



# Commission on Aging

November 20, 2025, 9:30 a.m. to 12:00 p.m.

Virtual via Zoom

<https://us06web.zoom.us/j/82378694890?pwd=YU5RaHJQTjINTSzYvZ2lObHNqY204Zz09>

## Agenda

| Time       | Item                                                                                                    | Speaker                                                                                                                                                                                                                                                     |
|------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:30 a.m.  | Call to order<br>Welcome and Introductions                                                              | Linda Bergofsky, Co-Chair                                                                                                                                                                                                                                   |
| 9:35 a.m.  | Discussion of Food Insecurity among Older<br>Montgomery County Residents                                | Heather Bois Bruskin, Director,<br>Montgomery County Office of<br>Food Systems Resilience<br>Bob Blancato, Executive<br>Director, National Association of<br>Nutrition and Aging Services<br>Programs<br>Katie Longbrake, Executive<br>Director, WUMCO Help |
| 10:30 a.m. | Approval of October Minutes<br>Commission Leadership Opportunities                                      | Linda Bergofsky, Co-Chair                                                                                                                                                                                                                                   |
| 10:45 a.m. | Area Agency on Aging Report                                                                             | Dr. Kimberly Johnson, HHS                                                                                                                                                                                                                                   |
| 11:00 a.m. | Committee Reports<br>- Communications<br>- Aging in Community<br>- Health & Wellness<br>- Public Policy | Committee Chairs and COA<br>members                                                                                                                                                                                                                         |
| 11:30 a.m. | Public comments                                                                                         | Members of the public                                                                                                                                                                                                                                       |
| 11:45 a.m. | Other business                                                                                          | Open to all attendees                                                                                                                                                                                                                                       |
| 12:00 p.m. | Adjournment                                                                                             |                                                                                                                                                                                                                                                             |

ADA Meeting Accessibility Notice: Sign language interpreter services and other auxiliary aids or services will be provided upon request with as much advance notice as possible, preferably at least three (3) full business days before the meeting/event.

To request the above or any other reasonable accommodation, please contact Tremayne Jones one week prior to the meeting at (240) 777-1262 or via MD Relay at 711 or send a request to [Tremayne.jones@montgomerycountymd.gov](mailto:Tremayne.jones@montgomerycountymd.gov).