

MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

Family Supports

Montgomery County, Maryland ('the County') cannot guarantee the relevance, completeness, accuracy, or timeliness of the information provided on the non-County links. The County does not endorse any non-County organizations' products, services, or viewpoints. The County is not responsible for any materials stored on other non-County web sites, nor is it liable for any inaccurate, defamatory, offensive or illegal materials found on other Web sites, and that the risk of injury or damage from viewing, hearing, downloading or storing such materials rests entirely with the user. Alternative formats of this document are available upon request.

This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: DHHSWebsite@montgomerycountymd.gov, 240-777-1246 (V), MD Relay 711.

Ed Bohrer Parent Resource Center

Family Services, Inc.

Gaithersburg Elementary School

35 N. Summit Avenue

Gaithersburg, MD 20877

301-926-4895 (V)

E-mail: info@fs-inc.org

www.fs-inc.org/services/programs/parent-resource-center

Hours: Open on weekdays from 8:30am to 4:00pm, from September through July. Services include advocacy for families and individuals; clothing, food and furniture programs; counseling and mental health referrals; education (ESOL, GED, Literacy and Citizenship classes); interpretations and translations, including parent/teacher conferences; legal assistance referrals; medical, dental and eye clinic referrals; and notary services. Services are offered free of charge to the general public. Referrals in English and Spanish.

Family Discovery Center

Family Services, Inc.

Shari Waddy, Program Manager

1010 Grandin Avenue

Rockville, MD 20851

301-424-2989 (V)

E-mail: shari.waddy@fs-inc.org

www.fs-inc.org/services/programs/family-discovery-center

Multi-generational program that operates year round to promote adult learning and healthy child development in families with young children. Serves Montgomery County residents who are parents of young children (six weeks through 4 years old). Offer adult education and life skills classes to parents to promote self-sufficiency and positive parenting skills. Children learn alongside their parents at the Exploration Station child development center where they develop school readiness skills and participate in parent/child activities, family field trips, music and art. The Exploration Station also provides developmental screenings. The Center also provides home visiting services for parents who would like additional support with their parent roles.

Family Services Agency, Inc.

610 East Diamond Avenue, Suite 100

Gaithersburg, MD 20877-5323

301-840-2000 (V)

E-mail: info@fs-inc.org

www.familyservicesagency.org

Early Childhood programs promote early childhood health, education and development in the home, school and community. Serve pregnant mothers, young children and their families, partnering with families to provide early learning experiences for children from diverse backgrounds. Programs include:

Discovery Station Early Head Start: Serves low income families with children from birth to 3 years old and pregnant women who reside in the upcounty area of Montgomery County. Activities occur in the home and in the Family Services Discovery Station Child Development Center, with group activities on a regularly scheduled basis.

Healthy Families Montgomery (HFM): A nationally accredited bilingual home visiting service in Montgomery County is provided for first-time parents who are experiencing multiple life stressors, such as mental health or substance abuse concerns, limited self-sufficiency and the experience of abuse or neglect as a child. Home-based services begin before the baby is born, and continue on a weekly basis for at least six months. Families continue to receive services for up to five years, depending on the nature and severity of their issues. Emphasis is placed on health care, child development, parenting education and support, and family self-sufficiency. In addition to regular home visits, HFM offers bilingual group activities to reduce social isolation and enhance the knowledge and skills needed for healthy child development.

Dare To Be You: Substance Abuse Prevention Education provides a 10-week program to preschoolers and their families designed to improve parent and child interaction in the areas of self concept, self responsibility, communication and decision-making.

Keys To Success: Provides enhanced support to pregnant and parenting high school and college students. The program combines quality Early Head Start child development services with transportation assistance, academic support, and career exploration. Here young parents find the resources they need to graduate from school, attend college and take the next steps to becoming independent, self-supporting adults.

National Family Resiliency Center, Inc.

National Headquarters

10632 Little Patuxent Parkway
2000 Century Plaza, Ste. 121
Columbia, MD 21044
410-740-9553 (V)

Rockville Office

451 Hungerford Drive, Suite 225
Rockville, MD 20850
E-mail: ask@nfrchelp.org

www.nfrchelp.org

Comprehensive family, couples and individual therapy, age-appropriate support groups and peer counseling. Parenting seminars educate parents about the realities of a family transition, the effect of transition on children, and the legal process, along with providing them with an opportunity to learn co-parenting communication skills. FamilyConnex™ is an online parent planning program developed by NFRC to help families facing divorce and other family transitions. It includes a decision-making model, a child assessment tool, a planning template; a manual on how to plan your co-parenting; information about parenting agreements; and other helpful resources to build parenting plans for each child in your family. KidsConnex is an educational program for children and teens that provides a sense of hope and practical guidelines for kids. A two-hour program designed especially for kids, KidsConnex helps children and teens begin to address their feelings, how to cope with changes in their lives, how to communicate with parents and how to establish their own age appropriate goals.