searchable by location, food assistance type, accessibility and many other special features.

<https://mocofoodcouncil.org/map/>

Adventist Community Services of Greater Washington (ACSGW)

501 Sligo Avenue

Silver Spring, MD 20910

301-585-6556 (V)

Email: acsqwinfo@acsqg.org (Include a call back number to enroll and make an appointment)

www.acsqg.org/food.html

Collects food donations from throughout the community and keeps it available at their center at 501 Sligo Avenue for people who need some assistance.

Individuals needing food must first call or email the center to talk with a case manager to explain their need and provide the information necessary to ensure they meet current qualifications. Qualified clients can visit the center once a month for food. People who qualify can receive food the same day. As often more food is provided than a person can carry, it is advised that the person bring a shopping cart or someone else with them to help carry the food home. Food available varies throughout the month. Typically, nonperishable food is available such as canned goods and pasta, as well as perishable food such as fruits and vegetables. Meat and poultry are sometimes available as well as bread.

Bethesda Cares

7728 Woodmont Avenue

Bethesda, MD 20814

301-907-9244 (V)

Email: info@bethesdacares.org

<https://bethesdacares.org/what-we-do/meal-program/>

Coordinate with local churches and other community groups to provide lunch six days a week, dinner every Sunday, clothing with donated apparel, medical care and assistance with prescriptions, and showers plus toiletries, clean socks and underwear. Lunch is served Monday through Friday from 12:45 p.m. to 1:45 p.m. at The Church in Bethesda, 5033 Wilson Lane, Bethesda. Every Saturday, lunch is served from 11:00 a.m. to 12:00 p.m. at Bethesda Presbyterian, 7601 Clarendon Road, Bethesda. Every Sunday, dinner is served from 5:00 p.m. to 5:50 p.m. at Our Lady of Lourdes Catholic Church, 7500 Pearl Street, Bethesda.

Damascus HELP

Email: dh20872@aol.com

www.damascushelp.org

Provide emergency food and holiday gift baskets to needy persons and families. Food pantry operates on a by-appointment basis. Serve the areas of upper Montgomery County covered by zip codes 20871, 20872, 20882 north of Brink Rd and 20876 from route 27 north of Brink Rd. On a case by case basis they provide help to people who live just over the Montgomery County line in Monrovia (Frederick County).

Germantown HELP

301-482-1320 (V)

Email: info.gtownhelp@gmail.com

www.germantownhelp.org

Provide delivered emergency food to residents of Germantown (zip codes 20874 and 20876). Also offer prescription assistance and holiday help.

Manna Food Center – Food for Families

9311 Gaither Road

Gaithersburg, MD 20877

301-424-1130 (V)

Email: info@mannafood.org

www.mannafood.org/how-to-receive-food-from-manna/

Food distribution program. Food boxes are shared at our warehouse daily and through a network of satellite locations. Many of these satellite locations serve seniors living in subsidized housing. If you need food, you will speak with one of our referral representatives, who will ask you some simple questions: 1. whether you are a Montgomery County resident; 2. whether your income falls below what is necessary to

Manna Food Center Continued

be self-sufficient; and 3. which day and location is most convenient for you to pick up your food. Please call Manna's main office during regular business hours. They need to receive your call by 3:00 pm the day before you would like to receive food, so they can have your order ready. When you come to pick up food, you need a photo ID with your current Montgomery County address or provide a document that proves you currently reside in the county. If you cannot pick up your food on the day scheduled, you must call Manna in order to reschedule your pickup. If you need to schedule a pickup outside of Manna's normal business hours, call 311 to contact the Department of Health and Human Services. You can also get a referral from hundreds of referral agencies that work with Manna. Ask your case manager, social worker or pastor.

MUM (Mid-County United Ministries)

Westfield Wheaton South Building, 7th Floor
11002 Veirs Mill Road
Silver Spring, MD 20902
301-929-8675 (V)

Email: office@mumhelp.org

<https://mumhelp.org/mum-programs/food-assistance-pantry/>

Food Pantry Hours: Tuesday, Wednesday and Thursday from 9am to 4pm. Pantries supplement client food budgets with nonperishable items such as cereal, rice, beans, pasta, bottled juice, canned meats, vegetables, and fruit. Food is available once a month, up to 25 lbs. per household to clients living in one of these zip codes: 20906, 20902, 20853, 20895 and 20896. MUM Mobile pantry serves the community on Sundays from 2pm to 4pm. View website for list of locations. Recipients must be Montgomery County residents and proof of identity and residency is required, such as: driver's License with current address shown or utility bill in the name of the applicant with their current address shown. MUM also provides referrals to Manna Food Center.

Nourish Now – Family Distribution Program

397 E. Gude Drive
Rockville, MD 20850
301-330-0222 (V)
Email: info@nourishnow.org
www.nourishnow.org

Non-profit provides a free 5-day food supply to those in need by collecting donations of surplus food from community and local restaurants, grocers, caterers and more throughout the D.C. metro area. Food collected is distributed to families, shelters, food banks, low income apartment complexes, and other organizations that assist in feeding the hungry. To receive food, schedule an appointment. Referrals from social service agencies are preferred, but not required. All appointments must be scheduled at least 3 days in advance. No walk-in or same-day appointments are available at this time.

SHARE Food Network

3222 Hubbard Road
Landover, MD 20785
301-864-3115 (V)
1-800-217-4273 (Toll Free)
Email: shareorders@cc-dc.org
www.catholiccharitiesdc.org/share

Non-profit, community-based organization dedicated to offering healthy, nutritious groceries at a roughly 50 percent discount. This is accomplished through high-volume purchasing and thousands of volunteer hours, which strengthens the community for all. SHARE food packages are available to anyone who is interested. Monthly value packages cost just \$25 and include up to \$50 worth of basic and healthy groceries; always four to six pounds of frozen proteins and 8 to 12 pounds of fresh fruits and vegetables, sometimes with seasonal grocery or dessert items. Locations in Rockville, Gaithersburg, Silver Spring, and Takoma Park.

So Others May Eat (SOME)

71 O Street, NW
Washington, DC 20001
202-797-8806 (V)
Email: some@some.org
<https://some.org/get-help/>

Interfaith, community-based organization that serves food, clothing, and healthcare. SOME's food pantry offers non-perishable food items and fresh produce (when available) to those who need extra help to ensure that they and their families have enough to eat.

Food Pantry Hours: Emergency food is distributed from the warehouse on Wednesdays and Fridays from 11:00 a.m. to 12:00 p.m. Clients are welcome to utilize the pantry twice a month. Persons can receive pantry items once each month. ID required. **Dining Room:** Provides breakfast and lunch every day of the year to anyone who needs it - no questions asked. Food distribution between 7:30 a.m. to 9:00 a.m. Offer hot showers, free clothing and restroom facilities. Other services include affordable housing, job training, addiction treatment, and counseling.

WUMCO (Western Upper Montgomery County) HELP

301-972-8481 (V)
Email: info@wumcohelp.org
www.wumcohelp.org

Food pantry. Service area includes roughly the area from Frederick County line (northwest) to Potomac River (west/southwest) to Clarksburg and Germantown (east), including the towns of Poolesville, Boyds, Barnesville, Dickerson and Beallsville. All services are based on validated financial need.