

**Commission On Aging
Health and Wellness Committee
June 1, 2021
9:30 – 11:30 am
Virtual Via Zoom**

In Attendance: Marsha Weber, Neal Brown (Note taker), Eddie Rivas, Barbara Selter, Jean Dinwiddie, Kendell Matthews, Wayne Berman, Rev Vikram, Monique Gardner, Art Williams, Joyce Dubow, Ann Serafenas, Arunima Ghosh

Staff: Tina Purser-Langley, Shawn Brennan

Guest: David Engel

1. Welcome and Introductions

2. May Minutes (approved)

3. Thanks to David and Maritza

Marsha thanked David and Maritza for their hard work and for the successful Public Forum on Social Isolation and Loneliness.

4. Review and Discussion of Home Care Outline developed by Joyce Dubow

General Discussion and Recommendations

- Build on what has been done and what is needed at the community level.
- Shawn – Advocacy at the state and local level is key.
- Arthur – concern about another county taking the lead.
- Marsha – people want to stay in their home so what do they need to stay there?
- Monique – racial and ethnic disparities must be considered.
- Tina – this outline is for feedback
- Ann – we need a narrow focus, clearly defined
- Marsha – we should consider producing a 2-3 page paper while waiting for money to come from the “American Rescue Plan.” Also should consider a pilot program.

- Joyce – we need to identify the population of concern and get the data we need.
- Tina – let’s look at the IHAS data. Dennis Linders can help.
- Rev – concern that people in intergenerational households may not be counted.
- Marsha – can Lilly put together data from her program?
- Shawn - A ‘team” approach is being studied by Johns Hopkins. Howard County has piloted a “Capable Program” including sending handymen into homes.
- Barbara – we should look at ideas about sharing home care services in small increments. Let’s limit the scope of what we’re doing.
- Joyce – Medicare Advantage programs can include some of these services.
- Wayne – Stuart Butler stressed the need to focus on work force. It is something we should advocate for.
- Marsha – family care givers are important. Do we need legislation to compensate them?
- Kendell – should look at tele-med, remote medical data, also care for the caregivers.
- Tina – we should consider forming a smaller work group to meet during the summer to talk about data
- Joyce – we should look at programs in the county and who is eligible for them. Look at the “Capable Program,” – what’s feasible in Montgomery County?
- Barbara – a compendium would be valuable. We can look at what we need vs. what’s available.
- Shawn – We have more home care than other counties. Rockville has a program. Howard County has a program to look at. The (County?) Office of Legislative Oversight does studies and reviews. Should we ask them to study this? Look at what our county and other counties are doing.
- Tina – Senior Care has done innovations, but they don’t have much funding.
- Shawn – we may need a County Councilman to recommend a review or study.
- Barbara – we should look at demographics, programs in the county, innovative programs that are outside the county.
- Marsha – let’s put a list together. Do we need to meet in July or August?
- David – we should look at what is preventing people from staying in their homes. What options do people have?

- Shawn – The “Hilltop Institute Study” (expanding access to long-term services and supports through Home and Community-based Services)” was sent to everyone on May 26yh.
- Joyce – recommend that we meet once this summer to discuss a compendium of programs and narrow the focus.
- **Tina – can work with group including Joyce, Marsha, Barbara, Ann, Kendell in July after the holiday.**
- Marsha and Joyce to get more information on the “Capable Program.”
- Marcia – take a look at Lilly Fisher’s “Caregiver Guide.”
- Tina – will put a list together on a spreadsheet.
- Barbara – we should talk to Leslie Marks who is interested in “wrap around services.”
- - Shawn – Randi Anns? has information on Home and Community-based Services.

Tina will try to get some demographics data on users of home-based services (if possible).

The Health and Wellness Committee Subgroup to work on home-based care will meet on July 6, 2021 at 9:30.

5. Next Meeting

There will be no regularly scheduled meetings of the full H and W Committee in July and August. The next meeting will be on September 7, 2021 starting at 9:30am.