

**MONTGOMERY COUNTY RECREATION
OPEN GYM SCHEDULE**

Center: Potomac

Activity	Audience	Day of the week	Times	Month
Badminton	Family	Wed	6:00-10:00 p.m	
Badminton	Family	Sat	2:00-5:00 p.m.	
Table Tennis	Family	Sat	9:30-1:30 p.m.	
General Open Gym (Not Sport Specific)	Family	Sun	11:00-4:45 p.m.	
General Open Gym (Not Sport Specific)	Youth	Mon - Wed	3:00-6:00 p.m.	
General Open Gym (Not Sport Specific)	Adult 18+	Mon	6:00-9:00 p.m.	
General Open Gym (Not Sport Specific)	Adult 18+	Tue & Wed	8:00-9:00 p.m.	
General Open Gym (Not Sport Specific)	Family	Thu	2:00-4:00 p.m.	
General Open Gym (Not Sport Specific)	Family	Fri	12:00-4:45 p.m.	