Opioid Treatment RESOURCES
Montgomery County Health and Human Services

Crisis Center/STEER ......................... 240-777-4000
Access (Adult) .................................. 240-777-1770
SASCA (Youth) .................................. 240-777-1430
Narcan Training .................................. 240-777-1836

Available Services:
• Assessment
• Access to recovery services
• Recovery resources
• Family education & support

http://towardtheheart.com/safer-use
To Reduce Risk

- Don’t use alone
- Start low, go slow – test a small amount first
- Use one drug at a time
- Have an overdose plan. Carry naloxone
- Be aware of your health and tolerance
- Tolerance may be lower if you haven’t used for a while
- Consider Treatment