



Veterans Network Directory - Montgomery County, MD

Food Donations, Warehouses, Pantries and Soup Kitchens

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This is a project of the Montgomery County Commission on Veterans Affairs.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCVA@montgomerycountymd.gov.

Adventist Community Services of Greater Washington (ACSGW)

501 Sligo Avenue
Silver Spring, MD 20910

301-585-6556 (V)

Email: acsgwinfo@acsgw.org
www.acsgw.org/food.html

Collects food donations from throughout the community and keeps it available at their center at 501 Sligo Avenue for people who need some assistance. People needing food must call or email to enroll and make an appointment. During the case management process clients are interviewed to understand their needs and qualifications for various assistance programs with other non-profit and government organizations. With this information, it assists clients in finding resources to aid them in difficult times. Food distribution takes place Monday through Thursday from 10 a.m. to 2 p.m.

Bethesda Cares – Meal Program

7728 Woodmont Avenue
Bethesda, MD 20814

301-907-9244 (V)

Email: info@bethesdacares.org
<https://bethesdacares.org/what-we-do/meal-program/>

Coordinate with local churches and other community groups to provide lunch five days a week, clothing with donated apparel, medical care and assistance with prescriptions, and showers plus toiletries, clean socks and underwear. Lunch is served Monday through Friday from 11 a.m. to 12 p.m. at The Church in Bethesda, 5033 Wilson Lane, Bethesda.

Damascus HELP

Email: dh20872@aol.com
www.damascushelp.org

301-253-4100 (V)

Hours: Monday through Saturday, 9 a.m. to 5 p.m.

Provide emergency food and holiday gift baskets to needy persons and families. Food pantry operates on a by-appointment basis. Serve the areas of upper Montgomery County covered by zip codes 20871, 20872, 20882 north of Brink Rd and 20876 from route 27 north of Brink Rd. On a case-by-case basis they provide help to people who live just over the Montgomery County line in Monrovia (Frederick County).

Fields 4 Valor

14411 Baden Westwood Road
Brandywine, MD

240-423-7205 (V)

Email: admin@fields4valor.org
<https://farmvetco.org/>

Partner of Farmer Veteran Coalition. Veteran-founded veteran-focused, and veteran-operated nonprofit and innovative farm founded to combat the often-unseen struggle of food insecurity among military and veteran families. Their innovative, seven-

acre farm in Brandywine, Maryland grows fresh produce and makes weekly deliveries of fruits, vegetables, nuts, eggs, honey and other seasonal items to veterans and their families in need in the Washington, DC metropolitan area — all at no cost. In addition to food donations, they offer life-altering programs for veterans and their families including culinary classes and beekeeping training along with employment, housing and volunteer opportunities on the farm.

Gaithersburg HELP

www.gaithersburghelp.org/get-help/food

301-216-2510 Option #1 (V)

Provides a 3 to 5 day supply of food from their food pantry to Gaithersburg area residents. The pantry is operated on a by-appointment only basis. Guests can pick up food 9 times in a 6 month period. Service area includes zip codes 20877, 20878, 20879, 20880, and 20886, plus parts of 20850 (west of Shady Grove Road and north of Piney Meetinghouse Road), 20855 (west of Redland Road/Muncaster Road), and 20882 (south of Brink Road and west of Olney-Laytonsville Road).

Germantown HELP

Email: info.gtownhelp@gmail.com

301-482-1320 (V)

www.germantownhelp.org

Provide delivered emergency food to residents of Germantown (zip codes 20874 and 20876). Also offer prescription assistance and holiday help. Deliver up to ten times in a 12-month period.

Manna Food Center

Email: info@mannafood.org

301-424-1130 (V)

www.mannafood.org

Food distribution program. Food boxes are shared at their warehouse daily and through a network of satellite locations. Many of these satellite locations serve seniors living in subsidized housing. If you need food, you will speak with one of their referral representatives, who will ask you some simple questions: 1) whether you are a Montgomery County resident; and 2) which day and location is most convenient for you to pick up your food. Income eligibility has been waived currently. Please call Manna's main office during regular business hours. They need to receive your call by 12pm the day before you would like to receive food, so they can have your order ready. When you come to pick up food, you need a photo ID with your current Montgomery County address or provide a document that proves you currently reside in the county. If you cannot pick up your food on the day scheduled, you must call Manna in order to reschedule your pickup. If you need to schedule a pickup outside of Manna's normal business hours, call 311 to contact the Department of Health and Human Services. You can also get a referral from hundreds of referral agencies that work with Manna. Ask your case manager, social worker or pastor.

MUM (Mid-County United Ministries) Food Pantry

Westfield Wheaton South Building

301-929-8675 (V)

11002 Veirs Mill Road, 7th Floor

Silver Spring, MD 20902

Email: office@mumhelp.org

<https://mumhelp.org/mum-programs/food-assistance-pantry/>

MUM's office food distributions supplements clients' food budgets with nonperishable items such as cereal, rice, beans, pasta, canned meats, soup, vegetables, and fruit as well as fresh produce such as potatoes, onions, greens, bananas, and more when available. Food is available every 30 days per household to clients living in the zip codes outlined below.

The office food pantry is open on Wednesdays and Thursdays from 10 a.m. to 12 p.m. and 1 p.m. to 3 p.m. by APPOINTMENTS ONLY and only to residents in these zip codes: 20783, 20853, 20895, 20896, 20901, 20902, 20906, 20910, and 20912.

Nourish Now

Email: info@nourishnow.org
www.nourishnow.org

301-330-0222 (V)

Non-profit that provides a free 5-day food supply to those in need by collecting donations of surplus food from community and local restaurants, grocers, caterers and more throughout the D.C. metro area. Food collected is distributed to families, shelters, food banks, low-income apartment complexes, and other organizations that assist in feeding the hungry. View locations: <https://nourishnow.org/receive-food-assistance>. All locations follow a first come, first serve model. If using public transportation, please bring grocery bags or a cart.

Rockville HELP

Email: rockvillemhelp@gmail.com
www.rockvillehelp.org

301-564-0800 (V)

Food and financial assistance to residents of Rockville in need. Will deliver a three-day supply of food to a family a maximum of three times in six months. Serve Rockville residents in an area bounded by Redland Road, Needwood Road, and Muncaster Mill Road on the north; Norbeck Road and the Rock Creek Trail on the east, Randolph Road and Montrose Road on the south, and Rockville City limits on the west. Please note, due to limited funds, financial assistance is currently only available to those referred by a social worker.

SHARE Food Network

www.catholiccharitiesdc.org/program/share-food-network/

301-864-3115 (V)
1-800-217-4273 (Toll Free)

Monthly value packages cost just \$25 and include up to \$50 worth of basic and healthy groceries - always four to six pounds of frozen proteins and 8 to 12 pounds of fresh fruits and vegetables, sometimes with seasonal grocery or dessert items. There are no income or eligibility guidelines. Everyone is welcome to purchase without application, qualification, identification, or documentation. Everyone receives the same, fresh, high-quality food. SHARE accepts organizational or business checks, credit and debit cards, EBT/SNAP benefits, money orders, and gift certificates.

Shepherd's Table, Inc.

8106 Georgia Avenue
Silver Spring, MD 20901
www.shepherdstable.org/meals

301-585-6463 (V)

Provide food and support to families in need. Breakfast and lunch served Monday through Friday, dinner served daily, and brunch served Saturday and Sunday. Beyond the Table program provides to-go dinner meals at Parkland Middle School, 4610 West Frankfort Drive, Aspen Hill, MD 20853.

So Others May Eat (SOME)

Email: web@some.org
<https://some.org/get-help/>

202-797-8806 (V)

Free hot meals every day and year-round. Breakfast and lunch distribution from 7:30 a.m. to 8:30 a.m. at 71 O Street, Washington, DC 20001. Open to all. Emergency food is distributed from the warehouse on Wednesdays and Fridays from 9 a.m. to 11 a.m. Clients are welcome to utilize the pantry once a week. Location is to the right of 75 Hanover Place, NW (behind 60 O. Street), Washington, DC. ID required.

WUMCO (Western Upper Montgomery County) HELP

Email: info@wumcohhelp.org
www.wumcohhelp.org

301-972-8481 (V)

Food pantry. Serve Western Upper Montgomery County, Maryland - the postal districts of Poolesville 20837, Barnesville 20838, Beallsville 20839, Boyds 20841, and Dickerson 20842. All services are based on validated financial needs.