



MONTGOMERY COUNTY COMMISSION ON HEALTH
2000 Dennis Avenue, Silver Spring, Maryland
Annual Retreat
September 19, 2019 Meeting Minutes

Members Present: Alana Aronin, Brent Berger, Brenda Brooks, Christopher Burt, Marla Caplon, Jessica Chung, Desiree de la Torre, Crystal DeVance-Wilson, Sarah Emami, Travis Gayles, Michelle Hawkins, Lenna Israbian-Jamgochian, Terri McGuire, Linda McMillan, Fabienne Santel and Jason Woo

Members Absent: Jessica Kronstadt

Staff Present: Ellen Segal and Karen Thompkins

Guests: Dr. James Bridgers and Dr. Chunfu Liu

1.0 Call to Order and Welcome

- The meeting was called to order at 3:09 p.m.

2.0 COH Minutes and Next Meetings

- A motion to approve the June 20 and July 18, 2019 minutes was introduced by Lenna Israbian-Jamgochian and seconded by Alana Aronin. The minutes were approved by voiced consent.
- The next COH meeting will take place October 17, 2019 at 401 Hungerford Drive, Conference Room 1A and 1B, Rockville, Maryland 20850. The following meeting will take place November 21, 2019 at 401 Hungerford Drive, Conference Room 1A and 1B, Rockville, Maryland 20850.

3.0 Healthy Montgomery 2023 Goals Presentation – Dr. Chunfu Liu

- Healthy Montgomery did a report on Status of Health, 2008-2016. The report covered comprehensive health statistics, trends, population, demographics, social determinants and more.
- Other reports from Healthy Montgomery include: Report on Infectious Disease 2013-2017; a Zip Code Ranking Project; and Maternal and Infant Health, 2008-2017.
- Healthy Montgomery goal topic areas include maternal and infant health, behavioral health, chronic disease, infectious disease, and injury.
- The Healthy Montgomery 2023 Goal Setting report can be found at:
<https://www.montgomerycountymd.gov/HHS/Resources/Files/Reports/HM2023%20Goal%20Setting.pdf>

Goals include:

- Increasing mothers who receive early and adequate prenatal care and decreasing infant mortality;
- Decreasing ER visits for mental health, suicide rates, and drug-induced mortality;
- Decrease obesity;
- Decrease diabetes ER visits and mortality;
- Decrease heart disease mortality, high blood pressure, and ER visits;
- Decrease incidents of TB and other infectious disease to include Chlamydia, Gonorrhea, Syphilis, and HIV;
- Decrease injuries such as firearm hospitalization, fall mortality, fall hospitalization, fall ER and motor vehicle ER.

4.0 Health Officer Priorities Presentation – Dr. Gayles

- Public Health Services (PHS) is going through a restructuring. PHS will create a Maternal Health Bureau and bringing together the prevention and promotion efforts.
- The Collaboration Council came up with an accounts-based accountability framework for planning, decision making, and success. Inside the framework is Turn the Curve. Each service area needs to come up with one project for Turn the Curve. PHS will be looking at Type II Diabetes and life expectancies.
- PHS will be working with Fire & Rescue to connect to primary care services and ER utilizations.
- The data team will be establishing county benchmarks instead of state and national benchmarks as the county health status is often better than the state and national benchmarks – however disparities exist. Data will be used more effectively to tell our story.

5.0 County Council Budget Cycle – Linda McMillan

- The Department of Health and Human Services Council Committee consists of Gabe Alborno, Chair, Evan Glass, and Craig Rice.
- August through December, the County Executive (CE) is looking at the capital and operating expenses budget and will make recommendations. This is the time to advocate with the CE.
- The Department of Health and Human Services holds community budget forums.
- March 15th the CE transmits his recommended operating budget. County Council will have hearings on the budget in early April. It is the most effective time period to submit comments to the County Council.

6.0 Liaison – Montgomery County Public Schools Presentation – Marla Caplon

- Care in the schools is provided by School Health Room Technicians and Community Health Nurses from the Department of Health and Human Services, School Health Services.
- Several of the schools have health and wellness centers.
- Every school should have a nutrition plan (when sweets are served, etc.) and it should always be vetted through the principal.

- USDA has revised their regulations on ensuring school buildings maintains and enhances behavior. There was no mention of fast foods.
- Marla was involved in having every school create Student Wellness Committees. These committees invite parents and families to be involved.
- Lunches for lower income students are billed to the USDA. Some students get free meals, while others get discounted meals. The Maryland State Department of Education has rules regarding nutrition. The USDA sets guidelines on foods served.

7.0 COH Priorities

- A motion was made to start out with three priority areas to be worked on within workgroups. As needed, other workgroups may be formed throughout the year to address emerging issues that come up. Motion introduced by Lenna Israbian-Jamgochian and seconded by Michelle Hawkins. The motion was approved by voiced consent. The members decided on the following priorities for FY20.
 - School Health: Chair, Alana Aronin and members Crystal DeVance-Wilson, and Desiree de la Torre
 - Tobacco/Vaping: Chair, Sarah Emami and members Michelle Hawkins and Jason Woo
 - Communicable Disease: Chair, Brent Berger and members Brenda Brooks, Jessica Chung, and Lenna Israbian-Jamgochian

8.0 Opportunities

- Align opportunities with other boards.
- Find opportunities other BCC's aren't working on.
- Read reports/gather data.

9.0 New Business/Announcements

- October meeting – Joan Glick will be invited to give a presentation on School Health Services
- November meeting – Councilmember Gabe Albornoz expressed an interest in attending.
- December meeting – HHS staff in Communicable Disease will be given an opportunity to present
- October 10th and 17th BCC's present their priorities to County Council's Health and Human Services Committee
- October 29th – Dr. Gayles will give the semi-annual update. COH will follow the Health Officer with a presentation.
- COH Membership Committee will be interviewing 12 applicants for five open COH positions.

~Adjourn