

Responsible bicyclists are involved in fewer accidents

Teach children the rules of the road for their protection

Never carry packages that can obstruct views or interfere with control of the bike

Never ride two people on a bike designed for one

Bicyclists are required to obey the same traffic laws as vehicles

Ride on the right side of the road with the flow of traffic

Stop at all red lights and stop signs

Signal before making turns

Silver Spring is Bike Friendly

It's no small wonder why thousands of people visit, live, and work in downtown Silver Spring. Getting here is easy... particularly when using Silver Spring's designated bikeways for cycling or walking. And when they get here, cyclists and walkers find green spaces with rest areas and benches, friendly intersections, streets, and sidewalks, vibrant business and shopping areas, and secure bicycle parking.

These signs are used to designate the official routes highlighted on this map. Look for even more official routes to be designated in the coming years.



Silver Spring Bikeways

- Off-road bikeways** - Also known as shared use paths, these routes are physically separated from vehicular traffic by an open space or barrier. Pedestrians, skaters, wheelchair users, joggers and other non-motorized users may also use these paths.
- On-road bikeways** - A roadway designated for use by both bicycles and motor vehicles.
- Connector Trails** - Three major bicycle and pedestrian routes converge in downtown Silver Spring – the Silver Spring Green Trail, Georgetown Branch (the future Capital Crescent Trail) and East-West Highway Trail. Refer to the regional map for an orientation.

Street-Smart Cyclist

Commuter's Checklist:

- Bright Clothing
- Helmet
- Lights
- Fenders
- Hydration
- Tools, pump, patch kit ...and a smile



A bike rider's creed -
Good luck favors those who are prepared!

An approved bicycle helmet can greatly reduce the risk of death or permanent injury. Look for the CPSC or Snell Memorial Foundation Standard sticker. By Montgomery County law, cyclists under the age of 18 are required to wear a helmet.



- The helmet should rest snug and flat on top of the head, not too far forward or backward.
- Once the helmet straps are snapped together, there should be enough room to fit one finger between chin and strap.
- The straps should be snug but not too tight and should form a "V" under the ears.

Visit the Commuter Express Transit Store (8401 Colesville Road, Suite 150, Silver Spring) and explore your options.

BIKES RIDE FOR FREE on Public Transportation

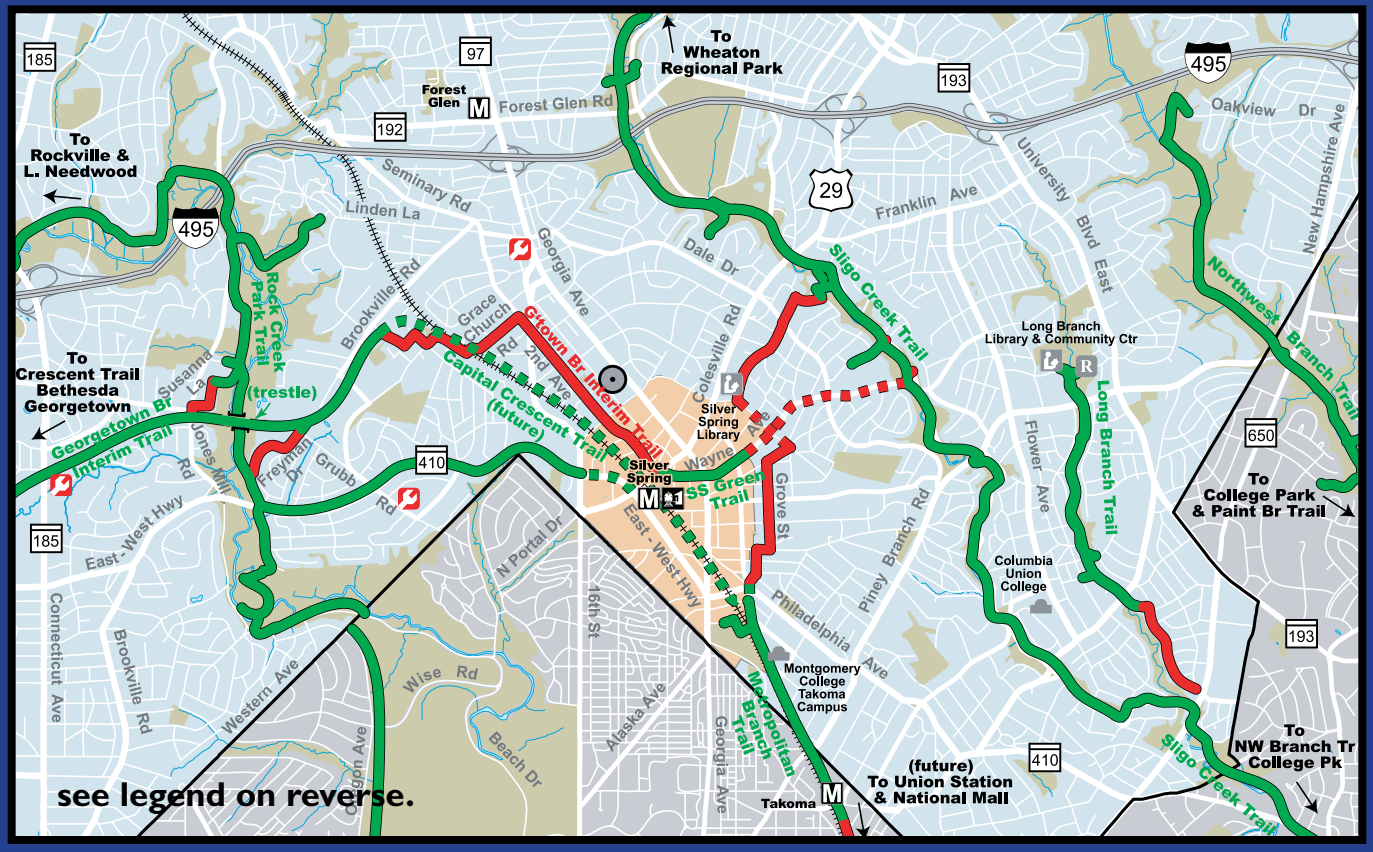
Montgomery County Ride On, Metro buses, and the VanGo downtown circulator are all equipped with bike racks! Each rack holds two bikes and supports most wheel and frame sizes- even kids' bikes. Visit www.montgomerycountymd.gov/rideon for details.

Bikes are permitted on Metrorail at most times during the week (excluding rush hours and select dates) and all day Saturday and Sunday. Visit www.metroopensdoors.com for details.



Most Metrorail stations have free bike racks and rental lockers.

Silver Spring Regional Map



Greater Silver Spring Bikeway Connections

- Sligo Creek Trail**, off-road, from Wheaton Regional Park via Silver Spring to Takoma Park.
- Sligo Creek Parkway**, on-road, from University Boulevard to New Hampshire Avenue.
- Northwest Branch Trail**, off-road, from Capital Beltway connecting to the Prince George's County Anacostia Tributary Trail System.
- Long Branch Trail**, off-road, Piney Branch Park to just north of Takoma Park through surrounding neighborhoods.
- Rock Creek Trail**, off-road, begins in Montgomery County and extends to Washington, D.C.

Silver Spring Events Calendar

May

- Bike to Work

Fun for Cyclists and Pedestrians
Year Round in Silver Spring!

May to October

- Silver Spring Farmers Market – Ellsworth Drive between Fenton and Cedar Streets (9am – 1pm)

June

- Silverdocs Documentary Festival, AFI Silver Theatre and Cultural Center
- Silver Spring Grand Prix Bicycle Races in Downtown Silver Spring

June to August

- Silver Spring Swings Concerts, Silver Plaza on Ellsworth at the fountain (Thurs. 7pm-9pm)

August

- WB50/Silver Spring Outdoor Films – Fenton Street and Ellsworth Drive

September

- Silver Spring Jazz Festival – Fenton Street and Ellsworth Drive

October

- Magical Montgomery Cultural Fair – Fenton Street and Ellsworth Drive

November

- Thanksgiving Parade – Along Georgia Avenue and onto Ellsworth Drive

For detailed information, call
Silver Spring Regional Center
301-565-7300
or visit
www.silverspringdowntown.com

Add a Little Exercise to your Commute – Try Biking or Walking to Work!



Biking and walking to work are healthy ways to make your daily commute. That's why the Silver Spring Transportation Management District encourages the use of transit and other commuting options and provides free consulting services to employers to help them establish commuting benefits for their employees.



Let the Silver Spring TMD show you or your employees how to beat the traffic, save time, and reduce expenses – all while being kind to the environment. Call (301)770-POOL (7665) or visit www.montgomerycountymd.gov/commute. Or, stop by the Commuter Express Transit Store (located at 8401 Colesville Road, Suite 150, 7 a.m. to 5 p.m. M-F) for information, maps and schedules, or to purchase transit passes and tokens. Their services are FREE! Silver Spring TMD is operated by Montgomery County Commuter Services.

Better Ways To Work! Montgomery County Commuter Services

Never ride against traffic

Watch for turning vehicles and vehicles exiting driveways

Be aware of parked cars and watch for car doors that may open

Give pedestrians the right of way

Use a headlight and reflectorized safety equipment when riding at night

ALWAYS wear a helmet when riding. Montgomery County law requires cyclists under 18 to wear a helmet

Wear bright colored clothing with reflective strips, particularly at night

Be sure your bike is in proper operating condition before each ride



Silver Spring has it All

Downtown Silver Spring is experiencing a dramatic renaissance – showcasing its urban and suburban appeal. The area has long been known as a destination for specialized retail as well as international dining and has quickly become the home of a burgeoning media, video, and creative content industry. And now, getting here is easier than ever!

For more information concerning your commuting options in and around Silver Spring, contact Silver Spring Transportation Management District (TMD) at (301) 770-POOL (7665) or visit www.montgomerycountymd.gov/commute.



Featuring:

- Bike and pedestrian routes
- Dining, shopping, entertainment and public service destinations
- Amenities for bikers
- Public transportation options
- Safety tips, rules of the road, and other helpful resources

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This bicycle map has been created to aid cyclists and pedestrians in planning both recreational and commuter trips in Silver Spring, Maryland. Bicyclists have the same responsibility as motor vehicle operators to obey traffic laws. All bicyclists should be aware that conditions on streets and trails may vary greatly. Please be prepared to make your own evaluation of the conditions of the roadway or trail on which you are riding. Plan your route appropriate to your riding ability. The user of this map bears full responsibility for his or her own safety. Information contained within this map was accurate as of the printing date (2006).

More Cycling Resources

Montgomery County:

- Bikeways Coordinator; 240-777-7244, www.montgomerycountymd.gov/dpwt
- Park & Planning Bikeways Coordinator; 301-495-4525, www.mc-mncppc.org

Local Bike Organizations:

- Montgomery County Bicycle Action Group (MCBAG), 240-777-7244, www.montgomerycountymd.gov/dpwt
- Washington Area Bicyclist Association (WABA), 202-628-2500, www.waba.org
- League of American Bicyclists, 202-822-1333, www.bikeleague.org

Others:

- Bicycle clubs, organizations, government offices, and other web sites of interest to bicyclists in Maryland, <http://www.ohbike.org/links.htm>

Bus Routes Serving Downtown Silver Spring

VanGo - A free circulator shuttle (every 8-10 minutes) with 14 stops around downtown Silver Spring.

Ride On

Routes 1, 2, 3, 4, 5, 8, 9, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20 and the Montgomery College Campus Connector (Route schedules available at www.montgomerycountymd.gov/rideon)

Metrobus

Routes 70, 71, F4, F6, J1, J2, J3, J4, J5, Q2, S2, S4, Y5, Y7, Y8, Y9, Z2, Z6, Z8, Z9, Z11, Z13, and Z29 (Route schedules available at www.metroopensdoors.com)



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