

This is to inform the Montgomery County Council of the wonderful experience provided me by the Respite Care Coordination Program operated by the ARC of Montgomery County and to advocate for your support for this Program. The quality of life for me and my family is significantly improved through our participation in the Respite Care Coordination Program.

My wife, Adrienne, was diagnosed with dementia several years ago. I cared for Adrienne with the help of our two sons while her disease progressed. Recently, Adrienne became unable to accompany me outside of our home. It became difficult for me to accomplish many tasks such as attending medical appointments, grocery shopping or auto maintenance.

I needed the assistance of a home care aid but was overwhelmed by the variety and complexity of the available services. The time and effort needed to identify good, reliable care for Adrienne was beyond my ability. I had no understanding or experience with this process and little time for research and learning.

Fortunately, I was approved for participation in the Respite Care Coordination Program. The staff of the ARC Montgomery County quickly and easily helped me find exceptional, reliable assistance for Adrienne. This care has enabled me to get our groceries, medicines and other necessities with ease. I have been able to get personal medical attention and even needed exercise. I have been able to socialize with our sons and neighbors. Adrienne also gets to enjoy more time with her family.

The Montgomery County Respite Care Coordination Program has been an immense benefit to me and my family. I heartedly endorse continued support and enhancement of this Program.

Sincerely,
David Lowenthal