



Germantown Indoor Swim Center

18000 Central Park Circle, Boyds, MD 20841 • (240) 777-6830 • www.montgomerycountymd.gov/rec
 Montgomery County Recreation Department - Aquatics Section

2009/10 Lap Lane Schedule • November 16, 2009 - February 27, 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00	7 Lanes Recreation Pool • 1 Lanes Competition Pool							6:00
7:00	7 Lanes Recreation Pool 5 Lanes Competition Pool							7:00
8:00								
9:00							3 Recreation 5 Competition	9:00
10:00		7 Recreation 5 Competition	3 Recreation 5 Competition	7 Recreation 5 Competition				10:00
11:00	3 Recreation 9 Competition		3 Recreation 6 Competition	3 Recreation 5 Competition	3 Recreation 9 Competition			11:00
12:00		3 Recreation 9 Competition	3 Recreation 9 Competition					12:00
1:00	3 Lanes Recreation Pool 5 Lane Competition Pool				3 Recreation 1 Competition			1:00
2:00							4 Recreation 5 Competition	2:00
3:00	7 Lanes Recreation Pool <i>Adults Only</i>					4 Recreation 5 Competition		3:00
4:00		2 Recreation 1 Competition <i>Adults Only</i>		2 Recreation 1 Competition <i>Adults Only</i>				4:00
5:00	2 Recreation 1 Competition <i>Adults Only</i>		2 Recreation 1 Competition <i>Adults Only</i>		2 Recreation 1 Competition <i>Adults Only</i>		4 Recreation 5 Competition	5:00
6:00		3 Recreation 1 Competition <i>Adults Only</i>		3 Recreation 1 Competition <i>Adults Only</i>		4 Recreation 5 Competition		6:00
7:00								7:00
8:00	4 Recreation 2 Competition	1 Recreation 3 Competition	3 Recreation 5 Competition	1 Recreation 3 Competition	4 Recreation 5 Competition			8:00
9:00		7 Recreation 3 Competition		7 Recreation 5 Competition				9:00

This Pool Use Schedule may be changed to accommodate special events or holiday activities.

CHECK POSTED NOTICES IN THE CENTER LOBBY.



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Montgomery County Recreation Department - Aquatics Section

2009/10 Deep Water Running/Exercise Area Schedule ◦ September 8, 2009 - June 11, 2010

Recreation Pool								Competition Pool		Summary Schedule	
Water Walking and Exercise Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 10		Competition Pool	
										Lane 1 Deep Water Running Availability	
										Monday-Friday	6:00 AM - 9:30 AM
										Mon., Wed., Fri.	9:30 AM - 10:30 AM
										Monday-Friday	2:00 PM - 3:30 PM*
										Monday	11:30 AM - 2:00 PM
										Wednesday	11:30 AM - 2:00 PM
										Tuesday & Thursday	10:30 AM - 3:30 PM
										Friday	10:30 AM - 1:00 PM
										Tuesday - Thursday	7:30 PM - 8:30 PM
		Tuesday & Thursday	8:30 PM - 10:00 PM								
		Friday	7:30 PM - 9:00 PM								
		Saturday	2:00 PM - 4:00 PM								
			5:00 PM - 7:00 PM								
		Sunday	1:00 PM - 3:00 PM								
			4:00 PM - 6:00 PM								
		Lane 10 Deep Water Running Availability									
		Tuesday & Thursday	9:30 AM - 10:30 AM								
		Recreation Pool									
		Water Walking and Exercise Lane									
		Monday-Friday	6:00 AM - 9:30 AM								
		Mon., Wed., Fri.	10:30 AM - 2:30 PM								
		Monday & Friday	7:30 PM - 8:30 PM								
		Tuesday & Thursday	9:30 AM - 10:30 AM								
			11:30 AM - 2:30 PM								
			8:30 PM - 10:00 PM								
		Lane 1									

Special Notes:

- This schedule represents the minimum time allotted for this activity.
- When performing deep water running in the lane, move in a circular fashion, do not move down the lane 2 or more abreast.

◦ This Deep Water Running schedule may change to accommodate special events or holiday activities. Check the posted notices in the lobby.

* Not available during High School Season (November 16, 2009 - February 27, 2010)