

MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

Parenting Supports

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycountymd.gov.

Adventist HealthCare

www.adventisthealthcare.com/services/pregnancy-birth/parenting-childbirth-classes/

offers online childbirth, infant care and breastfeeding classes via Zoom so that you can prepare for baby in the comfort and safety of your own home. Connect with and learn from others during support groups for breastfeeding and discovering motherhood. Join a conversation with other new and expectant mothers in our Facebook group Discovering Motherhood. Enjoy a supportive, safe and friendly environment where you can get advice, share tips and stay informed about pregnancy, childbirth and parenting topics.

Disability, Pregnancy & Parenthood (DPPI)

Email: info@disabledparent.org.uk

www.disabledparent.org.uk

User-led registered charity that promotes better awareness and support for disabled people during pregnancy and as parents. Free, confidential inquiry service offering information and advice for parents with disabilities and professionals; accessible guides on parenting; and training and consultation for health and social care professionals.

Ed Bohrer Parent Resource Center

Gaithersburg Elementary School

35 North Summit Avenue

Gaithersburg, MD 20877

240-778-9879 (V)

Email: lucia.torres@sheppardpratt.org

www.sheppardpratt.org/care-finder/ed-bohrer-parent-resource-center

Serve English and Spanish speaking people as they pursue educational goals for themselves and their children as well as access needed services in the community. Offer parenting skill workshops. Services are offered free of charge to the general public. Managed by Sheppard Pratt.

Gabriel Network

301-637-3223 (V)

Email: office@gabrielnetwork.org

www.gabrielnetwork.org

Non-profit organization that helps expectant moms with various practical needs, including finding resources such as: pregnancy information and assistance with pre-natal care; maternity and baby clothes, cribs, strollers, and various baby items; referrals for housing, medical care and counseling; parenting support or adoption information. Services are provided at no charge. Church-based volunteer teams.

Gabriel Project Cluster of Montgomery County

301-946-4815 (V)

Email: info@gpmoco.org

www.gpmoco.org

Provide women with prenatal care including sonograms, maternity clothing, diapers for the newborn, cribs, money and other needed items.

Holy Cross Hospital

www.holycrosshealth.org/classes-events

Offer virtual classes on becoming a father, breastfeeding, childbirth, introduction to baby care, infant and child safety – birth to 5 years, mother to mother connection, and grandparents-to-be.

MedStar Montgomery Medical Center

18101 Prince Philip Drive

Olney, MD 20832

301-774-8881 (Registration)

www.medstarhealth.org/mhs/events

Infant feeding class, infant and child CPR, infant and child first aid, parents-to-be workshops, infant care and safety class, and birth preparation.

Montgomery County Public Schools (MCPS)

Parent Academy TO GO!

www2.montgomeryschoolsmd.org/departments/parent-academy

Parent Academy TO GO is a series of virtual presentations for families to participate and view at home. Designed to inform and empower families as advocates and partners in their children's education. Workshops provide families with useful information and resources to support their children's academic and emotional well-being, as well as help them to be college and career ready.

Parent Encouragement Program (PEP)

Kensington Baptist Church

10100 Connecticut Avenue

Kensington, MD 20895

301-929-8824 (V)

Email: office@pepparent.org

www.pepparent.org

Non-profit, educational organizations that provides in-person and online classes, events, and other educational resources to parents and all who care for children, toddlers through teens. Programs include classes, workshops, community talks and presentations by noted authors. Provide access to books and other resources detailing a practical, proven approach to childrearing.

Parents' Place of Maryland

802 Cromwell Park Drive, Suite H
Glen Burnie, MD 21061
410-768-9100 (V)
1-800-394-5694 (Toll Free)
www.ppmmd.org

Offers families individualized support from someone who knows what it means to have a child with a disability or a special healthcare need. Team has firsthand knowledge of the special education and healthcare process. help families obtain education and health care services for their children with disabilities; work to improve education and health care for all children; train and inform parents and professionals on a variety of topics; and connect children with disabilities to community resources that address their needs. The Parents' Place (PPMD) is the only organization in Maryland charged by the U.S. Department of Education, Office of Special Education Programs, to serve as the state's **Parent Training and Information (PTI) Center**. As a PTI, the Parents' Place provides information and support for families who have children and youth with disabilities or special needs, beginning at birth through age 26. Parent Educators and PTI staff are available to help you understand and navigate the special education system and provide you with the information and tools you need to be an informed and active participant in your child's education. Also offer workshops and provide resources that address the unique needs of military connected families. All services are provided to parents and families at no cost! **The Parents' Place Family-to-Family Health Information Center (F2F HIC)** provides a central source for families of children and young adults with disabilities and special health care needs to obtain support, advocacy, and information about health care. **The Parents' Place offers LEADers**, a parent leader program to develop leadership skills among parents of children with disabilities and special health care needs. This program appeals to various adult learning styles, including: traditional workshops, webinars, experiential learning, coaching, mentoring, and independent study. It is designed to help parents broaden their role within their communities as a resource, support group leader, trainer, advocate and more.

St. Mary's Catholic Church – Gabriel Project

520 Veirs Mill Road
Rockville, MD 20852
301-424-5550 (V)
Email: stmaryrockville@yahoo.com
<https://stmarysrockville.org/social-concerns>
Parish-based ministry designed to help women in crisis pregnancies. Provide mentoring and emotional support, baby supplies, and more.

YMCA Youth & Family Services – Parenting Workshops / Classes

9601 Colesville Road
Silver Spring, MD 20901
301-585-2120 (V)

<http://yfs.ymcadc.org/counseling-family/parenting/>

Trained staff provide workshops and classes that help parents be more effective in parent-child and/or parent-teen relationships. Upon request by PTA, MCPS, and community-based groups we offer workshops and classes that are tailored to fit the needs of the community. Workshops and classes are designed for parents of preschoolers through high school students to explore topics such as bedtime/morning struggles, homework hassles, dealing with anger and sibling rivalry. Offer consultations for parents who seek skill development, techniques tailored to their concerns, and who can benefit from support and encouragement from our parenting staff. Appropriate referrals are parents who seem likely to benefit from 3 to 6 sessions of consultation. Fees based on a sliding scale; however no one will be denied services based on ability to pay.