

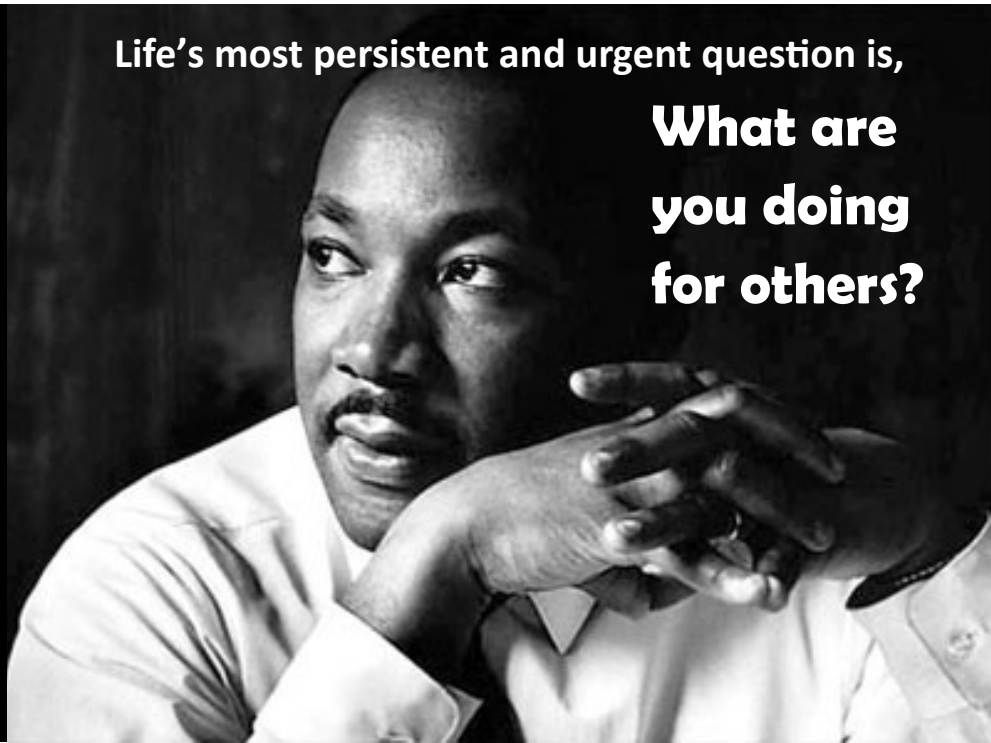
Montgomery County VOLUNTEER CENTER



**Martin Luther King, Jr.
Day of Service
& Volunteer Fair
January 16, 2017**

Life's most persistent and urgent question is,

**What are
you doing
for others?**



MAKE A DIFFERENCE IN THE COMMUNITY YOU LIVE IN

**Fund for
Montgomery** 

A fund of The Community Foundation in Montgomery County



An Exelon Company



Alpha Kappa Alpha Sorority ★ Bank of America ★ BioHealth Innovations ★ Carl M. Freeman Foundation
Choice Hotels International ★ Comcast ★ Community Foundation in Montgomery County ★ County Executive Ike Leggett
Electric Entertainment ★ Gentle Giant Moving Company ★ Gloria Estrada Photography ★ Holiday Inn Express & Suites
Jewish Community Relations Council ★ Jewish Federation of Greater Washington ★ Lerch, Early & Brewer ★ Marriott
Marleen Van den Neste Photography ★ Montgomery County (MD) Alumnae Chapter, Delta Sigma Theta Sorority
Montgomery County Muslim Foundation ★ Pepco ★ Phi Beta Sigma Fraternity ★ Riderwood ★ Seneca Creek Community Church
Southern Management Corporation ★ The Sanford and Doris Slavin Foundation ★ United Therapeutic Corporation
Universities at Shady Grove (USG) ★ Verizon ★ Washington Gas ★ Washington Suburban Sanitary Commission (WSSC)

For volunteer opportunities year-round visit our website at www.montgomeryserves.org or (240) 777-2600.

WELCOME

If you have any questions, please see one of our volunteers in a neon yellow shirt or gray golf shirt.

Enclosed you will find a listing of programs, service projects, and agencies to check out throughout the day!

If you are looking for more volunteer opportunities, search our online database. We are happy to help you search for a perfect match!

Visit: www.montgomeryserves.org or call: 240-777-2600

iDREAM iPLEDGE PAVILION Hosted By KID MUSEUM (Located at Salon C)

" I have a dream that one day this nation will rise up and live out the true meaning of its creed: We hold these truths to be self-evident: that all men are created equal."

— Dr. Martin Luther King, Jr.

Crocs and Frogs

Participate in a group activity by playing a game in which you are a frog competing for a gradually decreasing number of paper lily pads. This game helps you think out of the box when felt threatened by coming up with defensive strategies, as well as how to work together.

Houses Exercise

Participate in a group activity where you get a partner and are asked to draw a dream house within 3/4 minutes. Afterwards the groups are able to discuss challenges that came up, strategies used, pros and cons of different types of communication used. This exercise illustrates the importance of nonverbal communication as much as the verbal communication.

TAPESToRY Audio Podcast

Through its TAPESToRY (tapestry of stories – www.symbilution.org) initiative the Śramani Institute (www.sramani.org) is honoring the service and leadership legacy of Martin Luther King, Jr. by: 1) collecting 100 audio stories from Montgomery County volunteers of diverse ages and backgrounds to create a podcast on Martin Luther King, Jr. serving as a role model for the volunteers in bridging barriers to overcome intolerance, bigotry, and hate; 2) creating a physical tapestry art project (with fair trade materials) at the volunteer fair to donate to a local community center or religious institution that experiences a hate crime; and 3) empowering Montgomery County residents from different communities to participate in TAPESToRY story-telling to gain support from, learn about, and appreciate diversity and 'the other'.

iPLEDGE Buttons and Photos

Make iPLEDGE buttons and take a photo with some MLK inspirational props and share them on facebook. Share what you did on MLK Day of Service like the projects you worked on and the organizations you've met. Use the hashtag #MLKMontCo. We will be sharing the postings.

Like us on Facebook by searching @MontgomeryCountyVolunteerCenter and Twitter @MontCoVolunteer

A special THANK YOU to Conflict Resolution Center of Montgomery County, Kid Museum, and Sramani Institute for hosting these activities in our iPLEDGE pavilion.



SERVICE PROJECTS

MAKE PARACORD BRACELETS FOR OPERATION GRATITUDE — Sponsored by Bank of America, N.A.

Operation Gratitude annually sends 150,000+ care packages filled with letters, snacks and hand-made items (including paracord bracelets) to Veterans, First Responders, Wounded Warriors, and U.S. Service Members deployed overseas. Their mission is to lift the spirits of our Active Duty and Veteran communities. The bracelets you make can actually save a life! They have been used to hold an IV bag over a wounded soldier or make a splint for a broken arm. While they can be used for emergencies, it's not just about how they're used. Most commanders will allow their troops to wear the bracelets even when in uniform, and that's a rare exception to the uniform policy. Troops tell us that every time they look at that bracelet, they have a feeling of home.

www.operationgratitude.org.

WRITE A LETTER OR DRAW A PICTURE TO TELL OUR TROOPS WE CARE!

Operation Gratitude needs your letters and drawings for the care packages sent to deployed Troops and Wounded Warriors. Of all the items in these packages, the most cherished are the personal letters of appreciation. www.operationgratitude.com.

ESSENTIAL CARE KIT PROJECT by Brothers of Phi Beta Sigma

Help those in need by assembling kits filled with items such as soap, shampoo, and toothpaste. These kits will be distributed to area homeless by the Brothers of Phi Beta Sigma. Phi Beta Sigma Fraternity was founded at Howard University in Washington, D.C., on January 9, 1914, the Fraternity motto is "Culture For Service and Service For Humanity." www.pbstrisigma1914.org.

VALENTINE'S DAY CARDS FOR SENIORS for the Holiday Project

Let your imagination run free by making Valentine's Day cards for seniors. The Holiday Project of the National Capital Area will deliver the cards to seniors in nursing homes and hospitals. The mission of the Holiday Project is to provide holiday cheer to seniors through conversation and companionship. www.holidayproject.org or 703-370-0370.

WE "HEART" SENIORS! VALENTINE FLOWERS Holiday Project

Design an inspirational flower that reminds someone special that they are loved and appreciated all year round. The mission of the Holiday Project is to provide holiday cheer to seniors through conversation and companionship. www.holidayproject.org or 703-370-0370.

NO-SEW FLEECE BLANKET AND SCARVES PROJECT for Montgomery Hospice

Volunteers will create no-sew fleece blankets and scarves for patients and family members of Montgomery Hospice. Montgomery Hospice gentles the journey through serious illness and loss with skill and compassion. They provide compassionate care that addresses the unique physical, emotional and spiritual needs of people with life-limiting illness, their loved ones and the bereaved.

www.montgomeryhospice.org or 301-921-4400.

BREAST CANCER AWARENESS RIBBONS with For 3 Sisters

Make pink breast cancer awareness ribbons to help inspire survivors and fighters of breast cancer. Ribbons will be distributed by For 3 Sisters, an organization that addresses the needs of breast cancer warriors, survivors and their families that are unmet by other organizations - such as resource needs and emotional support and encouragement. www.for3sisters.com.

PEN FLOWERS AND CARDS FOR THE BRAVE: Children at NIH and Soldiers at Walter Reed

Create pen flowers for The Children's Inn and design thoughtful cards for the wounded soldiers at Walter Reed National Military Medical Center. Sponsored by KindWorks (formerly Mover Moms), a non-profit agency that promotes family-friendly volunteerism. www.kind-works.org or 301-792-3708.

RUBBER BAND BALLS for the Children's Inn at NIH

Create colorful rubber band balls for children who are staying at NIH Children's Inn that will be distributed through their Thoughtful Treasures program. Each day, children at the Inn receive a special "treasure" in their mailbox to brighten their lives! Sponsored by the Montgomery County Muslim Foundation, dedicated to encouraging and promoting the resident Muslim community's involvement and interests in the county by providing meaningful interaction between the resident Muslim community and the larger Montgomery County community. www.mcmfusa.org or 301-760-7447. The Children's Inn at the National Institutes of Health is a residential "place like home" for sick children and their families. www.childrensinn.org or 301-496-5672.

CREATE CERTIFICATE HOLDERS for Volunteer Appreciation Event

Decorate certificate holders with inspirational quotes about the value of volunteers that will be given to Community Ministries of Rockville (CMR) volunteers at their Volunteer Appreciation event. CMR seeks to improve the quality of life for the most vulnerable of Montgomery County residents. They have 6 programs: Kaseman Health Clinic, Rockville Emergency Assistance Program (REAP), Jefferson House, Language Outreach Program (LOP), Elderly Ministries, and Holiday Giving. www.cmrocks.org or 301-637-0730.

MAKE PET TOYS for the Montgomery County Animal Services and Adoption Center

Help the Southern Management Corporation make guest dogs at the Animal Shelter more comfortable by creating chew and pull toys by braiding fabric. Montgomery County Animal Services and Adoption Center serve and protect all animals and citizens in our community with dedication and compassion. The organization strengthens the human-animal bond through education, humane law enforcement, and by promoting responsible guardianship. www.montgomerycountymd.gov/animalservices/.

ASSEMBLE CARE PACKAGES with LETTERS for Interfaith Works Homeless Shelters

Make care packages in a shoe box for low-income county residents who are served by Interfaith Works' homeless shelters and empowerment programs. Kits will include toiletry, snacks, and other donated items along with your hand-written inspirational letter of hope. Interfaith Works meets the needs of the poor and homeless in Montgomery County, Maryland. Their programs shelter, clothe and feed our neighbors in need and provide supportive services with the goal of helping them achieve self-sufficiency.

CROCHET SQUARES for Blankets to be given to People in Need

Volunteers will crochet squares that will be put together for blankets to be given to individuals and families in need through Warm Up America. Warm Up America distributes warm afghans, caps and other items to tens of thousands of people. www.warmupamerica.org.

PAINT A MINI TREASURE BOX for Children's Inn at NIH

Paint a mini treasure box that patients can use to store their special items like photos, jewelry or keepsakes. Young Women of Society, Inc is a non-profit designed to empower young females to understand their self-values, perform as role models and engage in their community. www.ywofsociety.org or 301-404-6900

MINIATURE #1 FOAM FINGERS for Children's Inn at NIH

Decorate miniature #1 foam fingers with inspirational messages for patients at the Children's Inn at NIH. The project is sponsored by Bethesda Big Train, a collegiate summer baseball team based in Bethesda, Maryland. www.bigtrain.org or 301-365-1076 .

CUT SHOE PATTERNS FOR SOLE HOPE

Help Jack and Jill of Potomac Valley turn old jeans to new shoes for Sole Hope. Jack and Jill creates a medium of contact for children which will stimulate growth and development and provide children constructive educational, cultural, civic, health, recreational and social programs. www.jackandjillpotomacvalley.org. Sole Hope effectively puts in place preventive methods to combat diseases that enter through the feet and creates a positive physical and spiritual difference in the lives of individuals in impoverished communities. www.solehope.org

BUNDLE SOCKS FOR VETERANS

Roll and bundle 300 pairs of socks for veterans living at the Washington DC VA Hospital and Fisher House. People Helping People Foundation (PHP) is a service for veterans and seniors that provides education and awareness by helping them plan and finalize their wills and estates. These services are offered to help ease burdens for military personnel and their families. This program is run and operated by three retired female veterans. www.peoplehelpingpeople.vpweb.com or 571-334-0739.

MAKE BEADED BRACELETS for Veterans

Make beaded bracelets for Veterans to honor our warriors. Also hosted by People Helping People Foundation (PHP) .

CROCHET SQUARES TO ADD TO BLANKETS GIVEN TO VETERANS

Crochet patriotic (red, white and blue) 10x10 squares that we will join to make a blanket! 67 Blankets for Nelson Mandela is a worldwide initiative to knit/crochet blankets for the less fortunate. Participants are invited to either make a blanket or contribute squares to join into blankets. www.67blankets.co.za.

MAKE BOTTLE CAP BUGS FOR CHILDREN'S INN at NIH

Make "Bottle Cap Bugs" that will be provided to children and families at the Children's Inn at NIH. The Division of Solid Waste Services encourages everyone to reduce waste, reuse materials, buy recycled products and recycle more now to ensure that we have cleaner land, air and water. www.montgomerycountymd.gov/sws/.

CREATE PATRIOTIC KEYCHAINS FOR LOCAL VETERANS

Create a keychain to constantly remind our veterans that we appreciate their service and sacrifice. The keychains will go to the Washington DC VA Medical Hospital. www.washingtondc.va.gov .

MAKE “BE HAPPY DON’T WORRY” DOLLS FOR JOHNS HOPKINS CHILDREN’S CENTER

Everyone needs a friend to tell their troubles to and to make them smile. Help The NETWORK create “Be Happy Don’t Worry” Doll for the children that visit and/or stay at Johns Hopkins Children’s Center.

CREATE LUPUS AWARENESS PINS FOR UPCOMING CHARITY RUN with Zeta Phi Beta Sorority

Make lupus pins to show support for the Lupus Foundation. The Lupus Foundation of America is the only national force devoted to solving the mystery of lupus, one of the world’s cruelest, most unpredictable, and devastating diseases, while giving caring support to those who suffer from its brutal impact. www.lupus.org/DMV. Sponsored by Zeta Phi Beta Sorority, Delta Zeta Zeta www.zetaspgcounty.org.

PERSONAL CARE KITS for area homeless with the Tri-Sigma Chapter of Phi Beta Sigma, Inc

Help those in need by assembling kits filled with items such as soap, shampoo, and toothpaste. These kits will be distributed to area homeless by the Brothers of Phi Beta Sigma. Phi Beta Sigma Fraternity was founded at Howard University in Washington, D.C., on January 9, 1914, the Fraternity motto is “Culture For Service and Service For Humanity.”

DECORATE TOOTSIE POPS for Area Foster Youth

Help ease area foster children’s transition by decorating tootsie pops, which will be added to their overnight travel bags. This project supports The Montgomery County DHHS: Child Welfare Services. Find out more about being a foster parent at www.montgomerycountymd.gov/fosterparent.

CREATE MINI BOO BOO BUNNIES for Children at the Germantown Health Center

A little love helps makes boo boos feel better. Help make boo boo bunnies which will be given to children at the Germantown health Center, for minor cuts or bruises to help soften their tears. Sponsored by the Germantown Health Center.

ANTI-BULLY BRACELETS for Montgomery County High School Students

Show your support to help end bullying of all types. Create bracelets to be worn by anyone who has been effected by bullying, or believes bullying is wrong as a sign of solidarity support. This project is sponsored by Zeta Phi Beta Sorority, Inc., Eta Pi Zeta Chapter Youth Group.

DECORATE BOOOK PLATES for REAL Program Children Participants

Help color and decorate book plates that will be given to children at 3 REAL program Montgomery County DHHS locations. This project is sponsored by JCA Interages Center. The REAL Program connects volunteers with children and their parents through literacy and health activities in Department of Health and Human Services waiting rooms. www.accessjca.org/programs/interages/.

PATRIOTIC MINI NOTES for Hand Knitted Hats for Operation Gratitude

Support our veterans by creating mini notes to be attached to hand knitted hats. The notes and hats will be given to Operation Gratitude, which annually sends 200,000+ care packages to veterans. Sponsored by Southern Management Corporation. www.operationgratitude.com.

CREATE & DECORATE Art Therapy Bags for YMCA Youth Services & Avery House

Create and decorate art therapy bags, containing art supplies, which will be distributed to youth at the YMCA Youth Services division & the Avery House. Sponsored by Montgomery County Commission on Children & Youth. yfs.ymcadc.org (301) 587-5700

HEARTS WITH INSPIRATIONAL and SCARVES for Homeless, Hospice & Nursing Home Residents

Create inspirational heart shaped quotes packaged with peppermints. Or assist with scarf making in support of area homeless, hospice or nursing homes. Sponsored by Heart of Tabitha Foundation.

TIC TAC TOE AND MEMORY GAME for Youth Services Programs

Create mini tic tac toe and memory games in travel pouches for Children Services and Youth Groups. This travel pouch game is a great social and concentration game for young kids.’

GET WELL SOON TISSUE BOX DECORATING for Charles E Smith Life Communities

Create crafty get well soon notes for to attached to tissue boxes for the residences and patients. The Charles E Life Communities is a system of care—including all residences and on-site and out-patient medical services. www.hebrew-home.org or (301) 881-0300.

CREATE EASY PEASY MONSTER CORNER BOOKMARKS for Youth Service Programs

Create monster corner bookmarks made out of construction paper and hand made shapes. These will be given to youth services and educational programs.

ORIGAMI FLOWERS for Cancer Center Patients at Shady Grove Hospital

Create flowers made out of origami crafted flower petals and pipe cleaner, to be given to cancer patients. Cancer patients are not encouraged to house fresh flowers and plants, due to the possible risk of infection to their body's immune system. This project will support the Cancer Center at Shady Grove Hospital.

HUNGER FREE ZONE

Assemble Trail Mix for Shelters & Food Pantries

Help assemble trail mix packages in support of local area housing shelters and food pantries.

Manna Food Packaging Project

Package food boxes to be part of the perishable & non-perishable food distributed to approximately 3700 families in Montgomery County each month. www.mannafood.org
301-424-1130

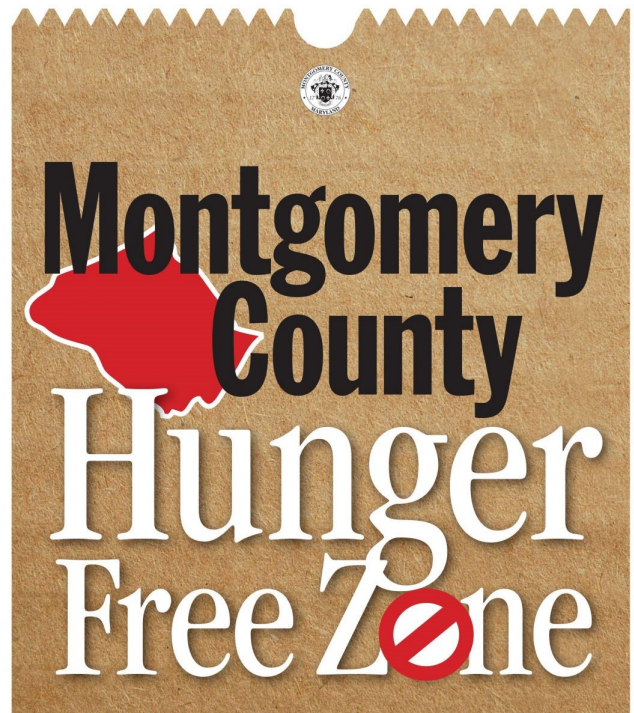
"SNOW DAY BOXES" for Meals on Wheels — Co-sponsored by Montgomery County Senior Nutrition Program and Riderwood Village

Pack food boxes for clients to have on snow days when food delivery is not available. Meals on Wheels is a volunteer-based program - volunteers deliver food every weekday to homebound seniors and adults with disabilities. For volunteer information, contact your local program:

Bethesda Chevy Chase (301-654-4610) ; Germantown (301-706-0262); Central Maryland (1-877-730-9476); Jewish Social Service Agency (301-881-3700); Colesville (301-384-7440); Rockville (301-340-1559); Damascus (301-414-5447); Takoma Park (301-434-1922); Gaithersburg (301-216-4200); Wheaton (301-942-1111)

HAVE CHEER DELIVERED with Meals on Wheels

Decorate paper lunch bags that are used for lunch delivery to clients in the Meals on Wheels program. Meals on Wheels is a volunteer-based program - volunteers deliver food every weekday to homebound seniors and adults with disabilities. Clients love getting brightly deco-



VOLUNTEER FAIR

67 Blankets for Mandela

Nelson Mandela devoted 67 years of his life to public service and human rights. 67 Blankets for Nelson Mandela is a worldwide initiative to knit/crochet blankets for the less fortunate. Participants are invited to either make a blanket or contribute squares for us to join into blankets. www.67blankets.co.za

The Bethesda-Chevy Composite Squadron

The Bethesda-Chevy Composite Squadron is the local unit of the Civil Air Patrol, a volunteer organization and official auxiliary of the United States Air Force that is charged with the successful implementation of three congressionally mandated missions: Aerospace Education, Cadet Programs, and Emergency Services. www.bcc-cap.org.

Bender JCC of Greater Washington

Bender JCC of Greater Washing creates a welcoming and inclusive environment, connecting the people of Jewish communities with each other, Israel, and the broader community. They inspire individuals of all ages and backgrounds to enhance their social, physical, intellectual and spiritual well-being through programs of excellence rooted in Jewish values. www.benderjccgw.org or 301-881-0100.

Charles E. Smith Life Communities

Charles E. Smith Life Communities brings together six living options on one scenic campus, each with its own warm personality and specialized services. There are choices for independent living, assisted living, and post-acute care, as well as long-term care and secure memory care. www.smithlifecommunities.org 301-770-8333

Circle of Hope Therapeutic Riding

Individualized equine-assisted therapy to individuals with physical, developmental, emotional and mental disabilities. www.CHTR.org or 301-916-2040 .

Community Action Agency, of Montgomery County Maryland

The Community Action Agency reduces poverty and increases self-sufficiency among Montgomery County residents through services, partnerships, and advocacy. www.montgomerycountymd.gov/HHS-Program/OCA/CommunityAction/CommunityActionIndex.html or call 240-777-1697.

Conflict Resolution Center of Montgomery County

Provides quality dispute prevention, resolution, and education to individuals and community organizations. www.crcmc.org or call 301-652-0717 .

EveryMind

EveryMind strengthens communities and empowers individuals to reach optimal mental wellness. For sixty years, EveryMind 's highly trained, caring, professional staff has provided community education, advocacy, and direct services which empower children, teens, families, older adults and the entire community to reach optimal mental wellness. www.every-mind.org or call 301-424-0656.

Family Services Inc.

Family Services' mission, for more than 100 years, has been to promote the resilience, recovery and independence of individuals and families across the life span through integrated mental and physical health, social service, and education programs, thereby strengthening communities. www.fs-inc.org or call 301-840-2000.

For 3 Sisters

For 3 Sisters is dedicated to raising awareness and improving the quality of life for men and women affected by breast cancer. For3sisters.com

Generation Rx

Generation Rx provides education resources to help prevent the misuse of prescription medications and is provided through a partnership between the Ohio State University College of Pharmacy and the Cardinal Health Foundation. www.generationrx.org

Hero Dogs

Provides independence and improved quality of life to our nation's veterans by training and placing service dogs with military veterans who became disabled while serving honorably in the U.S. Armed Forces. www.hero-dogs.org or 1-888-570-8653 .

Holy Cross Home Care & Hospice

Holy Cross Home Care and Hospice, a member of Trinity Home Health Services affiliated with Holy Cross Health, offers an interdisciplinary team of skilled professionals to help you or your loved one maintain independence and dignity. We have been providing comprehensive, community-based home health services since 1967. www.holycrosshealth.org/homecareandhospice or call 301-754-7744.

interPLAYcompany Band

A stimulating creative and unique approach to music for adults with mental and/or physical disabilities. www.interplayband.org or 301-229-0829 .

JCA Interages Center

JCA Interages Center, an award-winning leader of innovative intergenerational programming in Montgomery County. Interages connects active adult volunteers, age 50 and better, with MCPS students for mentoring and tutoring. www.icagw.org/programs/interages or call 301-255-4239.

Junior Achievement of Greater Washington

Junior Achievement of Greater Washington, we are inspiring a generation to be financially capable and tenacious. With the help of volunteer role models and partners like you, we are equipping these young people with the tools to solve problems creatively, manage risk effectively, and welcome opportunity. www.myja.org or 301-838-0471

Kids Feeling Fit Foundation

Kids Feeling Fit Foundation seeks to enrich and improve the quality of life by providing services and education for children and young adults, and by offering assistance to organizations meeting special community needs. They are devoted to making society aware of the positive impact fitness and confidence has on individuals and the community. By creating nurturing environments, young people can be guided to overcome physical and/or emotional limitations and grow into confident, capable, and caring adults. www.kidsfeelingfit.org or 240-430-0834.

Leveling The Playing Field

Leveling the Playing Field gives underprivileged children the opportunity to enjoy the pleasures of athletic involvement. Studies show that students who participate in athletics have higher grade point averages, attendance rates, standardized test scores, educational aspirations and healthier habits. www.levelingthetheplayingfield.org or 301-801-0738

Manna Food Center

Fights hunger and feeds hope through distribution, education, and advocacy in Montgomery County. www.mannafood.org or 301-424-1130 .

Meals on Wheels of Montgomery County

Volunteer-run organization that delivers food every weekday to homebound seniors and adults with disabilities. See previous listing in projects section of handout to find your local program. www.mowaa.org or 301-251-8885 .

MentorPrize

MentorPrize recruits quality mentors for non-profit organizations in the Greater Washington, D.C. area and advocates for more and better mentoring programs. They believe communities flourish when people connect through meaningful relationships bound by mutual respect and shared goals. www.mentorprize.org or call 202-754-2752.

Metropolitan Washington Ear

Provides free services for blind, visually impaired, and physically disabled people who cannot effectively read print including dial-in magazine and newspaper reading service. www.washear.org or 301-681-6636 .

Montgomery County Board of Elections

The Board of Elections Department of Montgomery County is responsible for administering all aspects of elections in Montgomery County to maintain and facilitate participation in a democratic system of government. www.777vote.org .

Montgomery County Department of Environmental Protection, Division of Solid Waste Services

Find out more about the Montgomery County Department of Environmental Protection, Division of Solid Waste Services by visiting www.montgomerycountymd.gov/sws/ or call 301-777-7778.

Montgomery County Volunteer Center

Promoting a culture of service and volunteerism in Montgomery County. www.montgomeryserves.org or 240-777-2600 .

Montgomery County State's Attorney's Office Truancy Prevention Program

Find out more about Montgomery County State's Attorney's Office Truancy Prevention Program by visiting www.montgomerycountymd.gov/sao/other/truancy.html or call 240-777-7501.

Montgomery Hospice

Gentles the journey through serious illness and loss with skill and compassion. Provides compassionate care that addresses the unique physical, emotional and spiritual needs of people with life-limiting illness, their loved ones and the bereaved. www.montgomeryhospice.org or 301-921-4400 .

Olney Home for Life, Inc.

Olney Home for Life, provides seniors with Transportation, Friendly Calls and Friendly Visits services. We enable a community where neighbors help seniors. All services are free to anyone over 60, and anyone in their service area (Olney, Ashton, Brookeville and Sandy Spring) can use our services. www.olneyhomeforlife.org or call 301-446-2512.

Our Voices Matter

Civic Engagement and Leadership Development for Social Justice. Our Voices Matter, is united around the mission that we must enable our community to speak with a strong voice to amplify the underrepresented needs of our community. www.ourvoicesmattermd.org or call 240-270-1360.

People Helping People Foundation

People Helping People Foundation (PHP) is a will writing service for veterans and seniors. Provides education and awareness to families in helping them plan and finalize their wills and estates, to help ease burdens for military personnel and their families. The program is run and operated by three retired female veterans. www.peoplehelpingpeople.vpweb.com or call 571-334-0739.

Shepherd's Table

Shepherd's Table is a nonprofit organization in downtown Silver Spring, supported by volunteers, religious organizations, government, businesses, foundations, and individual donors. Shepherd's Table's mission is to provide help to people who are homeless or in need by providing basic services, including meals, social services, medical support, clothing, and other assistance in an effective and compassionate manner. www.shepherdstable.org

The Senior Connection

Provides mobility to seniors by linking older adults to services and resources so they can live as independently as possible while remaining integral members of our community. www.seniorconnectionmc.org or 301-962-0820 .

Women Who Care Ministries

Helps those who are hungry, homeless, low-income, overcoming substance abuse, victims of domestic violence, or ex-offenders re-entering society. www.womenwhocareministries.org or call 301-963-8588 .

Zeta Phi Beta Sorority, Inc, Delta Zeta Zeta Chapter

Zeta Phi Beta Sorority, Inc. was founded January 16, 1920 at Howard University in Washington, D.C. The Delta Zeta Zeta Chapter of Zeta Phi Beta Sorority, Inc. was established on December, 3 1949 in Prince George's County, Maryland. Zeta Phi Beta Sorority promotes and encourages the highest standards of scholarship through scientific, literary, cultural and educational programs; and promoting charitable community service. www.zetaspgcounty.org

Nominate Extraordinary Volunteers Now for the Montgomery Serves Awards

Nominate friends, family members and colleagues who have demonstrated exemplary community service or volunteerism for service done in 2016.

Applications are being accepted until February 24th.

The Volunteer Center will be accepting nominations for this year's awardees in the following categories:

- Neal Potter Path of Achievement Award (lifetime service by 60+ year old residents)
- Youth Achievement Award (extraordinary volunteerism by residents 18 and under)
- Corporate Award (outstanding volunteerism by a corporation)
- Community Service Award (extraordinary volunteerism by an individual or group)

Find links to nomination forms at www.montgomeryserves.org.



April 24, 2017

Stay Involved in Days of Service Year Round



April 2017



Community Service Week

October 22—29, 2017

SERVICE PROJECTS — All volunteer projects are in the Grand Ballroom

Service Project Table Number	Organization/Host	Service Project
68, 69	67 Blankets for Nelson Mandela Day	Knit and Crochet Patriotic Squares for Veteran Blankets
43, 49	Alpha Kappa Alpha Sorority, Inc Xi Sigma Omega Chapter Gaithersburg, Md	Create Tic Tac Toe and Memory Game for Youth Services
23	Bethesda Big Train	Make Foam Fingers for Children's Inn
17	Community Ministries Rockville	Decorate Certificate Holders for Volunteer Appreciation Event
Pledge Pavillon	Conflict Resolution Center of Montgomery County (CRCMC)	Activities in Salon C
14, 15	For 3 Sisters	Make Breast Cancer Awareness Ribbons
16	Germantown Health Center	Make Bunny Boo Boos for Germantown Health Center
34	GS Troop 3413/Gold Award	Make Bedtime Kits
9	Charles E Smith Life Communities	Get Well Soon Tissue Box Decorating
28, 29	Montgomery County Volunteer Center	Create Paper Flowers for the Cancer Center
70, 71	Montgomery County Volunteer Center	Create Easy Peasy Monster Corner Bookmarks
66	Interfaith Works	Assembling Care Packages with Letters for Homeless Shelters
37, 38, 39, 40, 41, 42	Jack and Jill of America Inc., Potomac Valley Chapter	Cut Shoe Patterns for Sole for Hope
22	JCA Interages Center	Decorating Book Plates for the REAL Program
Pledge Pavillon	Kid Museum	Activities in Salon C
26	Kind-Works (formerly Mover Moms)	Create Pen Flowers
27	Kind-Works (formerly Mover Moms)	Create Patriotic Cards for Veterans
Z7 - Z10, Z15, Z16	Manna Food Center	Manna Food Packaging Project
72, 73	Meals on Wheels of Montgomery County	Snow Day Boxes
74, 75	Meals on Wheels of Montgomery County	Have Cheer Delivered - Decorate Lunch Bags
67	Montgomery County Commission on Children and Youth	Decorate and Create Art Therapy Bags
51, 52, 53	Montgomery County Department of Environmental Protection, Division of Solid Waste Services	Assemble and Decorate Fun "Bottle Cap Bugs" and Make Well Wish Cards
12, 13	Montgomery County DHHS: Child Welfare Services	Decorate Tootsie Pops for foster youth overnight bags
32, 33	Montgomery County Muslim Foundation	Create Rubber Band Balls
Z1 - Z6, Z11 - Z14	Montgomery County Volunteer Center	Trail Mix for Shelters and Food Pantries
1, 2, 3, 4, 5	Montgomery Hospice	No Sew Fleece Blanket and Scarves Project
60, 61	People Helping People Foundation	Bundle Socks for Veterans
62	People Helping People Foundation	Bead Bracelets
30, 31	Phi Beta Sigma	Personal Care Kits for Area for Homeless
64, 65	Southern Management Corporation	Make Pet Toys
63	Southern Management Corporation	Make Mini Notes for Hand-Knitted Hats
Pledge Pavilion	Sramani Institute	Participate in a TAPESTORY of Audio Stories
44, 45, 46	The Holiday Project	Valentine's Day Cards for Seniors
47, 48	The Holiday Project	Valentine Paper Flowers for Seniors

Service Project Table Number	Organization/Host	Service Project
50, 54	The NETWORK	Create Patriotic Keychains for Local Veterans
10, 11	The NETWORK	Make "Be Happy Don't Worry" Dolls
55, 56, 57	US Trust / Bank of America	Paracord Bracelets for Operation Gratitude
58, 59	US Trust / Bank of America	Write a Letter for the Troops
24, 25	Warm Up America!	Crochet Squares for Blankets
35, 36	Young Women of Society, Inc.	Paint a mini treasure box for Childrens Inn at NIH
20, 21	Zeta Phi Beta Sorority Inc. Eta Pi Zeta Chapter - Youth Group	Make Anti-Bully Bracelets for Students
6, 7, 8	Zeta Phi Beta Sorority, Delta Zeta Zeta	Create Lupus Awareness Pins for Charity Run

VOLUNTEER FAIR — The fair is in the Main Hallway and Grand Ballroom

Volunteer Fair Table Number	Organization/Host
AA	67 Blankets for Nelson Mandela Day
T	BCC Composite Squadron-Civil Air Patrol
P	Bender JCC of Greater Washington
JJ	Charles E Smith Life Communities
C	Circle of Hope Therapeutic Riding
KK	Community Action Agency
M	Conflict Resolution Center of Montgomery County (CRCMC)
J	EveryMind
H	Family Services, Inc.
LL	Generation Rx
N	For 3 Sisters
S	Hero Dogs Inc
K	HOLY CROSS HOME CARE AND HOSPICE
I	interPLAY Orchestra
O	JCA Interages Center
GG	Junior Achievement of Greater Washington
V	Kids Feeling Fit Foundation
E	Leveling The Playing Field
U	Manna Food Center
F	Meals on Wheels of Montgomery County
DD	MentorPrize
FF	Metropolitan Washington Ear
MM	Montgomery County Board of Elections
B	Montgomery County Department of Environmental Protection, Division of Solid Waste Services
A	Montgomery County Volunteer Center

Volunteer Fair Table Number	Organization/Host
G	Montgomery Hospice
BB	Olney Home For Life
II	Our Voices Matter
D	People Helping People Foundation
HH	Shepherd's Table
R	State's Attorney's Office Truancy Prevention Program
CC	The Senior Connection
L	Women Who Care Ministries
Q	Zeta Phi Beta Sorority, Delta Zeta Zeta

Thank you for volunteering!

Stay connected with the Montgomery County Volunteer Center:



Check out our website: www.montgomeryserves.org
and sign up for our e-newsletter "Montgomery Volunteer"

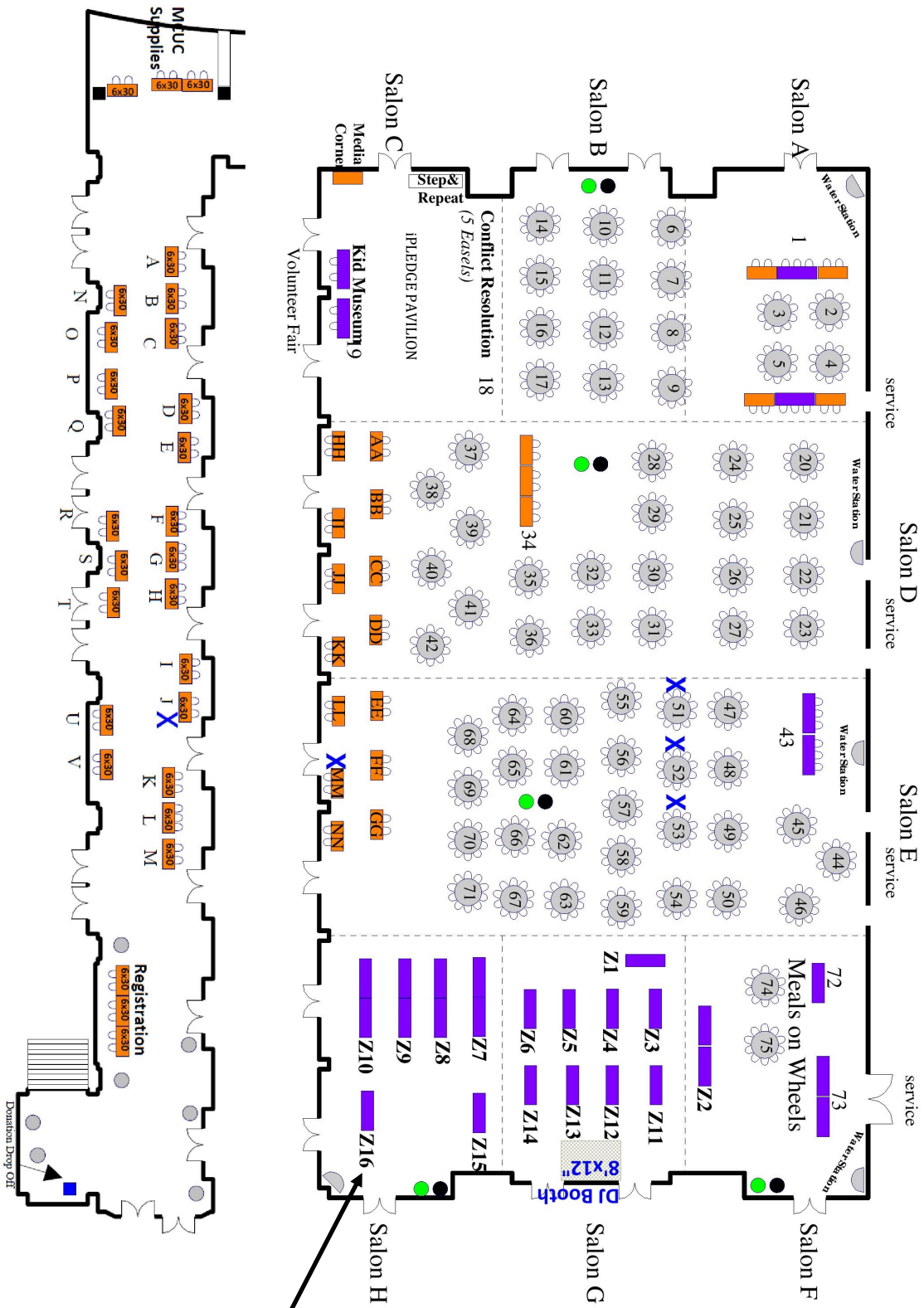
Or

Give us a call: 240-777-2600

Go to www.montgomeryserves.org

Please Note: nut products on the premises.

Grand Ballroom



Hunger Free Zone