

Montgomery County, MD - Veterans Network Directory

Respite Care and Adult Day Services

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This is a project of the Montgomery County Commission on Veterans Affairs. To submit an update, add or remove a listing, or request an alternative format, please contact: MCCVA@montgomerycountymd.gov, 240-777-1246 (V), MD Relay 711.

See also [Assisted Living, In-Home Care, and Long-Term Care / Nursing Homes](#)

VA National Caregiver Support Line

www.caregiver.va.gov

1-855-260-3274 (Toll Free)

Hours: Monday through Friday, 8:00 a.m. to 8:00 p.m.

Licensed social workers will be available to tell you about the assistance available from VA; help you access services; connect you with the Caregiver Support Coordinator at a VA Medical Center near you; or just listen, if that is what you need right now. Each Caregiver Support Coordinator can locate assistance tailored to your unique situation. For direct services, call the Washington DC VA Medical Center at 202-745-8000 (V) and ask for the Caregiver Support Coordinator in the Social Work Department.

Adult Day Health Care (ADHC) Centers - Within the VA System

Washington DC VA Medical Center
50 Irving Street, NW
Washington, DC 20422

www.va.gov/geriatrics/guide/longtermcare/Adult_Day_Health_Care.asp

202-745-8000 (V)
1-877-328-2621 (Toll Free)
Ask for the Caregiver Support Coordinator

Program Veterans can go to during the day for social activities, peer support, companionships, and recreation. Program is for Veterans who need skilled services, case management and help with activities of daily living, such as help with bathing, dressing, fixing meals or taking medicines. This program is also for Veterans who are isolated or their caregiver is experiencing burden. ADHC Centers are generally open Monday through Friday during normal business hours.

Albert & Helen Misler Adult Day Center

1801 East Jefferson Street
Rockville, MD 20852

E-mail: Misler@AccessJCA.org
www.accessjca.org/misler-center/

301-468-1740 (V)

Licensed, state-certified program for adults. Morning coffee with friends, hot kosher lunch, field trips, visiting entertainment, armchair exercise sessions and personal care. Compassionate, professional staff of social workers, nurses, activity specialist and aides. Door-to-door- transportation provided on wheelchair accessible buses that travel between your home and program in Rockville.

Child Care Aware® of America – Exceptional Family Member Program (EFMP) Respite Care

E-mail: msp@usa.childcareaware.org

<https://usa.childcareaware.org/fee-assistancerespite/exceptional-family-member-program-efmp-respite-care/>

1-800-424-2246 (Toll Free)

Partners with the U.S. Air Force and U.S. Navy to provide EFMP Respite Care to families with children (birth through 18 years) who have special needs and are enrolled in EFMP.

Easter Seals Serving DC | MD | VA – Respite Care and Adult and Senior Medical Day Services

Brooke Kaiser, Director of Respite Services 301-920-9718 (V)
1420 Spring Street
Silver Spring, MD 20910
E-mail: respite@eseal.org
www.easterseals.com/DCMDVA/our-programs/family-services/

Center-Based Respite Days for children with disabilities or special needs, and their siblings, including military and wounded warrior families. These fun, activity oriented respite days support the child and family by providing one-on-one interaction between children and trained volunteers. The activities take place monthly at The Harry and Jeanette Weinberg Inter-Generational Center in Silver Spring and include magicians, face painters, clowns, petting zoos and other engaging, hands-on activities. Volunteers also benefit from being able to make a direct and lasting impact on the lives of families in the Program.

In-Home Respite Care for Military Families who have at least one child diagnosed with highly specialized medical or educational needs. The program places highly trained respite providers in the families' homes to provide up to 40 hours of respite care per month. The military respite program is available for Navy and Air Force families.

Liz Klosek, Director, Adult Day Services 301-920-9765 (V)
1420 Spring Street
Silver Spring, MD 20910
E-mail: ads@eseal.org
www.easterseals.com/DCMDVA/our-programs/adult-services/

Adult Day Services: Provide support to aging veterans who have served our country from World War II to today's conflicts. Veterans at risk of institutionalization due to disabilities, Alzheimer's disease and other medical conditions can find socialization, medical care and hope at the Morris & Gwendolyn Cafritz Foundation Adult Day Services in the Harry and Jeanette Weinberg Inter-Generational Center in Silver Spring. This program helps keep our veterans in the community by preventing unnecessary nursing home placement.

Keystone Program – Yellow Ribbon Fund, Inc.

P.O. Box 41048 240-223-1180 (V)
Bethesda, MD 20824-2018
Email: keystone@yellowribbonfund.org
www.yellowribbonfund.org

The Keystone Program provides transitional services and training to caregivers, at any point in their journey: health and wellness education and events; life skills development and educational opportunities; family retreats; peer-to-peer support and networking.

- **Respite:** Through Keystone Chapters across the country, as well as their National Virtual Chapter, they provide a supportive network and "home base" for caregivers. The Keystone Program provides a variety of ways to stay connected through virtual and live events for caregivers and family members such as: fellowship and encouragement of other caregivers; virtual and live events; supportive network and resources; and caregiver and Family retreats.
- **Health & Wellness:** The Keystone Program provides fun, interactive events and activities for mental breaks, fitness and wellness classes to keep caregivers healthy and recharged, and fellowship with other caregivers so they know they are not alone in their journeys. Health and wellness opportunities include: enrichment classes: healthy cooking, exercise & fitness; peer-to-peer mentoring; and monthly activities for self-care and camaraderie.
- **Education:** The Keystone Program offers monthly webinars featuring informative and relevant topics, presented by experts in their field.

Respite Care - Within the VA System

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50 Irving Street, NW
Washington, DC 20422

www.va.gov/geriatrics/guide/longtermcare/respite_care.asp

202-745-8000 (V)
1-877-328-2621 (Toll Free)
Ask for the Caregiver Support Coordinator

Service that pays for a person to come to a Veteran's home or for a Veteran to go to a program while their family caregiver takes a break. While a Veteran gets Respite Care, the family caregiver can run errands or go out of town for a few days without worrying about leaving the Veteran alone at home. The program is for Veterans who need skilled services, case management and help with activities of daily living. Examples include help with bathing, dressing, fixing meals or taking medicines. This program is also for Veterans who are isolated or their caregiver is experiencing burden. Respite Care can be used in combination with other Home and Community Based Services. Respite Care services may be available up to 30 days each calendar year.