

Looking for help? Not sure where to go?

**Montgomery County's Department of Health & Human Services' (DHHS) Centers are assigned by your home zip-code.
At DHHS sites, you may go in-person, call for applications to be mailed, or file an application online.
For general information, including what documents to bring, please call 240-777-0311.**

DHHS Income Support and Emergency Services: Food Stamps (SNAP), Medicaid/Medical Assistance, Maryland Children's Health Program, Temporary Cash Assistance, Temporary Disability Assistance Program, Child Care Subsidies, Rental and Utility Assistance.		
DHHS Silver Spring 8818 Georgia Avenue Silver Spring MD. 20910 240-777-3100	DHHS Rockville 1301 Piccard Drive, Rockville, MD. 20850 240-777-4600 (Main 7-4550)	DHHS Germantown 12900 Middlebrook Road, Germantown, MD. 20874 240-777-3420
20707, 20783, 20866, 20868, 20901, 20903, 20904, 20905, 20907, 20910, 20911, 20912, 20914, 20915, 20916, 20918	20812, 20813, 20814, 20815, 20816, 20817, 20818, 20824, 20827, 20830, 20832, 20833, 20848, 20849, 20850, 20851, 20852, 20853, 20854, , 20857, 20859, 20860, 20861, 20862, 20889, 20895, 20896, 20902, 20906	20837, 20838, 20839, 20841, 20842, 20855, 20871, 20872, 20874, 20875, 20876, 20877, 20878, 20879, 20880, 20882, 20884, 20885, 20886, 21771
Health Care only: by Zip-codes (as above)		
DHHS Silver Spring 8630 Fenton Street, 10 th Fl. 20910 240-777-3066. 8 - 4:30	DHHS Rockville 1335 Piccard Dr., Rockville 20850 240-777-3120. 8 - 4:30	DHHS Germantown 12900 Middlebrook Rd; Germantown 20874 240-777-3591. 8 - 4:30
Neighborhood Opportunity Network Sites: Partners help residents from any area access Food Stamps, Medical Referrals, Maryland Children's Health Program, Temporary Cash Assistance, Temporary Disability Assistance Program, Child Care, Rental & Utility Assistance.		
Long Branch Neighborhood Opportunity Network at TESS Center 8513 Piney Branch Road Silver Spring, MD 20901 240-773-8260 Mon- Fri. 9 – 12, and by afternoon appointment.	Wheaton Neighborhood Opportunity Network	
	Catholic Charities 12247 Georgia Avenue Silver Spring, MD. 20906 301-942-1790 Wed.& Fridays, 9 - 4 and by appointment.	WorkSource Montgomery 11002 Veirs Mill Road, 1st Fl. Wheaton, MD 20902 301-946-1806 Mon & Tue, 9 - 3
	Gaithersburg Neighborhood Opportunity Network at Family Services, Inc. 200 Girard Street, Suite 203 Gaithersburg, MD 20877 240-773-1151 Mon-Thur, 9 -12 & 1- 4 Fridays 9 – 11 & 12 - 2	

This information is available in alternate formats. If you need additional help, or directions, please call Montgomery County 311, or 240-777-0311. TTY: 301-251-4850. If you're having a mental health or human service emergency, or need urgent help after hours, the County's Crisis Center is open 24 hours, 7 days a week: 240-777-4000. TTY: 301-251-4850 at 1301 Piccard Drive (DHHS' Rockville Office).