

# COMMISSION ON AGING

November 2014

[www.montgomerycountymd.gov/coa](http://www.montgomerycountymd.gov/coa)



## Inclement Weather Policy:

The following applies to all County appointed Boards/ Commissions and Committees (BCC). "For consistency, if Montgomery County Public Schools open late, morning BCC meetings are cancelled; if schools close in the early afternoon, late afternoon and evening BCC meetings are cancelled; or if schools are closed all day all BCC meetings for that day and evening are cancelled." This applies to full Commission meetings as well as subcommittees and every activity organized by the Commission.

## COMMISSION ON AGING 'S COMMITTEES MEETINGS

### Senior Health and Wellness

*Tuesday, Nov. 4, 2014  
401 Hungerford Drive  
7<sup>th</sup> Floor Conference Room  
9:00 to 10:30 a.m.*

### Communications and Community Outreach

*Monday, Nov. 10, 2014  
401 Hungerford Drive  
6<sup>th</sup> Floor Conference Room  
Rockville, Maryland 20850  
9:30 to 11:30 a.m.*

### Public Policy Committee

*Thursday, Nov. 13, 2014  
401 Hungerford Drive  
6<sup>th</sup> Floor Conference Room  
Rockville, Maryland 20850  
9:30 to 11:30 a.m.*

### Aging in Place/Community Committee

*Tuesday, Nov. 18, 2014  
401 Hungerford Drive  
Tan 1<sup>st</sup> Floor Conference Room  
Rockville, Maryland 20850  
9:00 to 11:00 a.m.*

### Executive Committee

*Wednesday, Nov. 19, 2014  
3950 Ferrara Drive  
Social Hall  
Wheaton, Maryland 20906  
10:00 to 11:30 a.m.*

## MONTGOMERY COUNTY COMMISSION ON AGING MEETING

*Thursday, Nov 20, 2014  
401 Hungerford Drive  
1<sup>st</sup> Floor Tan Conference Room  
Rockville, Maryland 20850  
9:00 to 12:00 p.m.*

### Also of Interest

*Supporting a Family Member with Memory Loss,  
Depression, or Anxiety*

*Wednesday, November 5, 2014  
6:30-9:00 PM*

*Brighton Gardens of Friendship Heights  
5555 Friendship Boulevard  
Chevy Chase, Maryland 20815*

*To register for this **FREE** session please email:  
[registration@iona.org](mailto:registration@iona.org) or contact (202) 895-9448*

*Respite Services of Montgomery County Presents  
2014 Respite Resource Fair*

*Saturday, November 8, 2014  
10-3:00 pm-**FREE***

*Universities at Shady Grove Conference Center  
9630 Gudelsky Drive, Building 2  
Rockville, Maryland 20850*

*3 Hour CE Training for Mental Health Professionals  
Caring for the Caregivers: A Psychotherapy for Isolated  
and Weary Family Caregivers*

*Tuesday, November 11, 2014*

*9:00 am-12:15 pm  
JSSA, Ina Kay Building  
200 Wood Hill Road  
Rockville, Maryland 20850*

*CE Credits: 3 Cost: \$65.00*

*Please register at [www.jssa.org/traininginstitute](http://www.jssa.org/traininginstitute) or by  
check made payable to JSSA for more info please contact  
(301) 816-2645*

*A Complimentary Screening of a must watch film about Music & Dementia*

*Tuesday, November 18, 2014 at 7:00 pm*

*Jewish Community Center of Greater Washington  
6125 Montrose Road, Rockville, Maryland 20852*

*AARP Maryland Caregiver Town Hall*

*Tuesday, November 18, 2014*

*9:00-3:00 pm*

*The Hotel at Arundel Preserve*

*7795 Arundel Mills Blvd*

*Hanover, Maryland 21076*

*For more info please contact 1866-542-8163 or email [mdaarp@aarp.org](mailto:mdaarp@aarp.org)*

*Getting Through the Holidays–Peer Support Group*

*Wednesday evenings from 10/29 through 12/17*

*6:00-7:30 pm*

*Holiday Park Senior Center*

*3950 Ferrara Drive, Wheaton, Maryland 20906*

*To register please contact Penny Gladhill at 301-990-8904 or Anne Baker at 301-990-0854 or register at HPSC*

### **Seniors Today Workgroup**

*Conference Call*

*Thursday, Nov. 6, 2014*

*12:30-1:30pm*

*Seniors Today Viewing*

*Comcast and RCN channel 6; Verizon channel 30*

*You can also watch Seniors Today episodes on demand at the County's website:*

*<http://www.montgomerycountymd.gov/codtmpl.asp?url=/content/CableOffice/CCM/cod/OnDemand.asp&Pname=Seniors%20Today>*

*Please sign up for monthly senior news at*

*<http://www.montgomerycountymd.gov/mcg/esubscribe.html>*

*Please note: Effective March 30, 2014 the times for the Seniors Today viewing are as followed:*

*Sunday– 6:00pm*

*Monday– 10:00 am*

*Tuesday– 1:00 am, 12:30 pm and 6:00 pm*

*Wednesday–None*

*Thursday–2:30 am and 6:00 pm*

*Friday–10:30 am*

*Saturday–2:00 am*