

MEMORANDUM

June 23, 2015

TO: Government Operations and Fiscal Policy Committee
FROM: Marlene Michaelson, ^{MM} Senior Legislative Analyst
SUBJECT: **Commission for Women Counseling Services**

Expected for this session:

- Jodi Finkelstein, Executive Director, Commission for Women
- Debra Bright Harris, President, Commission for Women
- Lorna Forde, First Vice-President, Commission for Women
- Heather Reichardt, Second Vice-President, Commission for Women
- Dr. Raymond Crowel, Chief, Behavioral Health and Crisis Services

The purpose of this meeting will be to allow representatives of the Montgomery County Commission for Women to present their recommendation to discontinue the Commission's role in providing counseling services. Attached on © 1-2 is a memorandum from the Commission President describing their unanimous recommendation to discontinue counseling because they believe continuing those services would be duplicative. As the memorandum indicates:

“The Commission believes that our limited funding can best be used to leverage access to existing counseling services that are currently available to County residents and to support and expand the current work of the Commission in the areas of human trafficking, female prisoner re-entry into the community, and to embark on the additional mission to Exploring Biases/Exploitation in the Nail Care Industry.”

In addition, they indicated that they heard from many of the stakeholders interviewed by the Executive Director that they would like the Commission to continue providing low-cost seminars on divorce, separation and custody, financial planning; and other topics as needed. **The Committee may want to inquire how the Commission plans to use the \$70,000 budgeted in FY16 for counseling services.**

Attached on © 3 is a map showing the location of counseling services in the County. On © 4-5 is a list of individuals the Executive Director met with in stakeholder meetings and on © 6-21 is a list of mental health resources and services and employment, career, and literacy readiness programs.

The Commission has a very limited budget and therefore limited resources to pursue activities that require the services of individuals other than the Executive Director. If they have determined that counseling is being provided by other organizations and that there are other needs not being addressed by other entities that would be a better use for their limited funding, Staff is inclined to defer to their judgment (pending additional information on the proposed alternative uses for the \$70,000 in the FY16 budget).

The Committee may wish to schedule another discussion in the fall on the full range of services offered by the Commission and activities in which they engage.

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COMMISSION FOR WOMEN

Isiah Leggett
County Executive

Jodi Finkelstein
Director

June 15, 2015

Memorandum

To: Isiah Leggett, County Executive
Councilwoman Nancy Navarro, Chair, Government Operations Committee

From: Debra Bright Harris, President, Montgomery County Commission for Women

Subject: Counseling and the Montgomery County Commission for Women

On June 11, 2015 the Commission had its monthly meeting. The agenda focused on counseling services, our seminars, and how we would like for the Commission to move forward.

Jodi Finkelstein, the new executive director of the Commission, provided the Commissioners with a chart detailing current counseling services provided by the county and non-profit entities (the chart is attached). The chart clearly shows that there are a plethora of counseling services currently available that meet the needs of Montgomery County residents. Many of these services are free or on a sliding scale, are accessible by public transportation and have no waiting lists. Moreover, many of the services listed are available in a multitude of languages.

Therefore, continuing our counseling services would be duplicative. In addition to the chart, we were provided with a "mapping" of current services (attached). Commissioners noted that many of the services are in the lower part of the county. Further, many of these services are close to the Commission's office.

After a lengthy and heartfelt discussion, the commissioners unanimously voted to discontinue the contract to provide counseling services. The Commission believes that our limited funding can best be used to leverage access to existing counseling services that are currently available to County residents and to support and expand the current work of the Commission in the areas of human trafficking, female prisoner re-entry into the community, and to embark on the additional mission to Exploring Biases/Exploitation in the Nail Care Industry (based on the finding in a May 7, 2015 NYT article).

The Commission understands that terminating counseling services is a shift from our past. The Commission also understands, however, that we must be willing to change and adapt to



COMMISSION FOR WOMEN

Isiah Leggett
County Executive

Jodi Finkelstein
Director

June 15, 2015

better serve our community where there are demonstrated needs. We did not come to this decision without significant input and outreach to the community.

Ms. Finkelstein conducted meetings with over 40 individuals from around the county (a list of meetings is attached). Nearly all stated that they would like for the Commission to continue providing low cost seminars on divorce, separation and custody, financial planning and other topics as needed. This will allow the Commission to directly connect the women served at these seminars to existing services that already exist through non-profits and in County departments.

Over the next several months, Commissioners will be working with Ms. Finkelstein to determine how we can best work with other organizations to fill other critical gaps. The members of the Commission also plan to conduct a county-wide listening tour that will ensure that we are providing value-added and relevant service to the community.

We would like to sincerely thank you for your continued support of the Commission and look forward to working with you. We are excited about our potential new role and are eager to begin building the Commission's next phase in Montgomery County.

CC: Commission For Women
Fariba Kassiri, Assistant CAO
Marlene Michaelson, Council Staff
Helen Vallone, OMB

<http://www.zeemaps.com/view?group=1448723&x=-77.146880&y=39.102335&z=7>

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Counseling Services Montgomery County

GeoSearch

Name
1 A Wider Circle
2 Addiction and Mental Health Center
3 Adventist Behavioral Health Rockville
4 Affiliated Community Counselors
5 Aspire Counseling
6 Bethesda Cares
7 Center for Healthy Families
8 Child Center and Adult Services
9 City of Rockville Youth and Family Services Community Services Division
10 Community Connections
11 Cornerstone Montgomery
12 Dorothy Day Place for Men and Women (part of Catholic Charities)
13 Eugene Meyer III Treatment Center/Washington School of Psychiatry
14 Excell Institute
15 Families Foremost Center
16 Family Services Agency Outpatient Mental Health Clinic
17 George Washington University Center Clinic
18 Georgetown Family Center
19 Gilchrist Center for Cultural Diversity
20 Health Science Institute

All
 Literacy Programs
 Mental Health Counseling
 Career Counseling

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Link: <http://www.zeemaps.com/view?group=1448723&x=-77.146880&y=39.102335&z=7>

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List of Stakeholder meetings (as 6/19/2015):

Community Engagement Cluster

Community Partnerships

1. Bruce Adams, Director of Community Partnerships
2. Molly Callaway, Director, Volunteer Center
3. Mimi Hassanein, Senior Fellow Program Manager, Middle Eastern Community
4. Kaoni Hiraakawa, Program Manager, Gilchrest Center for Cultural Diversity
5. Anna DeNico, Program Specialist, Gilchrist Center for Cultural Diversity
6. Abeje Chumo, Gilchrist Center for Cultural Diversity

Regional Service Centers

1. Catherine Matthews, Regional Director
2. Ana Van Balen, Regional Director
3. Segen Sampson, Community Specialist
4. Reemberto Rodriguez, Regional Director (scheduled for 7/1/2015)
5. Jewru Bandeh, Regional Director (scheduled for 6/29/2015)
6. Ken Hartman, Regional Director (scheduled for 6/30/2015)

Montgomery County Commission for Women

1. Debra Bright, President, Montgomery County Commission for Women
2. Lorne Forde, First Vice President, Montgomery County Commission for Women
3. Heather Reichardt, Second Vice President, Montgomery County Commission for Women
4. Bobbe Mintz, Chair, Montgomery County Human Trafficking Task Force, Commissioner
5. Karmen Rouland, Commissioner
6. Linda Amdent, Commissioner
7. Daphnee Cherubin, Commissioner
8. Natalia Farrar, Commissioner
9. Beatrice Lauman, Commissioner
10. Giulia McPherson, Commissioner
11. Farah Nageer-Kanthor, Commissioner
12. Safia Qadri, Commissioner
13. Angela Whitehead Quigley, Commissioner

Human Rights Commission

1. James Stowe, Director

Community Groups

1. Jeanette Feldner, Montgomery County NOW
2. Holly Joseph, Montgomery County NOW
3. Judith Vaughn-Prather, Director, Maryland Commission for Women
4. Resa Levy, Executive Director, Family Justice Center Foundation
5. Cheryl Kravitz, Family Justice Center Foundation Board member, Domestic Violence Coordinating Council member

6. Hope Gleicher, Non-Profit Roundtable Montgomery
7. Sharon Friedman, Non-Profit Roundtable Montgomery

Department of Correction and Rehabilitation

1. Robert Green, Director
2. Gale Starkey, Deputy Warden, Inmate Services
3. Donna Rojas, Worksource Montgomery County
4. Jennifer Zuckerman, Case Manager/Correctional Specialist
5. Pam Stafford, Correctional Specialist
6. Kendra Jochum, Re-Entry Services
7. Linda (do not recall last name), Health Services

Holiday Park Senior Center

1. Dolores Ustrell-Roig, Center Director
2. Allison deGravelles, MSW Program Manager I, Certified Long Term Care Ombudsman
3. Susan Mondelo, Program Manager I, Certified Long Term Care Ombudsman

Elected Officials

1. Ariana Kelly, Delegate
2. Tom Hucker, Montgomery County Council
3. Hans Reimer, Montgomery County Council
4. Sydney Katz, Montgomery County Council
5. Nancy Floreen, Montgomery County Council
6. Aruna Miller, Delegate
7. Roger Berliner, Montgomery County Council (scheduled for 6/22/15)

Outstanding Invitations:

1. *Susan Lee, Senator*
2. *Ana Sol Gutierrez, Delegate*
3. *Bonnie Cullison, Delegate*
4. *Sheila Hixson, Delegate*
5. *Nancy King, Senator*
6. *Marc Elrich, County Council*
7. *George Leventhal, County Council*
8. *Craig Rice, County Council*

Department of Health and Human Services

1. Uma Ahluwalia, Director
2. Nadja Soares Pereira Cabello, Manager, Trauma Services: Abused Persons Program/ Victim Assistance and Sexual Assault Program
3. Therapists at each of the programs

Montgomery College

1. Karla Silvestre, Director of Community Engagement
2. Nawal Benmouna, Chair, Physics, Engineering and Computer Science Department
3. Genevieve Carminati, Director, Women and Gender Studies Program

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Crisis Services											
Montgomery County Crisis Center 1301 Piccard Drive, 1st Floor Rockville, MD 20850 (240) 777-4000 https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html		x		x			Spanish Farsi German Mandarin Amharic language line	no	free	Ride-on Metro and ride-on	Crisis counseling only
Access & Referral to Mental Health Services											
Anxiety and Depression Association of America 8701 Georgia Avenue, Suite 412 Silver Spring, MD 20910 (240) 485-1001 www.adaa.org		x									Assist in finding appropriate treatment and developing self-help skills.
Montgomery County Access Team 255 Rockville Pike, Suite 145 Rockville, MD 20850 (240) 777-1770 http://www.montgomerycountymd.gov/hhs/programindex/crisisservicesindex.html		x					Spanish Language Line				Team helps county residents obtain/access behavioral health services—mental health and substance abuse
National Alliance on Mental Illness (NAMI) of Montgomery County 11718 Parklawn Drive Rockville, MD 20852 (301) 949-5852 www.namimc.org											Self-help, support, education, and advocacy for people with serious and persistent mental illnesses, their families, friends and caregivers.
Network of Care www.networkofcare.org											Information to help link consumers to support groups and personal advocacy resources in the community
Maryland Psychological Association 10025 Gov. Warfield Parkway, Ste 102 Columbia, MD 21044 (410) 992-4258 www.marylandpsychology.org											Free psychologist referral service.

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	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Washington Psychiatric Society (202) 595-9498 www.dcpsych.org											Online psychiatrist locator.
Counseling											
Affiliated Community Counselors 15841-A Crabbs Branch Way Rockville, MD 20855 (301) 251-8965 www.accirockville.org		x	x				Spanish Hebrew		Sliding fee scale available.	Ride-on Metro	Counseling, psychotherapy for individuals, families, and couple. Psychological testing and evaluations. Free seminars. Most insurance accepted.
Aspire Counseling Shady Grove Professional Bldg 16220 Frederick Road, Ste 502 Gaithersburg, MD 20877-4022 (301) 978-9750 www.we-aspire.org		x					Mandarin Spanish French Italian German	Need to talk to intake and see when you can come in.	Sliding fee scale. can be discussed at the intake appointment.	Bus Metro and bus	Accepts all major insurances. (They are listed on their website.) 35 therapists on staff
Center for Healthy Families Room 0142, School of Public Health, Building 255 University of Maryland College Park, MD 20742-7515 (301) 405-2273 www.thecenterforhealthyfamilies.com		x	x	x			Spanish French	No.	On a sliding fee scale ranging from \$20 to \$60/session . Couple and family therapy services to veterans of the Iraq and Afghanistan wars (10 session at no cost).	Yes, but it is a little "tricky."	Provide family therapy to residents of surrounding communities.
Child Center and Adult Services dba Aspire Counseling Shady Grove Professional Bldg 16220 S. Frederick Ave, Ste 502 Gaithersburg, MD 20877 (301) 684-1086 www.ccasounseling.org		x					Mandarin Spanish French Italian German	Need to talk to intake and see when you can come in.	Sliding fee scale can be discussed at the intake appointment.	Bus Metro and bus	Provides mental health counseling services to individuals who do not have insurance. Accept most insurance plans and have a sliding fee scale.
City of Rockville Youth and Family Services Community Services Division 30 Courthouse Square, Ste 100 Rockville, MD 20850 (240) 314-8310 www.rockvillemd.gov		x					Language line services available	no	free	bus Metro	short-term counseling for youth and families. Must live or go to school in the city of Rockville.

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	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Eugene Meyer III Treatment Center/Washington School of Psychiatry 5028 Wisconsin Ave, Ste 400 Washington, DC 20016 (202) 537-6050 www.wspdc.org/treatment		x	x	x			Spanish French Portuguese	no	Sliding fee scale based on income and insurance. Services range from \$50 -\$130.	Metro	Non-profit mental health clinic with services to individuals, group, couples, families. Insurance accepted.
Family Services Agency Outpatient Mental Health Clinic 610 East Diamond Ave, Ste 100A Gaithersburg, MD 20877 Main number for clinic: (301) 840-3200 www.familyservicesagency.org	x	x	x	x		x	Spanish Mandarin	no	Must be a recipient of Medicaid to receive services. No fee if you have Medicaid.	Ride-on	Provides mental health, substance abuse, community support, early childhood, school-based, and victim and domestic violence services.
Georgetown Family Center 4400 MacArthur Blvd. NW #103 Washington, DC 20007 (202) 965-4400 www.georgetownfamilycenter.org		x	x				Spanish	no	A sliding fee scale is available for people with limited financial resources and for those affected by the ever-changing constraints of insurance and managed care. The fee scale, based on annual income, number of dependents, and insurance benefits, ranges from \$10 to \$125 per hour.	Limited bus transportation. D3 and D6 if going to Sibley Hospital.	Provide short- and long- term mental health treatment. Sliding-scale fees based on income.
George Washington University Center Clinic 1922 F Street, NW, Ste 103 Washington, DC 20052 (202) 994-4937 http://psyd.columbian.gwu.edu/center-clinic		x	x				ask at intake	Intake calls returned within 5 business days. Right now, new patients won't be accepted until mid-to-late July.	Sliding fee scale. No one turned away for financial reasons.	Metro	Open to clients in MD, DC, and VA.

Mental Health Resources and Services and Employment, Career and Literacy Readiness Programs

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
<p>House Calls LLC PO Box 776 Olney, MD 20830 (301) 346-6732 www.callingonbeth.net</p>		x					x		Fee is based on the number of clients per visit; number of visits required; mileage; gas and then the fee is calculated. We provide package plans for multiple hour visits. Do not accept insurance.	Services provided in your home.	Provide services in your home for teens to seniors.
<p>Jewish Social Service Agency 200 Wood Hill Road Rockville, MD 20850 (301) 838-4200 www.jssa.org</p> <p>To schedule a counseling appointment please contact our Inquiry and Screening Department via phone at 301-816-2633 for Maryland</p>		x					Russian Deaf/hard of hearing ask @ intake for other languages		A reduced fee may be available for those clients without insurance or for services not covered by insurance based on financial need.	<p><u>Ina Kay Building/Rockville:</u> Ride-on Metro and ride-on WMATA bus</p> <p><u>Montrose Rd/Rockville:</u> Metro Ride-on WMATA</p>	Individual, family, and group therapy.
<p>Maryland Psychotherapy Clinic and Research Lab 2140 Biology - Psychology Bldg University of Maryland, College Park, MD 20742 (301) 405-5820 www.mpcrl.umd.edu/</p>		x	x				x	Yes. All therapy is different and takes different amounts of time. Therefore, they can't give a timeline for the waiting list.	Sliding scale based on income. Discussed at intake.	<p>Metro Metro and bus bus</p> <p>Located at University of Maryland.</p>	Provides counseling and psychotherapy to adults--treatment focuses on insight and understanding difficulties in relationship problems, depression, anxiety, grief and loss, meaning of life, dreams, and nightmares.
<p>Maryland Public Mental Health System-- Department of Health & Mental Hygiene (800) 888-1965 (toll free 24-hour line)</p>							x				Services include psychiatric inpatient care, psychiatric day treatment, residential treatment, respite, outpatient mental health clinic.

Mental Health Resources and Services and Employment, Career and Literacy Readiness Programs

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Mental Health Association (MHA) of Montgomery County 1000 Twinbrook Parkway Rockville, MD 20851 (301) 424-0656 x520 www.mhamc.org		x					French Spanish			yes	Manages 8 direct service programs for children, teens, families, senior adults, and individuals with a long-term mental illness. <u>Kensington/Wheaton Youth Services</u> - works with MCPS to provide counseling to youth. <u>N*Common</u> provides clinical mental health services to low-income and uninsured French and Spanish immigrants who are newly arrived (within 5 years) to the U.S.
ID Montgomery County Department of Health & Human Services: Abused Persons Program (APP) <u>MidCounty DHHS Building</u> 1301 Piccard Drive Rockville, MD 20850 <u>DHHS Silver Spring Center</u> 8818 Georgia Avenue Silver Spring, MD 20910 <u>DHHS Adult Behavioral Health Services</u> 981 Rollins Avenue Rockville, MD 20852 (240) 777-4210 http://www.montgomerycountymd.gov/hhs-program/program.aspx?id=BHCS/BHCSAbusedPerson-p207.html				x		x	French Spanish	no	Sliding fee scale.	Ride-on	Promotes mental wellness and supports those with mental illness by sponsoring and implementing education, advocacy and community service programs.
Montgomery County Department of Health & Human Services: Victim Assistance Program (VASAP) 1301 Piccard Drive, Suite 4100 Rockville, Maryland 20850 (240) 777-1355 http://www.montgomerycountymd.gov/hhs-program/bhcs/vasap/vasapindex.html				x			French Spanish use interpreters for any other languages	no	Sliding fee scale. No one is denied services. Counseling fees: \$0 - \$40 for individual; \$0 - \$20 for group.	Ride-on	Assists victims of crimes such as rape/sexual assault, homicide, driving while intoxicated (DWI), car jacking, torture, hate crimes, arson, larceny, robbery, auto theft and vandalism. The program provides information and referral, advocacy, crisis and ongoing counseling, support and compensation services for victims of crimes committed in Montgomery County or crime victims who live in Montgomery County.
Montgomery Hotline (301) 738-2255									free		Provides supportive listening. Spanish suicide line: (888) 628-9454

Mental Health Resources and Services and Employment, Career and Literacy Readiness Programs

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
National Center for Children and Families 6301 Greentree Road Bethesda, MD 20817 (301) 365-4480 www.nccf-cares.org							Spanish				Group home and shelter for children.
National Resiliency Center 451 Hungerford Drive Rockville, MD 20850 (301) 610-5666 www.divorceabc.com		x	x				French Spanish	no	Sliding fee scale.	Ride-on.	Individual, couple, family, parent, co-parent, pre-marital, marital, separation, blended family counseling.
Pastoral Counseling & Consultation Centers of Greater Washington 7003 Piney Branch Road, NW Washington, DC 20012 (202) 449-3789 www.pastoralcounselingdc.com	x	x	x				French Spanish	no	Sliding fee scale.	Yes	Mental health counseling, life and career coaching, family therapy, couples counseling, stress management, addictions, and workshops.
Planned Lifetime Assistance (PLAN) of MD-DC 604 S. Frederick Ave, Ste 411 Gaithersburg, MD 20877 (301) 740-8444 www.planofmd-dc.org	x	x				x	no one available	no	\$80/hour	Ride-on	Provide counseling to assist clients and families with problem solving, life events, and general mental health support Assistance applying for housing and vocational rehabilitation programs. Coordinate medical care.
Pro Bono Counseling Project (301) 805-8191 (410) 323-5800 (877) 323-5800 www.probonocounseling.org		x		x			Spanish French	no	free	Therapists are volunteers and provide services at their offices, so it depends.	Provide free mental health care to individuals, families and couples who cannot receive care from any other source. Clients who are violent or suicidal or who have anger management issues or need medical management are referred out.
Washington and Waldorf Pastoral Counseling Service 9727 Georgia Avenue Silver Spring, MD 20910 (301) 681-3201 www.wpcs.org		x	x	x			x		Sliding fee scale.		Mental health services to children, individuals, couples and families. Accepts many insurances. Sliding-scale fees.
The Women's Center 1025 Vermont Avenue, NW, Ste 310 Washington, DC 20005 (202) 293-4580 www.thewomenscenter.org	x	x	x	x				no		yes.	Provide mental health, career, and financial counseling. Also offer educational programs.

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Vesta Inc. <u>Germantown:</u> 20410 Observation Dr, Ste 108 Germantown, MD 20876 <u>Silver Spring:</u> 8737 Colesville Rd, Ste 700 Silver Spring, MD 20910 (240) 296-5862 www.vesta.org/omhc		x	x			x	Spanish	Gemantown: Not taking new clients at this time. Silver Spring is.	Fixed fees.	<u>Germantown:</u> Yes <u>Silver Spring:</u> Yes	Provide mental health clinical services including individual, family, couples and group therapy. Germantown intakes have a long waitlist.

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Mental Health Resources and Services and Employment, Career and Literacy Readiness Programs

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Counseling for Individuals with Limited English											
Counselors Helping South Asians/Indians (443) 615-1355 www.chaicounselors.org		x					Resource list				Resource list
Islamic Center of Maryland Social Services Program 19411 Woodfield Road Gaithersburg, MD 20879 (301) 840-9440 www.icomd.org		x	x	x	x		Arabic				Provide counseling services for a wide range of issues including: marriage; youth and juvenile delinquency help; crisis/stress management; help overcoming addictions and use of intoxicants; domestic violence; depression; and matters of faith.
Korean Community Service Center of Greater Washington 847-J Quince Orchard Blvd Gaithersburg, MD 20870 (240) 683-6663 www.kcsgw.org		x					Korean				Community based outreach for the Korean community.
Muslim Community Center 15200 New Hampshire Avenue Silver Spring, MD 20905 (301) 384-3454 www.mccmd.org		x				x	Urdu				Community based outreach for the Muslim community.
Services for Individuals Dealing with Severe and Persistent Mental Illness											
Bethesda Cares (for individuals who are homeless) 7728 Woodmont Avenue Bethesda, MD 20814 (301) 907-9244 www.bethesdacares.org	x						x	no	no	Metro	Community outreach program for the homeless, as well as a safety net for those at risk of eviction or utility shut-off.
Catholic Charities Bethesda House 4848 Cordell Avenue Bethesda, MD 20814 (301) 907-9597 http://www.catholiccharitiesdc.org/page.aspx?pid=393							x	Yes, at this time. (Dorothy Day Place)	no	Metro	Assistance to those in need. Provide shelter for homeless men and women and assist with their transition into their own housing.
Community Connections 801 Pennsylvania Avenue, SE, Ste 201 Washington, DC 20003 (202) 546-1512 www.communityconnectionsdc.org							x			Metro	Services for adults. Residential services for youth 15 -22.

Mental Health Resources and Services and Employment, Career and Literacy Readiness Programs

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Cornerstone Montgomery 6040 Southport Drive Bethesda, MD 20814 (301) 493-4200 (301) 493-4200 x234 www.cornerstonemontgomery.org	x	x	x			x	x				Non-profit providing comprehensive community and evidence based mental health and co-occurring mental health and substance use disorder treatments and interventions.
Humanim - Mental Health Services 6355 Woodside Court Columbia, MD 21046 (410) 381-7171 (V) (410) 531-6677 (mobile crisis team) www.humanim.com											
Institute for Family Centered Services, Inc. 16220 S. Frederick Ave, Ste 312 Gaithersburg, MD 20877 (301) 721-9324 http://ifcsinc.com		x					Spanish	no	Medicaid. No fees.	yes	Provide psychiatric rehabilitation services to children and adults who have a primary therapist and on medicaid. If you do not have a primary therapist, you will be referred out to one.
11 Montgomery County Department of Health: Adult Behavioral Health Program 2424 Reedy Drive, 3rd Floor Wheaton, MD (240) 777-4694 http://www.montgomerycountymd.gov/hhs-program/maps/981RollinsAve-M10.html		x					Spanish Vietnamese Language Line *mainly serves multi-cultural clients	yes	Sliding fee scale. Work with clients with no private insurance and that have medical assistance or are undocumented clients.	Metro	Provide counseling to clients who have severe and persistent mental illnesses. Most of the clients are former hospitalized or incarcerated clients or homeless.
Montgomery Station (301) 840-3266 (V) (301) 840-3263 (intake coord) http://www.fs-inc.org/services/programs/montgomery-station		x				x					Psychiatric rehabilitation program. Work with adults with serious mental illnesses. Part of Family Services Agency
Rock Creek Foundation--Affiliated Sante Group 12120 Plum Orchard Drive, Ste E Silver Spring, MD 20904 (301) 572-6585 www.thesantegroup.org		x					Spanish				Outpatient mental health treatment, rehabilitation, and crisis intervention services for children, adolescents, adults, and seniors who have severe and persistent mental illness.

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Woodley House 1408 North Capitol Street, NW Washington, DC 20002 (202) 290-1375 www.woodleyhouse.org	x	x				x	Spanish Mongolian Chinese				Provides housing for individuals with chronic and persistent mental illness. <u>Crossing Place:</u> (202) 328-4070--crisis, short-term housing <u>Valenti House:</u> (202) 328-4068--transitional housing <u>Holly House:</u> (202) 291-6696--long-term housing <u>Supported Independent Living Apartment Program</u> --people who can live without daily supervision
Substance Abuse											
(15) Addiction and Mental Health Center Montgomery General Hospital 18101 Prince Phillip Drive Olney, MD 20832 (301) 774-8800 evaluation center (301) 774-8888 24hr crisis intervention www.montgomerygenreal.com		x					x	no	They take insurance which typically pays for the services.	yes	Inpatient and outpatient treatment for psychiatric and psychiatric and addiction for those 13 years of age or older. GROUP THERAPY 5 days a week for those who have intensive needs. 3 days a week for outpatient. Women's group meets once a week.
Adventist Behavioral Health Rockville 14901 Broschart Road Rockville, MD 20850 (301) 251-4500 (V) (800) 204-8600 emergency/referral www.adventisthealthcare.com/ABH/facilities/index.aspx		x					interpreters available if needed	no	They take insurance.	Metro and bus	Services include both inpatient and outpatient care for adolescents and adults. <u>Outpatient wellness clinic</u> offers mental health counseling. <u>Outpatient intensive/substance abuse</u> offers mental health counseling. <u>Day program:</u> -10 day program for those aged 13 and up--concentrates on mental health.
Montgomery County Department of Health & Human Services: Outpatient Addiction Services 981 Rollins Avenue Rockville, MD 20852 (240) 777-1680 http://www.montgomerycountymd.gov/hhs-program/pr ogram.aspx?id=BHCS/BHCSOAMH-p253.html		x					Spanish Language Line				Delivers care to individuals with mental health and substance abuse symptoms and disability.

AGENCY	COUNSELING SERVICES OFFERED:						LANGUAGES SPOKEN (other than English)	WAITING LIST?	FEES	ACCESSIBLE TO PUBLIC TRANSPORTATION?	NOTES
	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Montgomery County Department of Health & Human Services: Screening & Assessment Services for Children & Adolescents 7300 Calhoun Place Rockville, MD 20855 (240) 777-1430 http://www3.montgomerycountymd.gov/311/(X(1)S(blxbn255zi1byx55skui1w45))/Solutions.aspx?SolutionId=1-3U9I76		x					Spanish Language Line	Waiting list--only by appt.	free	bus	Conducts a confidential screening for substance abuse for children up to age 17, who live in Montgomery County.
Substance Abuse and Mental Health Services Administration (SAMHSA) (877) 726-4727 http://store.samhsa.gov											The SAMHSA Health Information Network (SHIN) features publications on substance abuse and mental health, and an online locator tool so you can find substance abuse and mental health services in your area.
Employment Searching Tools, Employment Readiness, and Job Training Services											
10 Montgomery Works <u>Montgomery Works One-Stop Center:</u> Wheaton Plaza South Building, Ste 100 11002 Veirs Mill Road Wheaton, MD 20902 (301) 929-4350 <u>Germantown One-Stop Center:</u> 12900 Middlebrook Road Germantown, MD 20874 (240) 777-2050 www.montgomerysworks.com							Spanish	n/a	none	Metro bus	Employment and training services. Career exploration assistance. Referrals to training programs. Placement services. Resume preparation assistance. Workshops to enhance job seeking skills. Access to computers, internet and other job search resource materials.
Montgomery College Student Employment Services & eJobs <u>Rockville campus:</u> (240) 567-5057 <u>Takoma Park:</u> (240) 567-1630 <u>Germantown:</u> (240) 567-1970 http://cms.montgomerycollege.edu/edu/tertiary1.aspx?url.id=30											For students and alumni.

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Resume Writing Open Lab & Job Clubs Westfield South Office Building, Ste 306 11002 Veirs Mill Road Wheaton, MD 20902 chauncy.butcher@montgomerycollege.edu											Primarily for Montgomery College students.
People-4-People Employment Assistance of Immanuel's Church acooper@immanuels.org http://people-4-people.org/											Employment readiness workshops, job fairs, job listings
Maryland Multicultural Youth Services 1320 Fenwick Lane, Suite 600 Silver Spring, MD 20910 (301) 495-0441 x224 http://montgomery.md.networkofcare.org/mh/services/agency.aspx?pid=MarylandMulticulturalYouthCentersMMYC_680_2_0											Job counseling, placement and readiness, training on resume development and interviewing skills.
Maryland Workforce Exchange https://mwejjobs.maryland.gov/vosnet/default.aspx											Online job search services including listings.
Strive DC 715 I Street, NE Washington, DC 20002 (202) 484-1264 (202) 587-0807 www.strivedc.org											Helps unemployed DC residents get training and find jobs.
Job Quest Adventist Community Services 501 Sligo Avenue Silver Spring, MD 20910 (301) 585-6556 http://www.acsgw.org/											Job search workshops covering job search and interviewing skills.
A Wider Circle Center for Professional Development 9159 Brookville Road Silver Spring, MD 20910 (301) 608-3504 http://awidercircle.org											Job training, career center, one-on-one assistance, professional clothing.
Excell Institute 2851 V Street, NE Washington, DC 20018 (202) 387-1550 http://excellinstitute.org/index.html											Career counseling and job placement services to graduates only. Automotive technician, general maintenance, safety and pollution prevention trainings available.

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	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Maryland Adult Education & Literacy Services Program <i>Services in your community:</i> (410) 767-0162 <i>GED Info:</i> (410) 767-0538 http://www.dlfr.maryland.gov/gedmd/											Assistance through classes to adults to become literate and complete their secondary school education.
Literacy Council of Montgomery County 21 Maryland Avenue, Ste 320 Rockville, MD 20850 (301) 610-0030 http://www.literacycouncilmcmd.org/							Spanish Korean Mandarin French	no to low cost	yes		Assistance through classes to adults to become literate and complete their secondary school education.
ESOL for Healthcare, Customer Service, and building trades (240) 567-8838 www.montgomerycollege.edu/wdce/aelg									yes		English and basic skills for entry-level health care jobs.
(19) Gilchrist Center for Cultural Diversity 2424 Reedie Drive Wheaton, MD 20902 (240) 777-4940 http://www.montgomerycountymd.gov/gilchrist											Offers a variety of classes and programs at local libraries. Classes/programs include: ESOL, basic computer, job search, citizen preparation, Spanish conversation, legal clinic.
Adult ESOL and Literacy GED Classes/Programs http://www2.montgomerycollege.edu/departments/wdce/aelg/locations/locations.htm Held at the following locations: Bethesda: Richard Montgomery High School, Rockville Eastern Montgomery: East County Regional Center, Silver Spring James Hubert Blake High School, Silver Spring Mid-County: A. Mario Loiderman Middle School, Silver Spring Gilchrist Cultural Center, Wheaton John F. Kennedy High School, Silver Spring											Offers a variety of classes and programs at local libraries. Classes/programs include: ESOL, basic computer, job search, citizen preparation, Spanish conversation, legal clinic.

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	CAREER	MENTAL HEALTH	RELATIONSHIP	DOMESTIC & SEXUAL VIOLENCE	FAITH BASED	HOUSING ASSISTANCE					
Adult ESOL and Literacy GED Classes/Programs http://www2.montgomerycollege.edu/departments/wdce/aeg/locations/locations.htm Held at the following locations: Rockville: Montgomery College, Rockville Campus Silver Spring: Montgomery Blair High School, Silver Spring Takoma Park Middle School, Silver Spring Upcounty: Bohrer Parent Center at Gaithersburg Elementary School, Gaithersburg Gaithersburg High School, Gaithersburg Gaithersburg Library, Gaithersburg Gaithersburg Middle School, Gaithersburg Gaithersburg Business Training Center (GBTC), Gaithersburg Gaithersburg Judy Center at Summit Hall Elementary School, Gaithersburg Montgomery College, Germantown Campus Montgomery Village Middle School, Gaithersburg Northwest High School, Germantown Quince Orchard High School, Gaithersburg Seneca Valley High School, Germantown											
Employment & Other Job Readiness Services for Refugees, Asylees, & Low Income Immigrants											
CASA de Maryland Silver Spring: (301) 431-4185 Wheaton: (301) 933-4461 Baltimore: (410) 732-2694 Shady Grove: (301) 926-0810 Prince George's: (888) 669-7422 http://wearecasa.org/							Spanish				Expand opportunities for Latino and immigrant people in the state of Maryland.
Lutheran Social Services NCA 8719 Colesville Road, 3rd Floor Silver Spring, MD 20910 (301) 562-8633 http://lssnca.org											Employment assistance and training for refugees and asylees only.
Certification Programs / Career Training											
Health Science Institute 7977 Georgia Avenue Silver Spring, MD 20910 (240) 567-5188 http://cms.montgomerycollege.edu/wdce/his/healthsciencesinstitute.html										yes	Certified Nursing Assistant training and entry-level health career training.

