BLS for Healthcare Providers Course

1- and 2-Rescuer Infant BLS Skills Testing Sheet

See 1- and 2-Rescuer Infant BLS Skills Testing Criteria and Descriptors on next page

Student Name: _____ Test Date: _____

1-Rescuer BLS and CPR Skills (circle one):	**Pass**	**Needs Remediation**
2-Rescuer CPR Skills		
Bag-Mask (circle one):	**Pass**	**Needs Remediation**
2 Thumb–Encircling Hands (circle one):	**Pass**	**Needs Remediation**

Skill Step	Critical Performance Criteria	✓ if done correctly	
1-Rescuer Infant BLS Skills Evaluation During this first phase, evaluate the first rescuer's ability to initiate BLS and deliver high-quality CPR for 5 cycles.			
1	ASSESSES: Checks for response and for no breathing or only gasping (at least 5 seconds but no more than 10 seconds)		
2	Sends someone to ACTIVATE emergency response system		
3	Checks for PULSE (no more than 10 seconds)		
4	GIVES HIGH-QUALITY CPR:		
	• Correct compression FINGER PLACEMENT	*Cycle 1:*	
	• ADEQUATE RATE: At least 100/min (ie, delivers each set of 30 chest compressions in 18 seconds or less)	*Cycle 2:*	*Time:*
	• ADEQUATE DEPTH: Delivers compressions at least one third the depth of the chest (approximately 1½ inches [4 cm]) (at least 23 out of 30)	*Cycle 3:*	
	• ALLOWS COMPLETE CHEST RECOIL (at least 23 out of 30)	*Cycle 4:*	
	• MINIMIZES INTERRUPTIONS: Gives 2 breaths with pocket mask in less than 10 seconds	*Cycle 5:*	
2-Rescuer CPR and SWITCH During this next phase, evaluate the FIRST RESCUER'S ability to give breaths with a bag-mask and give compressions by using the 2 thumb–encircling hands technique. Also evaluate both rescuers' abilities to switch roles.			
5	DURING FIFTH SET OF COMPRESSIONS: Second rescuer arrives with bag-mask device. RESCUERS SWITCH ROLES.		
6	Both rescuers RESUME HIGH-QUALITY CPR:	*Cycle 1*	*Cycle 2*
	• SECOND RESCUER gives 15 compressions in 9 seconds or less by using 2 thumb–encircling hands technique (for 2 cycles)	X	X
	• FIRST RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)		
	AFTER 2 CYCLES, PROMPT RESCUERS TO SWITCH ROLES		
7	Both rescuers RESUME HIGH-QUALITY CPR:	*Cycle 1*	*Cycle 2*
	• FIRST RESCUER gives 15 compressions in 9 seconds or less by using 2 thumb–encircling hands technique (for 2 cycles)	*Time:*	*Time:*
	• SECOND RESCUER successfully delivers 2 breaths with bag-mask (for 2 cycles)	X	X
	AFTER 2 CYCLES, STOP THE EVALUATION		

- If the student completes all steps successfully (a ✓ in each box to the right of Critical Performance Criteria), the student passed this scenario.
- If the student does not complete all steps successfully (as indicated by a blank box to the right of any of the Critical Performance Criteria), give the form to the student for review as part of the student's remediation.
- After reviewing the form, the student will give the form to the instructor who is reevaluating the student. The student will reperform the entire scenario, and the instructor will notate the reevaluation on this same form.
- If the reevaluation is to be done at a different time, the instructor should collect this sheet before the student leaves the classroom.

	Remediation (if needed):
Instructor Signature: _____	Instructor Signature: _____
Print Instructor Name: _____	Print Instructor Name: _____
Date: _____	Date: _____

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1- and 2-Rescuer Infant BLS Skills Testing Criteria and Descriptors

1. **Assesses victim (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
   - Checks for unresponsiveness (this MUST precede starting compressions)
   - Checks for no breathing or only gasping
2. **Sends someone to activate emergency response system (Steps 1 and 2, assessment and activation, must be completed within 10 seconds of arrival at scene):**
   - Shouts for help/directs someone to call for help AND get AED/defibrillator
   - If alone, remains with infant to provide 2 minutes of CPR before activating emergency response system
3. **Checks for pulse:**
   - Checks brachial pulse
   - This should take no more than 10 seconds
4. **Delivers high-quality 1-rescuer CPR (initiates compressions within 10 seconds of identifying cardiac arrest):**
   - Correct placement of hands/fingers in center of chest
     - 1 rescuer: 2 fingers just below the nipple line
   - Compression rate of at least 100/min
     - Delivers 30 compressions in 18 seconds or less
   - Adequate depth for age
     - Infant: at least one third the depth of the chest (approximately 1½ inches [4 cm])
   - Complete chest recoil after each compression
   - Appropriate ratio for age and number of rescuers
     - 1 rescuer: 30 compressions to 2 breaths
   - Minimizes interruptions in compressions:
     - Less than 10 seconds between last compression of one cycle and first compression of next cycle
5. **Switches at appropriate intervals as prompted by the instructor (for purposes of this evaluation)**
6. **Provides effective breaths with bag-mask device during 2-rescuer CPR:**
   - Provides effective breaths:
     - Opens airway adequately
     - Delivers each breath over 1 second
     - Delivers breaths that produce visible chest rise
     - Avoids excessive ventilation
7. **Provides high-quality chest compressions during 2-rescuer CPR:**
   - Correct placement of hands/fingers in center of chest
     - 2 rescuers: 2 thumb–encircling hands just below the nipple line
   - Compression rate of at least 100/min
     - Delivers 15 compressions in 9 seconds or less
   - Adequate depth for age
     - Infant: at least on third the depth of the chest (approximately 1½ inches [4 cm])
   - Complete chest recoil after each compression
   - Appropriate ratio for age and number of rescuers
     - 2 rescuers: 15 compressions to 2 breaths
   - Minimizes interruptions in compressions:
     - Less than 10 seconds between last compression of one cycle and first compression of next cycle