

HEALTH AND WELLNESS COMMITTEE OF THE COA

Meeting Notes

9:30 am-11:30 pm

March 2, 2021

7300 Calhoun Place, Room 6B, Rockville, MD (Virtual Meeting via Zoom)

In Attendance: In Attendance: Marsha Weber, Eddie Rivas, Neal Brown, Ann Serafenas, Barbara Selter, Jean Dinwiddie, Kendall Matthews, Wayne Berman, Rev Vikram, Monique Gardner, Joyce Dubow, Art Williams

Staff: Tina Purser-Langley, Marsha Pruzan

Guest: Robin Henoch (Note taker), David Engel, Tom Najjar

Topic	Discussion Points	Decisions/follow-up
1. Welcome and Introductions	1. Marsha asked everyone to introduce themselves.	1.
2. February Minutes	2. Minutes Approved	2.
3 Tom Najjar- Flex Care Program	3. Flex Care is offered in smaller increments of care with a minimum of 30 minutes. And <ul style="list-style-type: none"> a. Care coordinator on-site is optimal b. Fills the gap between independent and assisted living. c. \$32/hour and \$16 per half hour d. Membership service – pool for those who need the services. 	6.
4 SILOS Update	4. May 18 th and 19 th public forum. Trying to pin down speakers and panelists.	

<p>5. Discussion and next steps</p>	<p>5. Next Steps</p> <ul style="list-style-type: none">a. Possibility of a pilot in congregate HOC buildings.b. Identify clusters of individuals in homes to provide flex care.c. Potentially do a summer study.d. Research other states and models.e. Research getting a speaker from the county programs.f. Perhaps get someone from HomeCrest house.	
<p>6. Next Meeting</p>	<p>6. Next meeting is scheduled for April 6, 2021 at 9:30 am. Meeting Adjourned 11:09 AM.</p>	

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3. Next Steps		
4. Next meeting date		
