

MEMORANDUM

October 27, 2016

TO: Health and Human Services Committee

FROM: Linda McMillan, Senior Legislative Analyst 

SUBJECT: **Nexus Montgomery**

Presenters:

Annice Cody, President, Holy Cross Health Network

Patrick Garrett, MD, Sr. Vice President, Physician Strategy, President Adventist Medical Group

Leslie Graham, President and CEO, Primary Care Coalition

Background (provided):

The Nexus Montgomery Regional Partnership (Nexus Montgomery) is a collaborative effort among the six hospitals operating in Montgomery County and a number of community based organizations that aims to improve the health status of those most at risk of avoidable hospital use.

The target population includes Medicare seniors, the medically frail, those with severe mental illness, and those without eligibility for health insurance. These individuals can benefit from health improvement initiatives that take a coordinated approach to building community capacity to address their needs and reduce health risks. Nexus Montgomery programs aim to reduce unnecessary hospital use by connecting people to services in the community that can help keep them healthy.

The largest program, Wellness and Independence for Seniors at Home (WISH), will stabilize the health of older adults at risk of a health crisis requiring hospitalization. Other undertakings include efforts to improve transitions from hospital-to-home to prevent avoidable readmissions; connect uninsured people to specialty care follow-ups after being discharged from a hospital to reduce likelihood of re-hospitalization; and, invest in community-based resources for people with severe mental illness.

Nexus Montgomery will serve people who live in Maryland and are served by the six Montgomery County hospitals, an area which comprises most of Montgomery County and parts of Prince George's County.

The members of the Nexus Montgomery Regional Partnership are Adventist HealthCare Shady Grove Medical Center, Holy Cross Hospital, Holy Cross Germantown Hospital, MedStar Montgomery Medical Center, Suburban Hospital and Washington Adventist Hospital. In partnership with the hospitals, local nonprofit organizations will implement most of the community-based programs. These non-profits include The Coordinating Center, Cornerstone Montgomery, and the Primary Care Coalition (PCC), which is also the management entity for the Nexus Montgomery.