

Montgomery County School Health Council

May 9, 2016 Meeting Minutes

17 members attended:

Abe Brown	Community Member, SHC Co-Chair	Laura Allen	DHHS School Health Services
Jack Yanovski	Community Member, SHC Co-Chair	Robin Brannan	Community Member
Ulder Tillman	DHHS, Health Officer	Vernon Spriggs	Collaboration Council
Joan Glick	Director, School Health Services	Daniel Russ	Mont. Co. Commission on Health
Deb Berner	MCPS Director Student Services	Abigail Russ	Student Member
Jeffrey Mehr	MCPS Department of Curriculum & Instruction	Karishma Sheth for Karen Duffy	Mental Health Association
Marla Caplon	MCPS Food & Nutrition Services	Gail Warner	Community Member
Peter Park	MCPS System Wide Safety	Liz Elliott	DHHS School Health Services
Stefania Clerici	MCCPTA Health & Safety Cmte	Guest Speaker	Jamie Popernack, MHA

- The meeting was called to order by Jack Yanovski. The March 2016 minutes were accepted.
- Jamie Popernack of the Mental Health Association provided an interactive briefing on the MHA texting hotline. The hotline started in September of 2015, and is nationally accredited. Conversations can last about an hour, and average about a dozen a week. The hotline is open during afternoon and evening hours on selected days, is staffed by trained staff and volunteers. About 50% of the contacts are related to suicide. Other topics are cutting, family issues and grief. 9 of 10 users rate the service as helpful.
- Joanie Glick updated the SHC regarding the April MSDE visit. Montgomery County School Health Services had a good review. 105 Community Health Nurses were recently trained in Narcan administration. She shared the School Health Council brochure as a resource to use in communicating the purpose and membership of the SHC. School Health Services and MCPS continue to work towards increased compliance with tDAP/MCV immunizations, which will include 7th, 8th and 9th graders for SY 2016-2017.
- Marla Caplon provided an update about the MSDE Wellness Report Card. Areas of focus included an assessment if students have enough time to eat meals at school and the free and reduced meals application directions. Work continues on communicating information from the Wellness Report to stakeholders, including monitoring, annual progress reports and more frequent self-assessments. Montgomery County scored higher than other Maryland jurisdictions.
- Discussion was held regarding ways to communicate School Health Council meeting agendas and schedules to the community. Liz Elliott will explore Open Meeting legislation as it applies to the School Health Council.
- Deb Berner shared that MCPS did well in the recent MSDE audit. She provided an overview of a presentation that will be presented to the Board of Education this week. The presentation is to include topics including Restorative Justice and student supports including PBIS. A Parent Engagement Office will be added. The definition of mental health will be explored, and will include expanding partnerships in the community, promoting awareness of and identification of mental health issues. A renewed emphasis is on teacher training for suicide awareness. Bullying data and information on Crisis Center referrals was discussed. There have been 10 known suicides in school in the last 3 years. Interim Instructional Services is increasingly provided for students with mental health needs. The Office of Student and Family Support and Engagement strives to identify and expand best practices, and is working to refine referral processes to the Crisis Center and to other community partners.
- Stefania Clerici provided the SHC with two handouts for consideration. One focused on the use of technology in the classroom, and the other was a MCCPTA Resolution to Promote Healthy Food Sold and Served to Children in MCPS. An ad hoc subcommittee of experts who serve on the SHC (Joanie Glick, Marla Caplon & Jack Yanovski) was appointed to review the resolution and provide a report to the SHC at the next meeting.
- Nomination and Membership: After determination that a quorum was present, the nominating committee presented Gail Warner as candidate for SHC co-chair, with a three-year term starting in SY 2016-2017. Gail Warner was unanimously elected.
- The meeting schedule for the SHC for SY 2016-2017 will be September 26, 2016; December 5, 2016; March 6, 2017; and May 8, 2017.