



MONTGOMERY COUNTY
Recreation

Kennedy Shriver Aquatic Center

5900 Executive Boulevard, N. Bethesda, MD 20852 • (240) 777-8070 • www.mocorec.com/aquatics

Montgomery County Recreation - Aquatics Section

Pool Use Schedule • Sept 4, 2023 - June 14, 2024

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|--|---|---|---|
| 4:45 AM - 6:00 AM Swim Team Practice Only | | | | | X | |
| 6:00 AM - 8:30 AM MCR Practice till 6:15 - Lap Lanes - Deep Water Running | | | | | 8:00 AM - 9:30 AM Lap Lanes - Shallow lanes close at 9 AM Deep Water Running | 8:00 AM - 2:00 PM Program use only Swim and Dive Teams MCR Swim Lessons |
| 8:30 AM - 11:30 AM Lap Lanes - Deep Water Running Water Aerobics Classes - MCR Swim Lessons | | | | | 9:30 AM - 2:00 PM Program use only No Lap Lanes | Masters Swimming Water Polo No Lap Lanes |
| 11:30 AM - 3:30 PM Lap Lanes - Deep Water Running - Recreational use Lanes (Times vary by day) Water Aerobics Classes - MCR Swim Lessons <i>The Deep End will be closed at 3 PM, November 15th through February 23rd, for High School Swim Teams</i> | | | | | 2:00 PM - 4:00 PM Recreational Swim Lap Lanes - DWR Leisure Pool Diving Boards - Slide <i>(Based on staff availability)</i> | 2:00 PM - 5:00 PM Recreational Swim Lap Lanes - DWR Leisure Pool Diving Boards - Slide <i>(Based on staff availability)</i> |
| 3:30 PM - 5:15 PM NO Lap Lanes Available (3:30 - 5:30 PM) M-F Hydrotherapy pools and Exercise Room remain open Swim and Dive Team Training - MCR Swim Lessons | | | | | 4:00 PM - 5:00 PM Maintenance/Staff Training | |
| 5:15 PM - 7:00 PM Limited Lap Lanes Deep Water Running <i>only in the Alcove</i> Swim and Dive Team Training | | | | | 5:00 PM - 7:00 PM Recreational Swim Lap Lanes - DWR Leisure Pool Diving Boards - Slide <i>(Based on staff availability)</i> | 5:00 PM - 8:00 PM Program use only MSTC Swim Clinic No Lap Lanes |
| 7:00 PM - 10:00 PM Limited Laps & DWR Swim and Dive Teams Water Aerobics MCR Swim Lessons | 7:00 PM - 10:00 PM Limited Laps & DWR Swim and Dive Teams SwiMontgomery (7:45 - 8:30) Masters Swimming (8:30 - 10) | 7:00 PM - 10:00 PM Limited Laps & DWR Swim and Dive Teams Water Aerobics Water Polo (8:30 - 10) | 7:00 PM - 10:00 PM Limited Laps & DWR Swim and Dive Teams MCR Swim Lessons SwiMontgomery (7:45 - 8:30) Masters Swim & Dive (8:30 - 10) | 7:00 PM - 9:00 PM Recreational Swim Limited Laps & DWR Leisure Pool <i>(Based on staff availability)</i> Swim and Dive Teams Water Aerobics Masters Swimming (7:45 - 9) | X | |

Check posted notices in the lobby for changes to the schedule, and other updates / information

Facility will be closed on: Thanksgiving Day, Christmas Day, New Years Day, and Easter Day

Facility will be closed for Swim Meets on; October 7, 2023, February 3-4, 2024, February 15-16, 2024 and May 10-12, 2024



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PUBLIC USE TIMES

| Lap Lanes | Recreational Swim | Admission Fees for Non-Passholders |
|--|--|---|
| Lap lanes are 25 meters long, intended for safe swimming exercise. Swimmers should swim in a lane with others of compatible speed, and must be attentive of others while in the lane | General swimming for all ages in the Leisure pool, or in a designated space in the Main pool | (For Each Entry) *Must show valid ID* |
| Monday - Friday 6:00 AM - 3:30 PM | Friday 7:00 PM - 9:00 PM | County Resident Non-County Resident |
| Monday - Thursday 5:15 PM - 10:00 PM | Saturday 2:00 PM - 4:00 PM | Minor (1-17 years old) \$5.00 \$15.00 |
| Friday 5:15 PM - 9:00 PM | Saturday 5:00 PM - 7:00 PM | Adults (18-54 years old) \$7.00 \$15.00 |
| Saturday 8:00 AM - 9:30 AM | Sunday 2:00 PM - 5:00 PM | Seniors (55 years & older) \$6.00 \$15.00 |
| 2:00 PM - 4:00 PM | ** (Recreational use Lanes - Main Pool) ** | Please Note: |
| 5:00 PM - 7:00 PM | Monday, Friday 12:00 PM - 3:30 PM | These are the scheduled times these facilities will be open. They may be closed at any time due to insufficient staff. |
| Sunday 2:00 PM - 5:00 PM | Tuesday, Thursday 1:30 PM - 3:30 PM | The management reserves the right to alter the pool schedule when it is deemed necessary. |
| | Wednesday 2:00 PM - 3:30 PM | Proper Bathing Suites required. T-Shirts, Shorts, Undergarments do not count as bathing suit attire |
| | Diving Boards & Slides | Groups of 6 or more must call the facility ahead of time to schedule with a manager's approval. |
| | Availability is dependant on staffing | All patrons within the pool area must be in swimming attire |
| | Dive platforms are not open to the public | Children under 10 years old must be accompanied and cared for by an adult in swimming attire at all times. |
| | Must be 48 inches tall to use the slides | Payment is required of everyone entering the lower level |
| | Saturday 2:00 PM - 4:00 PM | Lockers are available - |
| | 5:00 PM - 7:00 PM | BRING A LOCK TO SECURE YOUR BELONGINGS! |
| | Sunday 2:00 PM - 5:00 PM | The use of cameras, video cameras or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing areas at all times. |
| Deep Water Running | | Visit our website at: www.mocorec.com/aquatics |
| DWR is available during most Lap Swim times. Location will vary based upon other activities, check with the Pool Operator | | Facility will be closed on: Thanksgiving Day, Christmas Day, New Years Day, and Easter Day |
| At times the area may only be accessible by ladder | | Facility will be closed for Swim Meets on: Oct 7, 2023 Feb 3-4, 2024, Feb 15-16 2024, and May 10-12, 2024 |
| Hydrotherapy Pools | | |
| Adults Only: 14-17 if accompanied by an adult. | | |
| Due to cleaning and maintenance that these pools require, only one may be available for use at a time | | |
| Monday - Thursday 6:00 AM - 10:00 PM | Youths (14-17) must have a permission slip on file, and keep a copy with them while using the facility | |
| Friday 6:00 AM - 9:00 PM | Monday - Thursday 6:00 AM - 10:00 PM | |
| Saturday 8:00 AM - 9:30 AM | Friday 6:00 AM - 9:00 PM | |
| 2:00 PM - 4:00 PM | Saturday 8:00 AM - 7:00 PM | |
| 5:00 PM - 7:00 PM | Sunday 8:00 AM - 5:00 PM | |
| Sunday 2:00 PM - 5:00 PM | | |