

## Looking for help? Not sure where to go?

**Montgomery County's Department of Health & Human Services' (DHHS) Centers are assigned by home zip code.**

**At DHHS sites, residents may go in-person, call for applications to be mailed, or file an application online.**

**For general information, including what documents to bring, please call 240-777-0311.**

| <b>DHHS Eligibility and Emergency Services:</b>   |  |  |  |  |
|---|--|--|--|--|
| Food Stamps (SNAP), Medicaid/Medical Assistance, Maryland Children's Health Program, Temporary Cash Assistance, Temporary Disability Assistance Program, Child Care Subsidies, Rental and Utility Assistance.   |  |  |  |  |
| <b>DHHS Silver Spring</b><br>8818 Georgia Avenue<br>Silver Spring MD. 20910<br><b>240-777-3100</b>  | <b>DHHS Rockville</b><br>1301 Piccard Drive<br>Rockville, MD. 20850<br><b>240-777-4600 (Main 240-777-4550)</b>   | <b>DHHS Germantown</b><br>12900 Middlebrook Road<br>Germantown, MD. 20874<br><b>240-777-3420</b>   |  |  |
| 20707, 20783, 20866, 20868, 20901, 20903, 20904, 20905, 20907, 20910, 20911, 20912, 20914, 20915, 20916, 20918  | 20812, 20813, 20814, 20815, 20816, 20817, 20818, 20824, 20827, 20830, 20832, 20833, 20848, 20849, 20850, 20851, 20852, 20853, 20854, 20856, 20857, 20859, 20860, 20861, 20862, 20889, 20895, 20896, 20902, 20906   | 20837, 20838, 20839, 20841, 20842, 20855, 20871, 20872, 20874, 20875, 20876, 20877, 20878, 20879, 20880, 20882, 20884, 20885, 20886, 21771 |  |  |
| <b>Health Care Only: by zip codes as above</b>  |  |  |  |  |
| <b>DHHS Silver Spring</b><br>8630 Fenton Street, 10th Fl. 20910<br><b>240-777-3066 8am - 4:30pm</b>   | <b>DHHS Rockville</b><br>1401 Rockville Pike, Lobby, Rockville 20850<br><b>240-777-3120 8am - 4:30pm</b>   | <b>DHHS Germantown</b><br>12900 Middlebrook Rd. Germantown 20874<br><b>240-777-3591 8am - 4:30pm</b>                                       |  |  |
| <b>Neighborhood Opportunity Network Sites:</b>  |  |  |  |  |
| Partners help residents from any area access Food Stamps, Medical Referrals, Maryland Children's Health Program, Temporary Cash Assistance, Temporary Disability Assistance Program, Child Care, Rental & Utility Assistance.   |  |  |  |  |
| <b>Long Branch</b><br><br><b>TESS Community Action Center</b><br>8513 Piney Branch Road<br>Silver Spring, MD 20901<br><br><b>240-773-8260</b><br>Monday- Friday, 9am – 12pm<br>And by afternoon appointment   | <b>Wheaton</b><br><table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center; vertical-align: top;"> <b>Catholic Charities</b><br/>                             12247 Georgia Avenue<br/>                             Silver Spring, MD. 20906<br/> <b>301-942-1790</b><br/>                             Tuesday, 9am – 3pm<br/>                             Wednesday and Friday:<br/>                             9am – 4pm<br/>                             And by appointment                         </td> <td style="text-align: center; vertical-align: top;"> <b>WorkSource Montgomery</b><br/>                             11002 Veirs Mill Road, 1st Fl.<br/>                             Wheaton, MD 20902<br/> <b>301-946-1806</b><br/>                             Tuesday<br/>                             9am – 3pm                         </td> </tr> </table> |  | <b>Catholic Charities</b><br>12247 Georgia Avenue<br>Silver Spring, MD. 20906<br><b>301-942-1790</b><br>Tuesday, 9am – 3pm<br>Wednesday and Friday:<br>9am – 4pm<br>And by appointment | <b>WorkSource Montgomery</b><br>11002 Veirs Mill Road, 1st Fl.<br>Wheaton, MD 20902<br><b>301-946-1806</b><br>Tuesday<br>9am – 3pm |
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| <b>Gaithersburg</b><br><br><b>Family Services Inc.</b><br>200 Girard Street, Suite 203<br>Gaithersburg, MD 20877<br><br><b>240-773-1151</b><br>Monday-Thursday, 9am -12pm & 1pm-4pm<br>Fridays 9am – 11am & 12pm – 2pm  |  |  |  |  |
| <b>East County Regional Service Center - Family Services, Inc. 3300 Briggs Chaney Road, Silver Spring, MD 20904. 240-777-4479</b><br>Tuesday, Wednesday, & Thursday, 9am – 5:30pm, & Friday by appointment. <b>DHHS Care Coordination, 240-777-3496.</b> At East County RSC Tuesday-Thursday. At the White Oak Rec. Center: Monday, 12pm-3:30pm & at Marilyn Praisner Recreation Center, Friday, 9am-11:30am. |  |  |  |  |

This information is available in alternate formats. If you need additional help, or directions, please call Montgomery County 311, or 240-777-0311. MD RELAY: 711. If you're having a mental health or human service emergency, or need urgent help after hours, the County's Crisis Center is open 24 hours, 7 days a week, at 1301 Piccard Drive (DHHS' Rockville Office) 240-777-4000. MD RELAY: 711.