

Draft Introduced: October 25, 2017  
Approved: November 16, 2017

## **MONTGOMERY COUNTY COMMISSION ON HEALTH**

Meeting Minutes  
October 19, 2017  
Ingleside at King Farm  
701 King Farm Blvd., Rockville, MD 20850

Members Present: Brandie Armijo, Laura Boyle, Brenda Brooks, Jessica Chung, Maya Das, Desiree de la Torre, Michelle Hawkins, Lenna Israbian-Jamgochian, Jessica Kronstadt, Susan Milstein, Sheela Modin, Fabienne Santel, Ashim Subedee, and Jason Woo.

Members Absent: Sean Bailey, Marla Caplon, Heather Deckert, Kenneth Goldstein, Kathy Mann Koepke, Linda McMillan, Tonya Saffer, and Jacqueline Smith.

Staff Present: Dr. Travis Gayles, Ellen Segal, and Karen Thompkins.

Guest Speaker: Chunfu Liu

Guests: Mitchell Berger

### **1.0 Call to Order and Welcome**

- Chair Lenna Israbian-Jamgochian called the meeting to order at 6:12 p.m.

### **2.0 COH Minutes and Next Meetings**

- A motion to approve the September 2017 minutes was made by Susan Milstein and seconded by Jessica Kronstadt. The minutes were approved unanimously by voiced consent.
- The next COH meeting will be Thursday, November 16, 2017 at 401 Hungerford Drive, Conference Room 1A and B, Rockville, Maryland, 20850. The following meeting will be held Thursday, December 21, 2017 at 401 Hungerford Drive, Conference Room 1A and 1B, Rockville, Maryland, 20850.

### **3.0 Dr. Travis Gayles, Health Officer and Chief**

- Dr. Gayles shared his enthusiasm concerning working at Montgomery County, citing the many services provided, positive health outcomes, and reputation as a county known for its health care services and outcomes. He affirmed that the county should continue to move forward, seeking continuous improvements.
- With the challenges in funding, it was suggested we think outside the box, look at our strengths, and build relationships with our partners and the community.
- The county should be involved in more outreach, as to inform to more residents the services the Department of Health and Human Services has to offer.
- Dr. Gayles would like to see more use of data to access and analyze underlying problems.
- Most of all, Dr. Gayles feels it is important to not get comfortable with Montgomery County's first place status in health care, but to continue to seek improvements and innovations.
- His priorities are:
  - Access to equitable care.
  - Access to mental health and behavioral health services.
  - Opioid use prevention.
  - Capturing data and other information to capture the true value of our programs.

- APHA accreditation internal documents are being gathered and are due by Thanksgiving. A site visit will take place in the spring.

#### **4.0 Update on Population and Its Health – Chunfu Liu**

- Per the American Community Survey done by the U.S. Census Bureau, the Montgomery County population is 55.1% white, 18.3% African American, .2% American Indian/Alaska Native, 14.8% Asian/Pacific Islander, and 19.1% Hispanic (in 2016)
- 6.7% of Montgomery County residents are living below the Federal poverty level.
- Some of the social determinants of health include families living below poverty level; residents over 5 years old that report speaking English “not very well”; students currently receiving free and reduced-priced meals (FARMS); adults with adequate social and emotional support; students who could talk to an adult besides a parent; student participation in extracurricular activities; and the high school completion rate.
- Leading causes of death in Montgomery County include all cancers; heart disease; stroke; and cerebrovascular disease; and lastly diabetes. These are the Healthy Montgomery priority areas.
- Criteria with Collective Impact include lack of access; health inequities; and unhealthy behaviors.
- The priority strategies of Healthy Montgomery are health in all policies; integrating behavioral health programs in primary care settings; and combined diet and physical activity promotion programs.

#### **5.0 Setting Priorities for the Upcoming Year**

Members brainstormed on topics to consider for FY18 and identified the following (including members who expressed interest in the topic and will conduct additional research if needed):

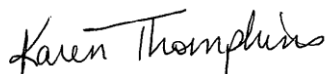
- Men’s Health - Susan
- Health Literacy (e.g. immigrant health, immunizations) - Michelle
- Data Needs/Gaps (e.g. school health) - Jessica
- Behavioral Health (broader approach, e.g. bullying, sub population based intervention, post-partum depression, stigma, social determinants of health) – several individuals expressed interest in this area
- HPV Vaccination - Ashim
- Access to Contraception - Jason

Members will decide on 3 - 4 priorities for FY18 at the November meeting.

#### **6.0 Motion to Adjourn**

- The COH Retreat was adjourned at 8:07 p.m.

Respectfully Submitted:



Karen Thompkins  
Commission on Health