

# Montgomery County, MD - Veterans Network Directory

## Assisted Living, In-Home Care, and Long Term Care/Nursing Homes

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This is a project of the Montgomery County Commission on Veterans Affairs. To submit an update, add or remove a listing, or request an alternative format, please contact: [DHHSWebsite@montgomerycountymd.gov](mailto:DHHSWebsite@montgomerycountymd.gov), 240-777-1246 (V), MD Relay 711.

See also Respite Care and Adult Day Services

**Caregiver Resource Directory** - Includes contact information on more than 300 supportive government and non-profit organizations. <http://warriorcare.dodlive.mil/files/2013/08/Caregiver-Directory-Printer-Friendly-8-5-x-11.pdf>

### VA Aid & Attendance and Housebound Program

[http://benefits.va.gov/PENSIONANDFIDUCIARY/pension/aid\\_attendance\\_housebound.asp](http://benefits.va.gov/PENSIONANDFIDUCIARY/pension/aid_attendance_housebound.asp)

1-800-827-1000 (Toll Free)

The Aid and Attendance (A&A) Pension provides benefits for veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing and undressing or taking care of the needs of nature. It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. Assisted care in an assisting living facility also qualifies.

To qualify for A&A it needs to be established by your physician that you require daily assistance by others to dress, undress, bathing, cooking, eating, taking on or off of prosthetics, leave home etc. You DO NOT have to require assistance with all of these. There simply needs to be adequate medical evidence that you cannot function completely on your own.

The A&A Pension can provide up to \$1,732 per month to a veteran, \$1,113 per month to a surviving spouse, or \$2,054 per month to a couple\*. A Veteran filing with a Sick Spouse is eligible for up to \$1,360 per month\*. Many families overlook the A&A Pension as it pertains to veterans who are still independent, but have an ill spouse. Keep in mind that in this situation, if the spouse's medical expenses completely depletes their combined monthly income, the Veteran can file as a Veteran with a sick spouse.

Eligibility must be proven by filing the proper Veterans Application for Pension or Compensation. ([Form 21-534 surviving spouse](#)) ([Form 21-526 Veteran.](#)) This application will require a copy of DD-214 (see below for more information) or separation papers, Medical Evaluation from a physician, current medical issues, net worth limitations, and net income, along with out-of-pocket Medical Expenses.

You can ask VA to help you fill out the form by contacting a regional office or call center. Mail or take your application to the closest VA regional office.

### VA In-Home Care Services – VA Caregiver Support

Washington DC VA Medical Center  
50 Irving Street, NW  
Washington, DC 20422

[www.va.gov/GERIATRICS/guide/longtermcare/Home and Community Based Services.asp](http://www.va.gov/GERIATRICS/guide/longtermcare/Home_and_Community_Based_Services.asp)

202-745-8338 (DC VA Medical Center – Social Work Dept)  
1-877-328-2621 (Toll Free – DC VA Medical Center)

The Department of Veterans Affairs has published the interim final rule for implementing the Family Caregiver Program of the Caregivers and Veterans Omnibus Health Services Act 2010. This new rule will provide additional support to eligible post-9/11 Veterans who choose to receive their care in a home setting from a primary Family Caregiver. Eligible primary Family Caregivers can receive a stipend, training, mental health services, and access to health insurance if they are not already under a health care plan.

- **Home-Based Primary Care:** Delivers routine healthcare services to your home, including primary care, nursing, medication management, nutrition, physical rehabilitation, mental health, social work, and referrals to VA/community services.

- **Skilled Home Care:** VA purchased care provided in your home, including nursing services and physical, occupational, or speech therapies. To be eligible, the Veteran must be homebound (have difficulty traveling to and from appointments).
- **Homemaker and Home Health Aide:** Assist veterans with personal care needs, such as eating and bathing, which can be very stressful and time consuming.
- **Home Telehealth:** Enhances and extends care management and access to a care coordinator by using technology in the home. May include education and training or online and telephone support groups.
- **Home Hospice Care:** Provides comfort and supportive services in the home for the Veteran and their family members during the advanced stages of a terminal disease. Services are provided by an interdisciplinary team of health care providers and volunteers from a local community hospice agency and are available 24 hours a day, seven days a week. Bereavement care is also available for you and other immediately family members.

**VA National Caregiver Support Line: 1-855-260-3274 (Toll Free)**

[www.caregiver.va.gov/index.asp](http://www.caregiver.va.gov/index.asp)

**Hours:** Monday through Friday, 8:00 a.m. to 11:00 p.m., and Saturday, 10:30 a.m. to 6:00 p.m.

Licensed social workers will be available to answer your questions, listen to your concerns, and directly link you to the Caregiver Support Coordinator at your local VA Medical Center. Each Caregiver Support Coordinator can locate assistance tailored to your unique situation.

For direct services, call the Washington DC VA Medical Center at 202-745-8000 (V) and ask for the Caregiver Support Coordinator in the Social Work Department.

**A Place for Mom**

Sheyna Dorfman, MSW, LGSW, Senior Living Advisor

1-866-361-6107 (Toll Free)

E-mail: [sheynad@aplaceformom.com](mailto:sheynad@aplaceformom.com)

[www.aplaceformom.com/assisted-living/maryland](http://www.aplaceformom.com/assisted-living/maryland)

Free referral information service helping families find nursing homes, assisted living, Alzheimer's care, retirement communities, home care, and other senior care options. Join their online community for families of aging loved ones to talk about eldercare. Find or share tips on moving mom or dad, legal matters, financial aid for veterans, Alzheimer's care, dementia and more: <http://elder-care-community.aplaceformom.com>.

**Always Best Care Senior Services**

Ken Mehrling, Veterans Benefits Consultant

301-296-4500 (V)

E-mail: [kmehrling@abc-seniors.com](mailto:kmehrling@abc-seniors.com)

[www.alwaysbestcare.com/veterans-assistance.aspx](http://www.alwaysbestcare.com/veterans-assistance.aspx)

Help veterans and their families in Maryland understand long term care benefits from the Department of Veterans Affairs. Offer veterans benefits assessment and guidance to potentially find funds to assist in covering both in home care and assisted living expenses.

**Armed Forces Retirement Homes (AFRH)**

3700 N. Capitol Street, NW  
Washington, DC 20011-8400

202-730-3492 (V)

1-800-422-9988 (Toll Free)

E-mail: [publicaffairs@afrh.gov](mailto:publicaffairs@afrh.gov)

[www.afrh.gov/afrh](http://www.afrh.gov/afrh)

The campus features everything for our residents need for daily living: 400+ private rooms for independent living equipped for cable television and telephones, banks, chapels, convenience store, post office, laundry, barber shop and beauty salon, dining room, and 24-hour security and staff presence. Offer social, recreational and occupational activities for every interest. Veterans are eligible to live in AFRH located in Washington, D.C., if their active duty military service is at least 50 percent enlisted, warrant officer or limited duty officer if they qualify under one of the following categories:

- Are 60 years of age or older; and were discharged or released under honorable conditions after 20 or more years of active service.
- Are determined to be incapable of earning a livelihood because of a service-connected disability incurred in the line of duty.
- Served in a war theater during a time of war declared by Congress or were eligible for hostile fire special pay and were discharged or released under honorable conditions; and are determined to be incapable of earning a livelihood because of injuries, disease or disability.
- Served in a women's component of the armed forces before June 12, 1948; and are determined to be eligible for admission due to compelling personal circumstances.

Eligibility determinations are based on rules prescribed by the Home's Chief Operating Officer. Veterans are not eligible if they have been convicted of a felony or are not free from alcohol, drug or psychiatric problems. Married couples are welcome, but both must be eligible in their own right. At the time of admission, applicants must be capable of living independently. AFRH is an independent federal agency.

### Charlotte Hall Veterans Home

Lisa Murphy, Admissions Director

301-884-8171 ext 409 (V)

E-mail: [admissions@charhall.org](mailto:admissions@charhall.org)

[www.charhall.org](http://www.charhall.org)

Designed to meet the needs of veterans requiring minimal assistance with everyday activities, and is intended to help maintain their independence. In addition to their room and board, residents receive primary medical care, all home physician prescribed medications, transportation to and from the VA Medical Center in Washington, DC (for those who use to utilize the VA medical system), one free barber/beauty service per month, free local telephone service, free cable TV service, and a separate activities program tailored to a more active lifestyle. Specialized care for men and women suffering from Alzheimer's and other related dementias is provided in the home's two secure 42-bed units. Must meet admission eligibility requirements. The admission of non-veteran spouses must be at no cost to the State, except for Medicaid.