

## CoA Health and Wellness Meeting

December 2, 2025, 9:30 am to 11 am.

Virtual Meeting on Zoom

Zoom Meeting Link:

https://montgomerycountymdgov.zoom.us/j/87688595357?pwd=cUqRGuajdblCLSHb4rVOozcDNL63Xo.1

## Agenda

- 1. Welcome and Introductions
- 2. Review and Approval of Minutes
- Presentation by Allison Stearns
  CEO of Caring Matters, a non-profit organization serving Montgomery County by
  providing social support and community education so that no one dies or grieves
  alone.
- 4. Adjourn

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