



A new program to help you manage your diabetes

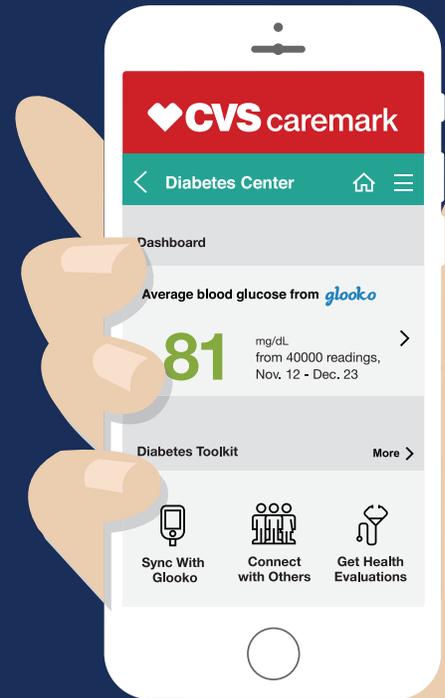
Testing and tracking your blood glucose levels is critical to successfully managing your diabetes, but it can be a time-consuming, manual process.

Now, there's a better way. We'd like to introduce you to *Glooko* – a powerful new tool, available at no cost to you, that lets you connect data from your glucose meter and monitor your levels on your smart phone.*

With *Glooko*, you can easily:

- Eliminate manual log books
- Share data with your health care provider
- Integrate food and lifestyle data to see how they affect your glucose levels**

Turn over for additional program benefits to help you manage your diabetes, available to you after January 1, 2018.



Interested in *Glooko*?

Just share the information below and hand to your CVS Caremark representative - we'll be in touch after January 1, 2018 to help you get started.

Name _____

Phone Number _____

Email Address _____

Employer _____

Additional program benefits include:

Diabetes monitoring visits at any MinuteClinic® location.

Get two monitoring visits per year at no out-of-pocket cost to you. These visits are designed to help prevent diabetes-related conditions and include:

A1c testing, foot exams, body mass index (BMI) assessment, diet consultation, and blood pressure and cholesterol checks.

No appointment is necessary, just bring the program voucher with you to any MinuteClinic location.

Personalized, one-on-one coaching with clinicians.

We offer extra help by phone or in person to help you stay on track. Our dedicated Diabetes Care Team is available at **1-800-378-0772** to answer questions.

Or you can talk to a pharmacist at any CVS Pharmacy®. To find one near you, visit **CVS.com** and click on “*Store Locator*”.



*Your employer offers this program at no cost to you. Program availability is subject to change. You will be notified if the program is no longer available. This program is not a substitute for medical care provided by your doctor and is not a replacement for the advice or treatment you may be receiving from your doctor for your diabetes. In the event of a medical emergency, contact 9-1-1.

**By participating in this program, you are consenting to Glooko sharing your personal information, including health information such as your glucose readings, with CVS Caremark to help you manage your diabetes. Information shared with CVS Caremark is protected by HIPAA and may result in a CVS Caremark pharmacist reaching out to you. CVS Caremark may also coordinate with your health care provider.

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.

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