

# Life Span Development

- When you place your finger in an infant's palm, she grasps it with her fingers. This is an example of which reflex?**
  - Sucking reflex
  - Palmar reflex
  - Rooting reflex
  - Moro reflex
- At which of the following stages is toilet-training most likely to begin?**
  - Preschool age
  - Infant
  - Toddler
  - School age
- Which of the following stages is commonly referred to as "the twilight years"?**
  - Middle adulthood
  - Late adulthood
  - Adolescence
  - Early adulthood
- Which of the following is NOT a common psychosocial challenge of late adulthood?**
  - Self-destructive behaviors
  - Concern about death and dying
  - Financial burdens
  - Issues of self-worth
- Which of the following is the feeling infants get when they know all their needs will be met?**
  - Scaffolding
  - Bonding
  - Trust
  - Moro reflex
- Which of the following is the term used to describe an infant's reaction to his environment?**
  - Attitude
  - Bonding
  - Personality
  - Temperament
- You are assessing a 6-month-old female patient who, according to the parents, is not acting normally. At this stage of development, the patient should be able to do which of the following?**
  - Sit alone on the floor
  - Sit upright in a high chair
  - Pull herself up to a standing position
  - Respond with the word "no"
- Which of the following would be a normal set of vitals for a 2-year-old male patient?**
  - Heart rate 140/minute, respiratory rate 30/minute, and systolic blood pressure of 60 mmHg
  - Heart rate 100/minute, respiratory rate 34/minute, and systolic blood pressure of 100 mmHg
  - Heart rate 60/minute, respiratory rate 24/minute, and systolic blood pressure of 90 mmHg
  - Heart rate 110/minute, respiratory rate 24/minute, and systolic blood pressure of 80 mmHg
- You are assessing a female patient with depression. She tells you that her psychologist said that she is dealing with "empty-nest syndrome." What age group is this associated with?**
  - Middle adulthood
  - Middle-aged adulthood
  - Late adulthood
  - Early adulthood

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10. **In which age group do you anticipate seeing patients who have less efficient cardiovascular systems and a reduction of blood volume?**
  - a. Geriatric patient
  - b. Late adulthood
  - c. Early adulthood
  - d. Middle adulthood
  
11. **Patients in late adulthood are likely to face which of the following challenges?**
  - a. Self-worth
  - b. Hygiene
  - c. sleeping
  - d. All of the above
  
12. **Patients in which age group tend to be very concerned with body image?**
  - a. School age
  - b. Adolescence
  - c. Middle adulthood
  - d. Early adulthood
  
13. **While caring for a trauma patient who is in late adulthood, you must be concerned with which of the following?**
  - a. Decreased ability to perceive pain
  - b. Physical traits that make it difficult to spinally restrict
  - c. Medications that may hide symptoms
  - d. All of the above
  
14. **In this stage of development, there are several physiological and psychosocial changes, second only to infancy or adolescence.**
  - a. Late adulthood
  - b. Middle adulthood
  - c. Toddler
  - d. Preschool age
  
15. **Middle adulthood is the stage of life from \_\_\_ to \_\_\_ years.**
  - a. 35; 55
  - b. 35; 65
  - c. 41; 60
  - d. 31; 60
  
16. **Infancy is defined as the stage of life from birth to:**
  - a. 9 months.
  - b. 18 months.
  - c. 15 months.
  - d. 12 months.
  
17. **You are assessing a 12-year-old male patient who has been involved in a bicycle accident. This patient would be classified as being in which stage of life?**
  - a. Middle school age
  - b. School age
  - c. Adolescent
  - d. Junior school age
  
18. **The transition from childhood to adulthood is known as which of the following?**
  - a. Transitional
  - b. Young adult
  - c. Adolescent
  - d. Early adulthood

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19. **When you startle a 4-month-old, he throws his arms out, spreads his fingers, then grabs with his fingers and arms. The reaction is known as the:**
- a. rooting reflex.
  - b. startle reflex.
  - c. Moro reflex.
  - d. scaffolding reflex.

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**Test Name:** Life Span Development

1. b. Palmar reflex
2. c. Toddler
3. b. Late adulthood
4. a. Self-destructive behaviors
5. b. Bonding
6. d. Temperament
7. b. Sit upright in a high chair
8. d. Heart rate 110/minute, respiratory rate 24/minute, and systolic blood pressure of 80 mmHg
9. a. Middle adulthood
10. b. Late adulthood
11. a. Self-worth
12. b. Adolescence
13. d. All of the above
14. a. Late adulthood
15. c. 41; 60
16. d. 12 months.
17. b. School age
18. c. Adolescent
19. c. Moro reflex.