

Instructor Candidate

<div style="display: flex; justify-content: space-between; width: 100%;"> last name first name </div>

Adult/Child 1-Rescuer CPR Skills Test

Skill Step	Critical Performance Steps	<input type="checkbox"/> if done correctly
1	Checks for response	
2	Activates emergency response system/calls for AED	
3	Opens airway using head tilt-chin lift	
4	Checks breathing <i>Minimum 5 seconds; maximum 10 seconds</i>	
5	Gives 2 breaths (1 second each)	
6	Checks carotid pulse <i>Minimum 5 seconds; maximum 10 seconds</i>	
7	Locates CPR hand position	
8	Delivers first cycle of compressions at correct rate <i>Acceptable <23 seconds for 30 compressions</i>	
9	Gives 2 breaths (1 second each)	
10	Delivers second cycle of compressions at correct hand position <i>Acceptable >23 compressions</i>	
11	Gives 2 breaths (1 second each)	
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If not a feedback manikin, STOP THE TEST.</i>		
12	Delivers third cycle of compressions of adequate depth with full chest recoil. <i>Acceptable >23 compressions</i>	

STOP THE TEST	
circle one below	
PASS	FAIL

Instructor's aignature affirms that skills tests were done according to AHA guidelines.	
TC-Faculty Signature:	
Printed Name:	
Date:	

Instructor Candidate

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Adult 2-Rescuer CPR + AED Skills Test		
Skill Step	Critical Performance Steps	<input type="checkbox"/> if done correctly
<i>Rescuer arrives with AED while CPR is in progress.</i>		
1	Turns AED on	
2	Selects proper AED pads and places pads correctly	
3	Clears victim to analyze <i>(must be visible and verbal check)</i>	
4	Checks victim to shock/presses shock button <i>(must be visible and verbal check)</i> <i>Maximum time from AED arrival <90 seconds</i>	
5	Resumes chest compressions after 1 shock	
<i>Student being tested continues chest compressions; other student does breathing with bag mask.</i> <u>Test only student doing chest compressions.</u>		
6	Delivers cycle of compressions at correct rate <i>Acceptable <23 seconds for 30 compressions</i>	
7	Pause to allow other rescuer to give 2 breaths	
8	Delivers cycle of compressions using correct hand position	
9	Pauses to allow other rescuer to give 2 breaths	
<i>Switches places with little interruption. Student being tested takes over breathing using bag mask.</i> <i>Students perform 2 more cycles of CPR.</i> <u>Test only student giving breaths</u>		
10	Gives 2 breaths during pauses in compressions using bag mask <i>(2 cycles)</i>	

STOP THE TEST	
circle one below	
PASS	FAIL

Instructor's signature affirms that skills tests were done according to AHA guidelines.	
TC-Faculty Signature:	_____
Printed Name:	_____
Date:	_____

Instructor Candidate

last name	first name

Infant 1 and 2-Rescuer CPR Skills Test

Skill Step	Critical Performance Steps	<input type="checkbox"/> if done correctly
1	Checks for response	
2	Activates emergency response system	
3	Opens airway using head tilt-chin lift	
4	Checks breathing <i>Minimum 5 seconds, maximum 10 seconds</i>	
5	Gives 2 breaths (1 sec. each) with visible chest rise	
6	Checks brachial pulse	
7	Locates CPR finger position	
8	Delivers first cycle of compressions at correct rate. <i>Acceptable <23 seconds for 30 compressions</i>	
9	Gives 2 breaths (1 sec. each) with visible chest rise	
10	1 st rescuer delivers cycle of compressions at correct finger position <i>Acceptable >11 of 15 compressions</i>	
11	1 st rescuer pauses to allow 2 nd rescuer to give 2 breaths	
12	1 st rescuer delivers cycle of compressions <i>Measure depth only if using instrumented manikin; otherwise observe that compressions are given.</i>	
13	1 st rescuer pauses to allow 2nd rescuer to give 2 breaths	
<p><i>Rescuers switch places with little interruption. 1st rescuer takes over breathing using bag mask. Students perform 2 more cycles of CPR. Test only 1st rescuer.</i></p>		
14	1 st rescuer gives 2 breaths during pauses in compressions using bag mask (2 cycles)	

STOP THE TEST

circle one below

PASS	FAIL
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Instructor's aignature affirms that skills tests were done according to AHA guidelines.

TC-Faculty

Signature: _____

Printed Name: _____

Date: _____