Behavioral Health and Crisis Services

FUNCTION

The mission of Behavioral Health and Crisis Services (BHCS) is to foster the development of a comprehensive system of services to assist children, youth, adults and families in crisis or with behavioral health needs. Services incorporate evidence based or best practices along a continuum of care. BHCS works with the State's public mental health and substance abuse system to ensure children, adults, and families received integrated treatment. Crisis Services are available twenty–four hours, seven days a week along with victim services. Victim services provide treatment for victimization that occurs in schools, home, or community. Access to behavioral health specialty services provides screening/referrals along with treatment on an outpatient basis. System Planning and Management monitors various services provided to families with public health insurance including, outpatient mental health clinics, psychiatric rehabilitation, and residential rehabilitation programs. BHCS is committed to providing culturally and linguistically competent care in the least restrictive environment

PROGRAM CONTACTS

Contact David T. Jones of the HHS - Behavioral Health and Crisis Services at 240.777.1488 or Trudy-Ann Hunter of the Office of Management and Budget at 240.777.2778 for more information regarding this service area's operating budget.

PROGRAM DESCRIPTIONS

System Planning and Management

As the State mandated local mental health authority, this program is responsible for the planning, management and monitoring of Public Mental Health Services for seriously, emotionally disturbed (SED) children, and adults with a serious and persistent mental illness (SPMI). This includes persons with co-occurring mental illness and substance abuse disorders, homeless persons with SPMI, and persons with SPMI who have been incarcerated and/or are on conditional release. This program is responsible for the ongoing development of a continuum of quality mental health services that provide for consumer choice and empowerment, and at the same time assure that consumers have access to clinically appropriate and cost-effective behavioral health services.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**7,936,210**	**20.2**
Enhance: Community Mental Health Grant	410,580	-0.6
Decrease Cost: Abolish Program Manager I - Systems Planning & Management	-35,990	-0.5
Decrease Cost: Systems Planning and Management	-50,000	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-67,030	-0.4
FY09 CE Recommended	**8,193,770**	**18.7**

Behavioral Health Specialty Services

Behavioral Health Specialty Services includes the Adult Behavioral Health program and the Access to Behavioral Health Services program. The Adult Behavioral Health program provides a comprehensive range of mental health services including assessment, diagnostic evaluation, psychotropic medication evaluation and medication monitoring. Individual, family and group psychotherapy including family psycho-educational support are available, as well as case management services. Eligibility is limited to Montgomery County residents who have a high level of acuity and are involved in multiple systems in the community. Many of these individuals are unable to receive Public Mental Health System services or the level of care necessary to effectively stabilize their illness. This program has expanded capacity to provide services to limited English proficiency (LEP) clients and those with specialized cultural and language needs. The Access to Behavioral Health Services program provides clinical necessity and financial assessments for consumers of all ages needing outpatient mental health services including those with a co occurring disorder, and linkages to those eligible for the Public Mental Health System or community resources. This program also provides for Montgomery County adult residents, walk in substance abuse assessments including co occurring disorders and linkages to the range of services in the Addiction Services continuum. Safety Net Services, a service within Access to Behavioral Health Services, provides immediate, brief psychiatric and case management services (16 hours a week) until those clients that are eligible for the Public Mental Health system and have been discharged from a psychiatric hospital can be linked to a community Outpatient Mental Health Clinic.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**2,753,730**	**24.2**
Enhance: Alchohol and Drug Abuse Administration (ADAA) Block Grant	136,840	0.5
Reduce: Abolish Therapist II position	-51,150	-0.5
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	25,090	-0.5
FY09 CE Recommended	**2,864,510**	**23.7**

Behavioral Health Community Support Svcs

Behavioral Health/Community Support Services is composed of three sub-programs: Community Case Management Services, Urine Monitoring Program, and Program/Contract Monitoring Unit. These programs provide: 1) case management services to Temporary Cash Assistance (TCA) clients, homeless women, and other clients who are "high-end" users of services and involved in multiple programs within HHS; 2) the Urine-Monitoring Program provides urine testing services to clients referred by the courts, child welfare, the criminal justice system and others required to submit to urine surveillance or who require or request urine screening and testing; and 3) the Program/Contract Monitoring Unit monitors contract compliance for addiction treatment providers who contract with the Department to provide detoxification, outpatient, intensive outpatient, residential halfway house, combined care, and long-term residential treatment services to enhance the addictions treatment continuum of services for residents of Montgomery County.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**7,375,270**	**22.2**
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-1,949,490	0.5
FY09 CE Recommended	**5,425,780**	**22.7**

Notes: Miscellaneous adjustments include the realignment of Alcohol and Drug Abuse Administration (ADAA) Block Grant Funds from Community Support Services to Outpatient Addiction Services; and a mid-year Program Specialist position creation (.5 WY)

Criminal Justice/Behavioral Health Services

Criminal Justice/Behavioral Health Services is composed of three programs: Clinical Assessment and Triage Services (CATS), Community Re-Entry Services (CRES), and Jail Addiction Services (JAS). Clinical Assessment and Triage Services (CATS) provide behavioral health screening, assessment, triage, and diversion services upon entry into the Montgomery County Detention Center. Jail Addiction Services (JAS) is an intensive jail-based residential addiction treatment program for inmates at the Montgomery County Correctional Facility who are alcohol and/or drug addicted. Community Re-Entry Services (CRES) staff provide linkages to community-based mental health and addiction treatment services as well as follow-up to assure that housing and other needed services are accessed in the community.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**2,256,780**	**19.4**
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	116,270	0.0
FY09 CE Recommended	**2,373,050**	**19.4**

Outpatient Addiction Services (OAS)

OAS provides outpatient, intensive outpatient and Medication Assisted Treatment (methadone, buprenorphine) services for clients who are homeless, are referred by the criminal justice system, and/or meet medical need requirements. Special emphasis is placed on treating the homeless; opiate addicts; and individuals with co-occurring psychiatric and substance abuse disorders. OAS also provides addiction treatment and urine monitoring services for clients served by the Montgomery County Adult Drug Court treatment program.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**3,506,770**	**29.7**
Enhance: Adult Drug Court Grant	89,780	1.0
Increase Cost: Operating Expenses Outpatient Addictions Services (OAS) Methadone Assisted Treatment	50,000	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	2,244,340	0.0
FY09 CE Recommended	**5,890,890**	**30.7**

Notes: Miscellaneous adjustments include the realignment of Alcohol and Drug Abuse Administration (ADAA) Block Grant Funds from Community Support Services to Outpatient Addiction Services

Victims Assistance and Sexual Assault Services

This program provides information, referral, support, psychiatric evaluations, criminal justice advocacy, court accompaniment, crisis, and ongoing counseling services to persons subjected to sexual assault (exclusive of partner abuse), as well as to persons victimized by crimes in general. 24-hour outreach is provided through volunteer support to rape and sexual assault victims at hospitals and police stations, and compensation is provided to eligible victims of crime

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**2,478,640**	**19.4**
Add: Sexual Assault Awareness and Community Education Grant	23,000	0.0
Increase Cost: Victims Compensation Fund Match	8,830	0.0
Reduce: Silver Spring Courthouse Victim Assistant Project	-17,300	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	110,360	0.0
FY09 CE Recommended	**2,603,530**	**19.4**

Child and Adolescent Mental Health Services

Child and Adolescent Mental Health Services is comprised of three components that provide or support comprehensive mental health treatment and care coordination services to children, youth, and their families that are individualized, culturally, and linguistically appropriate and administered in the least restrictive, most conducive environment. The Child and Adolescent Outpatient Mental Health Service provides assessment, psychiatric, and therapeutic treatment to children and adolescents with serious emotional disturbances. The Home-based Treatment Team for Child Welfare Services provides specialized, evidence-based mobile treatment specifically for children and families involved with Child Welfare Services. The System of Care Development and Management Team collaborates with local and state partners to plan, develop, and manage publicly-funded (state and county) mental health and care coordination services for children and adolescents. All three components are guided by the principles that services should be child focused, family driven, and recovery oriented.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**3,278,220**	**18.1**
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	41,620	0.0
FY09 CE Recommended	**3,319,840**	**18.1**

24-Hour Crisis Center

This program provides telephone, walk-in, and crisis residential services to persons experiencing situational, emotional, or mental health crises. In addition, the Crisis Center provides a mobile crisis team response twenty-four hours/day seven days/week. Much of the work of the Crisis Center is focused upon providing the least restrictive community-based service which is appropriate. Many of the services provided are alternatives to more traditional mental health services. Psychiatric crisis resources are used to prevent hospitalizations and suicides. Disaster mental health services include crisis management and consultation for disasters, as well as consultation and services for community crises. The Crisis Center coordinates mental health response during disasters and community critical incidents. During the off-hours (after 5:00 p.m., weekends and holidays), crisis back-up services are provided for various health and human services needs when the clients' primary service providers are not available.

The Assertive Community Treatment (ACT) Team provides community-based mental health services for those individuals with the highest level of acuity. The comprehensive array of services provided includes psychiatric care, mental health and addictions counseling, and case management. This service will be shifted to the State in FY09.

The Public Inebriate Initiative is a pilot program to intervene with those individuals who are drinking on the street. It is comprised of two components. The first is outreach workers who engage these individuals on the street, or in an emergency department. The second component is sobering beds. The beds are available for up to 24 hours with possible transfer to detoxification if available.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**5,569,470**	**51.5**
Decrease Cost: Abolish Office Service Coordinator position	-54,860	-1.0
Shift: Crisis Center - Assertive Community Treatment (ACT) Team to the State	-766,860	-6.5
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	439,670	0.0
FY09 CE Recommended	**5,187,420**	**44.0**

Notes: The ACT Team will shift to the State in January 2009.

Mental Health Svcs: Seniors & Persons with Disabilities

This program provides mental health services to seniors, persons with developmental disabilities, persons with hearing impairments and Individuals in a Psychiatric Crisis. Services include evaluation, treatment, outreach counseling, provider training, caretaker support, and referral services. In addition, this program provides a countywide response to screen uninsured individuals who are at risk of needing publicly funded hospitalization and who present at any of the five local emergency departments. The focus of this program is to provide the least restrictive and most appropriate community disposition possible for these individuals.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**1,923,470**	**11.0**
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	10,690	0.0
FY09 CE Recommended	**1,934,160**	**11.0**

Rental & Energy Assistance Program

This program has moved to Special Needs Housing.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**0**	**0.0**
FY09 CE Recommended	**0**	**0.0**

Shelter Services

This program has moved to Special Needs Housing.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**0**	**0.0**
FY09 CE Recommended	**0**	**0.0**

Partner Abuse Services

The Abused Persons Program is a comprehensive domestic violence program that provides crisis counseling, on-going outpatient counseling, emergency shelter, referral for transitional housing; and support and advocacy to victims and families of partner-related physical abuse. Assessment, counseling, and education are also provided to abusers.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**3,063,510**	**19.1**
Increase Cost: Betty Ann Krahnke (BAK) Shelter contract increase	82,000	0.0
Enhance: Abused Persons Program - Abuser Intervention Offender Counseling	46,000	0.0
Replace: Abused Persons Program - Domestic Violence Grant Shortfall	21,740	0.3
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	152,380	-0.4
FY09 CE Recommended	**3,365,630**	**19.0**

Supportive Housing Services

This program has moved to Special Needs Housing.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**0**	**0.0**
FY09 CE Recommended	**0**	**0.0**

Housing Stabilization Services

This program has moved to Special Needs Housing.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**0**	**0.0**
FY09 CE Recommended	**0**	**0.0**

Service Area Administration

This program provides leadership and direction for the administration of Behavioral Health and Crisis Services.

FY09 Recommended Changes

	Expenditures	WYs
FY08 Approved	**628,830**	**4.1**
Decrease Cost: BHCS Chief's Office - Realign Operating Funds	-46,000	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	36,700	0.0
FY09 CE Recommended	**619,530**	**4.1**