



MONTGOMERY COUNTY FIRE AND RESCUE SERVICE
MONTGOMERY COUNTY, MD.

INFORMATION BULLETIN

NUMBER: 07-21

November 8, 2007

SUBJECT: YMCA Bethesda-Chevy Chase, the 25th Annual Turkey Chase Run

The 25th annual Turkey Chase 10K run will be held Thursday, November 22nd, 2007, starting at 0830 hours. The run starts on Old Georgetown Road, just south of Beech Avenue, in-front of the B-CC YMCA. This race is always well-attended, and is a great way to celebrate Thanksgiving and work up a hearty appetite.

As we continue to embrace our Wellness-Fitness Initiative and expand our Peer Fitness Training program, I challenge all members of the Service to participate in this event and other fitness activities. You can prepare for and participate in this run/jog event, forming teams by shifts, stations, LFRDs, recruit classes, and specialty teams. This is about staying fit, having fun, and being seen by the public. We intend to have MCFRS members start together for visual impact, but everyone will finish at their own pace. We'll provide a special MCFRS long-sleeved tee shirt before the start of the race to each member who participates, in addition to the short sleeve "retro" collector's t-shirt provided by the race sponsors.

Please register on-line through the link on the Bethesda-Chevy Chase YMCA's web page at www.turkeychase.com/. Additional information regarding registration and race packet pick-up information is located on that site. We recommend early registration to assure the lowest possible race price. **After registering online for the race, all MCFRS members should email FF William Porter, 10-C, and indicate your t-shirt size, your current station assignment, and inform him whether you will need a detail for the race.** *Every effort will be made to enable personnel who are scheduled to work to participate in the race.*

**Challenge: The Turkey Chase 10K Run
Thursday, November 22, 2007**

Issued by: Chief Bowers