

The MD Respite Program Staff - Thank you

Although my dad, Murlidhar Talreja, currently receives approximately **140 hours of support per year (about 11–12 hours per month)**, I'm thankful for this level of care for my dad.

Everyday counts, and when services fall short, our family pays the difference financially and physically. We have private care giver coming three (3) days a week for which we pay out-of-pocket expenses. Any support from the Respite Program is very valuable and important to us.

This program supports my dad with bathing, cleaning, and laundry, while also offering comfort and companionship. The healthcare professional helps maintain a safe environment, supports his physical health, and reduces loneliness through meaningful social interaction.

Respite is not a luxury—it is a necessity. This program helps prevent family caregivers burnout and exhaustion.

The MD Respite Program is a critical support system, not a supplement. Even with limited approved hours, the program helps bridge daily care gaps, protects my dad's health and safety, and supports our entire family's well-being. Every hour matters. Everyday matters.