

2014 CPR BLS Skills
Adult/Child Cardiac Arrest - Witnessed/Unwitnessed

| | | | | | |
|--------------|--|----|--|--------------|--|
| NAME | | A1 | | DATE: | |
| NAME: | | A2 | | | |

| | Successful | By Whom |
|---|------------|---------|
| PPE (All Providers) | | |
| 1st Provider Arriving at Patient Side | | |
| Scene Safety | | |
| Establish Unresponsiveness | | |
| Simultaneously Checks for Pulse & Breathing 5-10 sec.max | | |
| If NO PULSE: Immediately begin chest | | |
| send partner for AED if not carried in. | | |
| rate of @ 100-120 per minute | | |
| proper hand placement | | |
| compress 2" | | |
| smooth downward and full release on upstroke | | |
| 2nd Provider Arriving at Patient Side | | |
| AED is retrieved and/or applied | | |
| Place AED at ear of pt across from compressor | | |
| Expose Chest | | |
| Turns on AED | | |
| Places AED Pads correctly on patient without interrupting compressor | | |
| when prompted by AED: clear patient to analyze | | |
| Switch roles, rotate to be compressor | | |
| note: if there was no delay using the AED, then no need to switch until the 2nd use of the AED. | | |
| If AED charges | | |
| resume compressions until AED finishes charging | | |
| Clear all from contact with patient | | |
| Press "Shock" | | |
| after defibrillation begin chest compressions immediately | | |
| if AED states "No Shock Advised" | | |
| assess patient for signs of life <10 seconds | | |
| if none- begin compressions | | |
| if "YES" - treat accordingly | | |
| Continue the above cycle and rotation until additional personnel arrive on scene. Ventilations are administered slowly every 10th compression. | | |

All steps are considered to be Significant Actions

2-Rescuer CPR Initiated

| | | |
|-------|--|-------------|
| NAME: | | E/T/RS 1 |
| NAME: | | E/T/RS 2 |
| NAME: | | E/T/RS 3 |
| NAME: | | E4 Optional |

| | Successful | By Whom |
|--|------------|---------|
| Compressor: | | |
| Compressor's depth and rate continues | | |
| Compressor now counts aloud performing a 10:1 comp/vent ratio | | |
| Compressor: no pause for ventilation | | |
| Ventilator: | | |
| open airway with CE technique | | |
| Ventilates every 10th. Compression on the upstroke | | |
| Ventilate to make chest movement, @ 1.5 seconds per ventilation | | |
| Measures & Inserts OPA after 2nd successful ventilation | | |
| When Additional Personnel Arrive: | | |
| Rotation of Personnel: Compressor to Rest, Ventilator to Compressor, Rest to Ventilator | | |
| ALS Provider(s) Arrive: | | |
| Set up LP12/15 at foot of patient, so not to interfere with CPR | | |
| Responsible for patient care, not for F/R personnel usage (see IC) | | |
| Incident Commander (IC): | | |
| Monitors compressor and ventilators rates and deliveries | | |
| Monitors and reduces all delays and pauses | | |
| Monitors time and when the AED or ALS is analyzing rotates fresh personnel into compressor role (@ every 2 minutes) | | |
| When appropriate assigns & coordinates the movement of the patient to the transport unit. | | |
| Assigns a family liaison as needed | | |
| After a 2nd. "NO SHOCK ADVISED" message or patient displays "signs of life," perform a pulse check <10 seconds, then treat appropriately | | |
| All steps are considered to be Significant Actions | | |

BLS FLOW - "Pit Crew" approach

