



Montgomery Aquatic Center

5900 Executive Boulevard, N. Bethesda, MD 20852 • (240) 777-8070 • www.montgomerycountymd.gov/rec
 Montgomery County Recreation Department - Aquatics Section

2009/10 Pool Use Schedule • October 2009 - June 11, 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:45-6:30 AM MCRD Swim Team Practice						
6:00-8:30 AM Early Bird Lap Swim Deep Water Running Available					8:00-9:30 AM Early Bird Lap Swim	8:00 AM-2:00 PM Masters Swim MCRD Swim Team
8:30-11:30 AM Mid Morning Swim Water Exercise Classes • MCRD Swim Lessons Lap Lanes Available • Deep Water Running Available					9:00 AM-2:00 PM MCRD Swim Lessons High School Swimming iSwim Clinic	Dive Team MCRD Swim Lessons Water Polo Safety Training
11:30 AM-2:30 PM Noon Recreational Swim Lap Lanes Available • Water Exercise Classes (<i>Main Pool</i>) • Deep Water Running Available Diving Boards Open (<i>Tuesday & Thursday 1:00-2:30 PM</i>)						
2:45-3:45 PM MCPS High School Varsity Swim Practice Limited Lap Lanes Available (<i>See Lap Schedule</i>) • Maintenance					2:00-4:00 PM Recreational Swim All Facilities Open (Except Diving Platforms) Lap Lanes Available DWR Available	2:00-5:00 PM Recreational Swim All Facilities Open (Except Diving Platforms) Lap Lanes Available DWR Available
3:30-5:30 PM Slide & Dip Leisure Pool & Slide Open	3:30-7:30 PM MCRD Swim Lessons	3:30-5:30 PM Slide & Dip Leisure Pool & Slide Open	3:30-7:30 PM MCRD Swim Lessons	3:30-5:30 PM Slide & Dip Leisure Pool & Slide Open	4:00-5:00 PM Maintenance/Staff Training	
3:30-7:30 PM MCRD Youth Swim & Dive Team Training No Lap Lanes Available (<i>3:30-5:00 PM</i>) • Limited Lap Lanes Available (<i>5:00-7:00 PM</i>) Limited Deep Water Running Space Available (<i>6:00-7:00 PM</i>)						5:00-8:00 PM Swim Clinic
7:00-8:30 PM Slide & Dip Leisure Pool & Slide Open Limited Lap Lanes Available (<i>See Lap Schedule</i>) • Water Exercise Classes				7:00-9:00 PM Evening Rec Swim All Facilities Open (<i>Except Diving</i>) Limited Laps & DWR Masters Swim Safety Training	5:00-7:00 PM Recreational Swim All Facilities Open (Except Diving Platforms) Lap Lanes Available DWR Available	
8:30-10:00 PM Dive Training Water Fitness MCRD Swim Lessons	8:30-10:00 PM Masters Swim Therapeutics MCRD Swim Lessons	8:30-10:00 PM Dive Training Water Fitness MCRD Swim Lessons	8:30-10:00 PM Masters Swim Dive Training Therapeutics MCRD Swim Lessons		7:00-7:45 PM Adults Only	
9:30-10:30 PM Late Laps		9:30-10:30 PM Late Laps			8:00-10:00 PM Special Uses & Rentals	

This Pool Use Schedule may be changed to accommodate special events or holiday activities. Pool will be closed on: Thanksgiving Day, Christmas Day, New Year's Day, & Easter Day.

CHECK POSTED NOTICES IN THE CENTER LOBBY. SWIM/DIVE MEET DATES ARE LISTED ON REVERSE SIDE.



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PUBLIC USE TIMES

Recreational Swim		Hydrotherapy Pools		Admission Fees for Non-Passholders	
General swimming for all ages with the following facilities open: Lap Lanes, Diving Boards, Leisure Pool, Exercise Room, Hydrotherapy Spas, and Saunas. See Water Slide times below.		Adults Only: 14-17 if accompanied by an adult. Due to frequent cleaning and maintenance that these pools require, only one may be available for use during the following hours:		(For Each Entry)	
General Recreational Time		<i>Spa A: Spa next to the Recreation Pool</i> <i>Spa B: Spa next to the Leisure Pool</i>		County Resident	Non-County Resident
Monday-Friday	11:30 AM - 2:30 PM	Monday - Thursday	6:00 AM - 8:30 PM	Children (1-17 years old)	\$4.00 / \$6.50
Friday	7:00 PM - 9:00 PM	Monday	6:00 AM - 10:30 PM	Adults (18-54 years old)	\$6.00 / \$7.50
Saturday	2:00 PM - 4:00 PM	Wednesday	8:30 PM - 10:30 PM	Seniors (55 years & older)	\$4.50 / \$6.50
	5:00 PM - 7:00 PM	Friday	6:00 AM - 9:00 PM	Please Note:	
Adults Only	7:00 PM - 7:45 PM	Saturday	8:00 AM - 9:30 AM	These are the scheduled times these facilities will be open. They may be closed at any time due to insufficient staff.	
Sunday	2:00 PM - 5:00 PM		2:00 PM - 4:00 PM	The management reserves the right to alter the pool schedule when it is deemed necessary.	
Leisure Pool		Sunday	5:00 PM - 7:45 PM	Proper Bathing Suits Required! NO CUTOFFS OR GYM SHORTS! Shorts, t-shirts, and undergarments do not qualify as bathing suit attire.	
Monday-Friday	11:30 AM - 2:30 PM	Lap Swim		All patrons within the pool area must be attired in swimming apparel.	
Mon., Wed. & Fri.	3:30 PM - 5:30 PM	Lap Lanes are roped off at either 25 yards or 25 meter competitive distance. Some lanes are entirely in deep water. Patrons should "circle" swim from right to left and should swim in a lane with other lap swimmers of compatible speed and skills.		Children under 10 years old must be accompanied in the pool area and cared for by an adult in swimming attire at all times.	
Monday-Thursday	7:00 PM - 8:30 PM	Monday - Friday	6:00 AM - 3:30 PM	Groups of 6 or more must call the facility ahead of time to schedule with a manager's approval.	
Friday	7:00 PM - 9:00 PM	Monday - Thursday	5:00 PM - 8:30 PM	Lockers are available - BRING A LOCK TO SECURE YOUR BELONGINGS!	
Saturday	2:00 PM - 4:00 PM	Friday	5:00 PM - 9:00 PM	The use of cameras, video cameras or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing areas at all times.	
	5:00 PM - 7:00 PM	Monday & Wednesday	9:30 PM - 10:30 PM	Children who are not completely toilet trained must wear rubber pants.	
Adults Only	7:00 PM - 7:45 PM	Saturday	8:00 AM - 9:30 AM	Swim and Dive meets held on February 21, 2010, and April 30-May 2, 2010 will change the schedule, please note changes posted in the lobby.	
Sunday	2:00 PM - 5:00 PM		2:00 PM - 4:00 PM	For more information, visit us online at: www.montgomerycountymd.gov/rec	
Weight & Exercise Room/Saunas		Monday & Wednesday	2:00 PM - 4:00 PM		
Adults Only: 14-17 if accompanied by an adult.		Saturday	5:00 PM - 7:00 PM		
Youths (14-17) must have a permission slip on file. Youths need to keep their copy with them while using the weight room.		Sunday	7:00 PM - 7:45 PM		
Monday & Wednesday	6:00 AM - 10:30 PM	Sunday	2:00 PM - 5:00 PM		
Tuesday & Thursday	6:00 AM - 10:00 PM	Diving Boards			
Friday	6:00 AM - 9:00 PM	Tuesday & Thursday	1:00 AM - 2:30 PM*		
Saturday	8:00 AM - 7:45 PM	Monday & Wednesday	7:05 PM - 8:30 PM		
Sunday	8:00 AM - 6:00 PM	Saturday	2:00 PM - 4:00 PM		
Water Slides			5:00 PM - 7:00 PM		
Mon., Wed. & Fri.	3:30 PM - 5:30 PM	Adults Only	7:00 PM - 7:45 PM		
Monday-Thursday	7:00 PM - 8:30 PM	Sunday	2:00 PM - 5:00 PM		
Friday	7:00 PM - 9:00 PM	* On school holidays, the boards will be open at 11:30 AM.			
Saturday	2:00 PM - 4:00 PM				
	5:00 PM - 7:00 PM				
Sunday	2:00 PM - 5:00 PM				