

My name is Hannah Abrahm, and I am the primary caregiver for my husband, Salieu, who is 87 years old. Salieu lives with both a heart condition and a neurological disorder, which has greatly limited his mobility and independence.

Caring for him is an act of deep love, but it is also physically and emotionally demanding. I am his sole caregiver, and every day I attend to his medical needs, mobility challenges, and personal care. While I am grateful to be able to care for him at home, the responsibility can be overwhelming, and there are times when exhaustion takes a real toll on my health and well-being.

The respite care we receive has been a lifeline for me. Those brief moments of relief allow me to rest, recover, and preserve my own strength—so that I can continue caring for my husband with the patience, compassion, and dignity he deserves. Without respite support, sustaining this level of care would be extremely difficult. I request that you pass the resolution for increase funding for the respite program.

Hannah Abrahm