

Commission on Aging

September 22, 2022, at 9:30 a.m.

Virtually Via Zoom

COA Board Members : Wayne Berman, Neal Brown, Virginia Cain, Elizabeth (Betsy) Carrier, Jean Dinwiddie, David Engel, Nkiru J. Ezeani, Dr. Arunima Ghosh, Morris Klein, Kendell Matthews, Siboncube, Karon Phillips, Helen (Laurie) Pross, Edgar Rivas, Beverly Rollins, Barbara Selter, Kate Smith, Mary Sweeney, Marsha Weber, Arthur Williams ,T. Ryan Wilson, Janice Zalen **Absent:** Joyce Dubow, Mona Y. Grieser, Nanine Meiklejohn, Rev. Dr. Ruby Moon, Tho Tran **Alumni:** Austin Heyman, Isabelle Schoenfeld **Liaison:** Alex Alcon, MC Dept. Recreation, Phoebe Shih, Asian American Health Initiative , Denise Isreal, MC Dept. Of Transportation, Monique Gardner, African American Health Program, **Staff/Liaisons:** Odile Brunetto , ED.D Aging and Disability Services , DHHS, Patrice L. McGhee, DPA Area Agency on Aging and Disability , Shawn Brennan, Department of Health and Human Services, Transportation and Mobility and CoA, Tremayne Jones, Office Services Coordinator HHS, Marcia Pruzan, Age Friendly, and Stephanie Moore, Housing Opportunity Commission **Guests:** Leslie Frey , DHHS and Intergovernmental Relations Legislative Analyst MC Government, and Kerry Donnelly, Marquis Health Consulting Service.

Welcome- Barbara Selter, Chair	Action items Responsible Party
<ul style="list-style-type: none"> • Roll Call/ Attendee -Eddie Rivas, Vice Chair <p>Area Agencies on Aging updates- Dr. Patrice Mc Ghee, Director</p> <ul style="list-style-type: none"> • ARPA projects were approved by the Maryland Department of Aging; final approval needed by County Council. Things are in place to roll-out plans for the funds. • Projects will support Older Americans Act Title III programs, including a contractor for marketing and outreach for seniors; pilot program including a Spanish speaking person for outreach; expansion of a personal care program; expanded dental care service; tablets and training for diverse non-English speaking groups. • Funds will also enable home improvements for owners willing to home share; social outings for older adults; expanded nutrition programs; and Access HEARS. • Also, expanded escorted transportation; care manager for villages; expanded respite services; and the PEARLS program to address depression. 	<p>Dr. McGhee will provide update to CoA upon approval of County Council</p>
<p><u>Liaison Reports</u></p> <ul style="list-style-type: none"> • Denise Isreal-Transportation- customer satisfaction survey about services on MOCO bus network; Call-n-ride age of eligibility change to 63; free taxi rides for covid testing, vaccinations, and home test kits; Ride On bus fare now \$1.00 one way or \$24 a month for a pass but seniors and people 	

<p>with disabilities ride free. There is a new bus route to Adventist Hospital in /White.</p> <ul style="list-style-type: none"> • Phoebe Shih- Asian American Health Initiative- Talked about a new workshop on safety for older adults and very active social groups • Alex Alcon- Recreation- October 3-9 is Active Aging Week, being kicked off with a Big Event on Oct. 3, “Go, Grow & Get Active” at Brookside Gardens in Wheaton Regional Park, 2-5 pm. • October 8 is the 50th Anniversary of Margaret Schweinhaut Senior Center. • Marcia Pruzan- provided an update on Age Friendly- progress past three years and an upcoming Regional Echo Summit. 	
<p><u>Presentation-State Legislature Advocacy Process- Leslie Frey</u> Intergovernmental Relations Legislative Presentation The legislative session happens once a year and lasts for 90 days beginning in January and ending in April during this time bills are presented. A PowerPoint of the presentation was emailed to all commissioners for review.</p>	<p>PowerPoint of the presentation emailed to commissioners.</p>
<p><u>Commission on Aging Old Business</u></p> <ul style="list-style-type: none"> ○ Approval of June and July minutes via- consent agenda - June, July minutes and Public Forum Report. Approved by acclamation. ○ Budget Report- Balance =\$4,018.63, Disbursements=\$250.00 for a video of the Public Forum video and \$107.15 for a COA, Get Together ○ Chair’s Report ○ New Zoom links- sent to all commissioners ○ Status of New Commissioner Selection Process- Marsha, Janice, and Kendell interviewed five candidates. Three candidates’ names were passed on to the county Board. The County Executive has approved the candidates. Waiting for the County Council to approve the three new CoA members. ○ Orientation of New County Council Members-We will send a cover letter introducing CoA to all County Council members and the Briefing Booklet. Then arrange to meet with the new County Council members. ○ Zoom vs. in-person CoA meetings- We will have some monthly meetings on zoom and four in-person quarterly meetings. All committee meetings on zoom. The first quarterly meeting will be in December. 	<p>.</p> <p>.</p> <p>Officer Nominating Committee- Wayne Berman, Betsy Carrier, and David Engel</p> <p>Draft letter to Council members</p>

<ul style="list-style-type: none"> ○ Committee Meetings Notifications- the entire commission will be informed of all committee meetings. ○ Report on OHCQ Nursing Home Issue- Janice Zalen wrote a letter to State Delegate Resnick and received a response. At the national level, Senator Casey has written to the 50 State Health Departments in the country with a deadline to respond with data on the issues. ○ Change on CoA meeting schedule due to Thanksgiving Holiday- EC Meeting November 14 and CoA meeting Nov.17 . ○ Discussion of COA Budget Priorities - Motion by Eddie to accept budget priorities as presented. Motion seconded by Jean. Motion approved. ○ Request volunteers for the Officer Nominating Committee- The following commissioners volunteered to serve on the committee Wayne Berman, Betsy Carrier, and David Engel. 	<p>Janice Zalen will update CoA on OHCQ Nursing Home Issue</p> <p>Shawn will email information to the members of the nominating committee</p>
<p><u>Committee Reports</u></p> <ul style="list-style-type: none"> ● Health and Wellness- Life Transitions as people age. The September meeting featured guests from diverse communities (African American, Asian American and Latino) who shared how their cultures deal with the topic. In most cases, the older parent does not want to talk about the topic. Some expressed that they wanted to be buried in their homeland. Financial matters were off the table. Many said their parents are cared for by family members. But second-generation adults are planning for their senior years. ● Aging in Community-Focused on the Villages with guest Pazit Aviv. Villages are exploring the Hub and Spoke Model; Villages have completed Hub and Spoke surveys. Also looked at Home Sharing. ● Public Policy- They are planning the Legislative Breakfast and have heard from some delegates and senators who have suggested to have the event online because it is convenient for the legislators. They plan to invite the new administration and General Assembly. Motion by Ryan Public Policy to schedule an early December meeting with the County Council. Seconded by Jean. Motion approved. 	<p>Public Policy planning the Legislative Breakfast.</p> <p>Plan a meeting with the County Council in early December</p>

<ul style="list-style-type: none"> • Communications- CoA has been actively involved with the libraries over the past year, surveying availability of materials in libraries for older adults. The Co-chairs have met with the head librarian to inform her of the lack of older adult sections in some libraries. They reviewed the library's strategic plan which did not mention anything about older adults. Jean and Beverly visited a senior community to meet with the residences. Residents were very interested in hearing about the work that CoA does for seniors. 	
<p>New Business</p> <ul style="list-style-type: none"> • Welcome back to Katie Smith • Community for Life Award submit names to Wayne in October and November. The award will be presented at our first in-person Quarterly Meeting in December. 	<p>Submit names to Wayne for The Community for Life Award</p>
<p>Adjourn: 12:06 pm</p>	