



Military Outreach Initiative



Information and Resource Helpline of the HOPES Program




(301) 738-7176



We are here to help you

-  The initiative is designed to help Military families - Active, Reserve, National Guard and Veteran - find necessary resources in the community
-  The helpline can assist you in finding resources through our Specialized Information and Referral Services in The National Capital Region

Why would you call?

-  To gain access to:
 - ♦ Mental Health Services
 - ♦ Benefit Service Information
 - ♦ Family Readiness Organizations
 - ♦ Housing Assistance
 - ♦ Financial Assistance
 - ♦ Employment Services
 - ♦ Transition Assistance
 - ♦ Mental Health First Aid Training

***Military Resource Line
open Monday through Friday***

(301) 738-7176

For more information contact
military@mhamc.org

**Montgomery County Hotline
Open 24 Hours/ 7 Days a Week**

(301) 738-2255

Mental Health Association of Montgomery County