Montgomery County, MD - Veterans Network Directory

Women Veterans

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This is a project of the Montgomery County Commission on Veterans Affairs.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCVA@montgomerycountymd.gov.

American Women Veterans

Email: americanwomenveterans@gmail.com

Partner with local communities and universities to raise awareness and educate America about the contribution of women in service through lectures, panel discussions and documentary screenings. Work with lawmakers on Capitol Hill to raise awareness of servicewomen, veterans and familial issues in order to bring about effective and lasting change to policies directly affecting members. Offer recreation programs including outdoors clinics and expeditions where participants will learn new skills that enable them to overcome challenges and inspire others to reach new heights in the outdoors as well as in their personal and professional lives.

Center for Women Veterans - U.S. Department of Veterans Affairs

Email: <u>00w@va.gov</u> 1-855-829-6636 (Women Veterans Call Center) www.va.gov/womenvet Hours: Monday through Friday, 8am to 10pm, Saturday 8am to 6:30pm EST

Text Messaging: This service enables women veterans to text and anonymously chat with a WVCC representative. To get started, text 1-855-829-6636. Confidential chats are also available online.

VA's Center for Women Veterans monitors and coordinates VA's administration of benefit services and programs for women veterans. The Center advocates for a cultural transformation that recognizes the service and contributions of women veterans and women in the military, and also raises awareness of the responsibility to treat women veterans with dignity and respect. There are Women Veteran Coordinators (WVCs) located in every regional office who function as the primary contact for women veterans. WVCs provide specific information and comprehensive assistance to women veterans, their dependents, and beneficiaries concerning VA benefits and related non-VA benefits. They may assist you in the claims intake, development, and processing of military sexual and personal trauma claims.

VA Women's Health Transition Training: Online, self-paced Women's Health Transition Training is available for servicewomen and women veterans to take anytime, anyplace at <u>TAPevents.org/courses</u>. This course provides important information for transitioning servicewomen on women's health care services available from VA post-separation from the military. After participating in the training, you will have a better understanding of:

- How VA health care is designed to serve you
- Available women's health care services (e.g. maternity care, cancer screenings, whole health, and mental health care services)
- The process and eligibility requirements for enrollment—you don't have to be disabled to receive health care at VA
- How to connect with other women Veterans through women-specific networks, resources, and programs postservice
- How to find your local VA facility and resources for additional support

Final Salute – Housing Outreach Mentorship Encouragement (H.O.M.E.) and Savings Assessment and Financial Education (S.A.F.E.)

Jas Boothe, Founder/President 2800 Eisenhower Avenue, Suite 220 Alexandria, VA 22314

703-224-8845 (V)

Email: leadership@finalsaluteinc.org

www.finalsaluteinc.org

The H.O.M.E Program provides transitional housing, on-site case management, food, clothing, transportation, childcare subsidy/assistance, employment support and other essential supportive services to homeless women veterans and their children. The program focuses on integrating women veterans back into their local communities and providing vast, safe and suitable residential areas to choose from. The program is a collaboration with our resource partners that includes

targeted supportive services to assist women veterans in reaching their goals. Also assist with permanent placement once veterans are ready to transition from our residential facilities. The S.A.F.E. program helps to prevent homelessness by providing emergency financial assistance. Program recipients also receive resources on saving, budgeting and living on a fixed income. S.A.F.E eases financial hardships by providing assistance with past due rent, new lease deposit and utility assistance. The S.A.F.E program is open to women veterans and members of the U.S. Military Reserve and Guard component forces, regardless of their location. Programs have assisted women Veterans and children in over 15 states and territories.

National Center for Post Traumatic Stress Disorder (PTSD)

Email: <u>ncptsd@va.gov</u> www.ptsd.va.gov

802-296-6300 (Information Voicemail)

Provide information about trauma, PTSD, and treatment that is specific to women. Women report exposure to many different types of traumatic events and are especially likely to experience sexual assault in childhood, adulthood, or both. Sexual assault is a type of trauma that often leads to the onset of PTSD for both women and men. Given greater exposure to this type of trauma, women are particularly at risk for PTSD.

Silver Spring Vet Center

Wayne Miller, Team Leader/Director 2900 Linden Lane Silver Spring, MD 20910

202-273-9116 (Bereavement Counseling)

301-589-1073 (V)

Email: wayne.miller3@va.gov www.va.gov/silver-spring-vet-center

Directions: The Silver Spring Vet Center is located near the intersection of Seminary Road/Capitol View Avenue. You can also take the #5 Ride On Bus from either the Silver Spring Metro Station or the Twinbrook Metro Station and be dropped off at the Capitol View Avenue stop.

Hours: Open Monday through Friday 8:00 a.m. to 4:30 p.m.; Closed Saturday, Sunday, and Holidays. Walk-ins are permitted during these hours, but appointments are requested. After hours appointments as needed. Veterans must show proof of service. The center provides benefits counseling and assistance with navigating the VA and paperwork, as well as employment counseling, counseling on PTSD and sub-PTSD, substance abuse counseling, family and marital counseling, psychological counseling related to readjustment, coordination and referral with doctors, employment related issues, assistance with basic needs such as food, shelter and clothing, medical and legal referrals, homeless assistance and will work with Montgomery County to find shelter placement, sexual trauma counseling, community outreach, bereavement counseling, and more. All services are provided at no cost to the veteran and their family. Veterans do not need to be enrolled with the Department of Veteran Affairs Medical Centers to use the Vet Center. Veterans do not need a disability rating or service connection for injuries from either the Department of Veteran Affairs or the Department of Defense, to use the Vet Center. View Vet Center Eligibility Criteria. If you live outside of Montgomery County view a list of other locations that may be closer to you.

Vietnam Veterans of America (VVA)

Kate O'Hare-Palmer, Chair, Women Veterans 8719 Colesville Road, Suite 100 Silver Spring, MD 20910 301-585-4000 Toll Free)

Email: koharepalmer@vva.org

https://vva.org/what-we-do/outreach-programs/women-veterans/

The VVA National Women Veterans' Committee, as a representative body, is the voice of those who seek strength and support in resolving problems and addressing concerns related to all women veterans. The Committee identifies issues and needs specific to women veterans and develops strategies to address and resolve them.

Women of Four Wars: Stories from the Veterans History Project

Library of Congress 101 Independence Avenue, SE Washington, DC 20540 202-707-4916 (V) 1-888-371-5848 (Toll Free)

Email: vohp@loc.gov

www.loc.gov/vets/stories/ex-war-women4wars.html

Special presentation from the Veterans History Project, a program of the Library of Congress American Folklife Center. The series covers nearly 60 years and documents the changing role of American women in wartime service.

Women Veterans Call Center (WVCC)

www.womenshealth.va.gov/WOMENSHEALTH/ProgramOverview/wvcc.asp

1-855-869-6636 (Toll Free)

Call Center Hours: Monday to Friday, 8:00 a.m. to 10:00 p.m., and Saturday, 8:00 a.m. to 6:30 p.m. (EST)

Answers questions and responds to concerns from women veterans, their families, and caregivers across the nation about VA services and resources. Staffed by knowledgeable VA employees who provide information about benefits, eligibility and services specifically for women veterans. All the representatives at the Women Veterans Call Center are women, and many are veterans themselves that can relate to women veterans, their families and friends. The WVCC makes direct referrals to Women Veteran Program Managers located at every VA Medical Center. **Chat Feature:** A one-to-one chat function enables women veterans to go online and anonymously chat via real-time text messaging with trained representatives, all of whom are women and many of whom are veterans themselves. The chat feature, which is open extended hours Monday through Saturday, provides another avenue for women veterans to ask general questions about benefits, eligibility and services specifically related to them.

Women Veterans Health Care - U.S. Department of Veterans Affairs

www.womenshealth.va.gov

Montgomery County Community-Based Outpatient Clinic

301-591-5858 (V)

Shady Grove Development Park 15810 Gaither Drive, Suite 130 Gaithersburg, MD 20877

www.va.gov/washington-dc-health-care/locations/montgomery-county-va-clinic/

Baltimore VA Medical Center

410-605-7000 (V)

Siobhan Kirksey, Women Veterans Program Manager

1-800-463-6295 (Toll Free)

10 North Greene Street Baltimore. MD 21201

www.washingtondc.va.gov

www.va.gov/maryland-health-care/locations/baltimore-va-medical-center

Washington DC VA Medical Center

202-745-8582 (V)

L. Gale Bell, MSN, RN, Women Veterans Program Manager 50 Irving Street, NW Washington, DC 20422

Provides information on health care services available to women veterans, including comprehensive primary care as well as specialty care such as reproductive services, rehabilitation, mental health, and treatment for military sexual trauma. At each VA Medical Center, a Women Veterans Program Manager is designated to assist women veterans and Women Veterans Coordinators are located at each VA Regional Office.

Women Veterans / Inclusion Program - Maryland Department of Veterans Affairs

Roslyn Jones, Women Veterans/Inclusion Program Manager Maryland Department of Veterans Affairs

410-260-3971 (Office)

16 Francis Street, 4th Floor Annapolis, MD 21401

Email: roslyn.jones1@maryland.gov

https://veterans.maryland.gov/women-veterans-inclusion-program/

Charged with advocating for women veterans and other traditionally underserved veteran populations, along with their families. Provide outreach and education on federal and state VA benefits earned through military service. Collaborate with the United States Department of Veterans Affairs, state and local governments, and the community to raise awareness of the needs of Maryland's women, minority, and other underserved veteran populations.

Women Veterans Interactive Foundation (WVIF)

Ginger Miller, President and CEO P.O. Box 624

202-810-2118 (V)

Accokeek, MD 20607

Email: info@womenveteransinteractive.org https://womenveteransinteractive.org

WVIF ensures women veterans have the knowledge and the tools necessary to meet their physical, mental, and financial challenges by providing inviting and engaging platforms that enable them to take back the pride of service, attain the support resources needed to be successful, and find comfort amongst their peers.