



TRANSPORTATION NETWORK DIRECTORY FOR PEOPLE WITH DISABILITIES AND ADULTS 50+ MONTGOMERY COUNTY, MARYLAND

Grocery Shopping Transportation

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This is a project of the Montgomery County Commission on People with Disabilities.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycountymd.gov.

*** Providers with an asterisk provide assistance during grocery shopping. ***

City of Rockville

Provides grocery shopping transportation to residents 60+ who live in the city limits of Rockville. Call for reservations and area pickup and drop off locations.

..... 240-314-8810 (V)

Gaithersburg Help

Free transportation provide to doctor or social service appointments for adults 65+ and adults 18+ with a disability who are unable to take public transportation. Must be a resident of Gaithersburg. Service area includes all of zip codes 20877, 20878, 20879, 20880, and 20886, plus parts of: 20850 (west of Shady Grove Road and north of Piney Meetinghouse Road) 20855 (west of Redland Road/Muncaster Road) 20882 (south of Brink Road and west of Olney-Laytonsville Road). Appointment must be within 20 miles driving distance of downtown Gaithersburg. Requests must be made at least 48 hours (2 business days) in advance. Can provide up to 18 rides per calendar year. **Office Hours:** 8 a.m. to 5 p.m.

..... 301-216-2510, Option #2 (V)

www.gaithersburghelp.org/get-help/transportation

Greater Olney Rides, Inc.

Volunteer drivers provide free escorted transportation for medical appointments, shopping, and other needs to riders age 60+ and living in Olney, Ashton, Brookeville, and Sandy Spring area. Trips must be within a 15 mile radius of downtown Olney. They also serve those outside their service area who need transportation to MedStar Montgomery's Medical Center. Must request ride at least 7 days in advance. Now offering older adults that are registered riders with the organization a free pick-up service of prepaid goods. This service can be used for pick-up needs such as (but not limited to) groceries, prescriptions, library books, and more.

..... 301-446-2512 (V)

www.gorides.org • Email: info@gorides.org

*** Jewish Council for the Aging (JCA) - Escorted Transportation Program**

Subsidized, low-cost escorted transportation to medical appointments, pharmacies, grocery stores or other outings for qualified low to moderate-income Montgomery County residents age 50+ who are not capable of driving themselves or of using public transportation due to physical or cognitive issues. Transportation providers are relatives or friends of the customer, designated licensed private driving organizations, local cab companies, and volunteers. If the customer recruits his/her own driver, the driver will be reimbursed for mileage. Each customer may take up to three trips per month with a maximum of 32 trips per year. Round trips may be three hours or less. Customers pay based on household income level. Montgomery County Department of Health and Human Services pays the remainder of the cost.

..... 240-395-0915 (V)
<https://accessjca.org/escorted-transportation> • Email: escorted.transport@accessjca.org

Regency Taxi

Offer free rides for Montgomery County residents age 70+. Rides must be within a ten mile radius of pick-up location. Riders must provide proof of age. To reserve a ride, call between 7am and 3pm. Free trips are capped at a maximum of 100 per month for entire program.

..... 301-990-9000 (V)
www.regencytaxi.com • Email: info@regencytaxi.com

Senior Connection

Uses a network of volunteer drivers to provide free, escorted transportation to County residents aged 60 and older. Provide up to six escorted roundtrips per month, per client to a pre-scheduled appointment. Acceptable appointments include medical appointment or follow up visits; pharmacy for medication; activities and social events; religious observations; trips to the bank or post office; stores for grocery or other shopping; or other appointments. Requests must be made at least 2 to 3 weeks in advance. Accept requests up to two months in advance. Unable to serve people who use wheelchairs.

Office Hours: Monday through Friday, 10 a.m. to 4 p.m. 301-962-0820 (V)
www.seniorconnectionmc.org/our-programs/senior-rides • Email: info@seniorconnectionmc.org

Senior Transportation Service, LLC

Assisted transportation service to medical appointments, hair appointments, restaurants, theatre, airports, train stations, and more. Also provide quick trip service for errands and out-of-state trips. Serve MD, VA and DC.

..... 240-855-6355 (V)
www.seniortransportationservice.com • Email: srtrsv@gmail.com

Transcend Services, Inc.

Assisted transportation for doctor visits, hospital visits, physical and occupational therapy, dialysis, special events, group trips, airport pick-up and delivery, family functions, and assisted transportation. Sedans, minivans and custom wheelchair vans.

..... 410-526-4949 (V)
..... 1-877-838-3032 (Toll Free)
www.transcendservice.com/transportation-services.cfm • Email: info@transcendservice.com

Western Upper Montgomery County (WUMCO) Help

Transportation to medical appointments and for social services provided by volunteers. For Poolesville, Barnesville, Beallsville, Boyds, Dickerson and surrounding areas.

Office Hours: Monday through Friday, 9 a.m. to 12 p.m. 301-972-8481 (V)
www.wumcohelp.org • Email: info@wumcohelp.org

Delivery or Curbside Pick Up Only

Food Lion

Grocery delivery or pick up. Order online or via their mobile application. Delivery and pick up fees.

..... 1-800-210-9569 (Toll Free)

<https://shop.foodlion.com/>

Giant

Grocery delivery or pick up. Order online or via their mobile application. Delivery and pick up fees.

..... 1-888-469-4426 (Toll Free)

www.giantfood.com

Instacart

Grocery delivery service that connects the user with personal shoppers in their area who pick up and deliver groceries from local stores. Register and order online or via their mobile application. Delivery fees.

..... 1-888-246-7822 (Toll Free)

www.instacart.com • Email: help@instacart.com

Safeway

Grocery delivery or pick up. Order online or via their mobile application. Delivery and pick up fees.

..... 1-877-505-4040 (Toll Free)

www.safeway.com/lp/delivery-by-safeway.html

Wegmans

Grocery deliver or pick up. Order online or via their mobile application. Delivery and pick up fees.

..... 1-800-934-6267 (Toll Free)

<https://shop.wegmans.com/shop/categories>