

# Montgomery County, MD - Veterans Network Directory

## Women Veterans

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**This is a project of the Montgomery County Commission on Veterans Affairs. To submit an update, add or remove a listing, or request an alternative format, please contact: [DHHSWebsite@montgomerycountymd.gov](mailto:DHHSWebsite@montgomerycountymd.gov), 240-777-1246 (V), MD Relay 711.**

### American Women Veterans

1250 Connecticut Avenue  
Washington, Dc 20036

202-436-0678 (V)

E-mail: [info@americanwomenveterans.org](mailto:info@americanwomenveterans.org)  
[www.americanwomenveterans.org](http://www.americanwomenveterans.org)

Partner with local communities and universities to raise awareness and educate America about the contribution of women in service through lectures, panel discussions and documentary screenings. Work with lawmakers on Capitol Hill to raise awareness of servicewomen, veterans and familial issues in order to bring about effective and lasting change to policies directly affecting members.

### Center for Women Veterans - U.S. Department of Veterans Affairs

[www1.va.gov/womenvet](http://www1.va.gov/womenvet)

VA's Center for Women Veterans monitors and coordinates VA's administration of benefit services and programs for women Veterans. The Center advocates for a cultural transformation that recognizes the service and contributions of women Veterans and women in the military, and also raises awareness of the responsibility to treat women Veterans with dignity and respect. There are Women Veteran Coordinator (WVCs) located in every regional office who function as the primary contact for women Veterans. WVCs provide specific information and comprehensive assistance to women Veterans, their dependents, and beneficiaries concerning VA benefits and related non-VA benefits. They may assist you in the claims intake, development, and processing of military sexual and personal trauma claims.

### Grace Under Fire

E-mail: [info@graceafterfire.org](mailto:info@graceafterfire.org)  
[www.graceafterfire.org](http://www.graceafterfire.org)

1-800-362-6477 (Toll Free)

Grace After Fire's program, Table Talk™: Color Me Camo, serves as a peer support system designed specifically for women Veterans. Table Talk™ focuses on gender specific aspects through structured interaction with trained facilitators and fellow peers while identifying and addressing barriers women Veterans face on the path to positive change. The program provides educational materials and activities that promote self-knowledge, self-understanding, self-development and self-renewal for the woman Veteran. The purpose of the program is for peers to help peers with the objective to get Veterans well by talking to each other and to establish a bond amongst the Veterans in their local areas. Results of the program will be healthy women, healthy families, and healthy communities.

### NAMI's Veteran Resource Center

E-mail: [vets@nami.org](mailto:vets@nami.org)  
[www.nami.org](http://www.nami.org)

1-800-950-6264 (Information Helpline)

Gender-specific information, resources, and support specific to women. Also offer resources on post-traumatic stress disorder, traumatic brain injury, public policy and legislation, veterans affairs and Veterans Integrated Service Networks (VISNs), mental illness, information for families, children, and spouses, multicultural resources, suicide prevention, homelessness, and an online discussion group and forum for veterans to connect. Individuals have to create a free account in order to view these resources.

## National Center for Post Traumatic Stress Disorder (PTSD)

E-mail: [ncptsd@va.gov](mailto:ncptsd@va.gov)

802-296-6300 (Information Voicemail)

[www.ptsd.va.gov/public/PTSD-overview/women/index.asp](http://www.ptsd.va.gov/public/PTSD-overview/women/index.asp)

Provide information about trauma, PTSD, and treatment that is specific to women. Women report exposure to many different types of traumatic events, and are especially likely to experience sexual assault in childhood, adulthood, or both. Sexual assault is a type of trauma that often leads to the onset of PTSD for both women and men. Given greater exposure to this type of trauma, women are particularly at risk for PTSD.

## Silver Spring Vet Center

Wayne Miller, Team Leader/Director

301-589-1073 (V)

2900 Linden Lane

202-273-9116 (Bereavement Counseling)

Silver Spring, MD 20910

E-mail: [wayne.miller3@va.gov](mailto:wayne.miller3@va.gov)

[www.vetcenter.va.gov/Vet\\_Center\\_Services.asp](http://www.vetcenter.va.gov/Vet_Center_Services.asp)

**Open Monday and Friday, 8:00 a.m. to 4:30 p.m.; Tuesday, Wednesday and Thursday, 8:00 a.m. to 6:30**

**p.m.** Walk-ins are permitted during these hours, but appointments are requested. After hours appointments as needed. Veterans must show proof of service. The center provides benefits counseling and assistance with navigating the VA and paperwork, as well as employment counseling, counseling on PTSD and sub-PTSD, substance abuse counseling, family and marital counseling, psychological counseling related to readjustment, coordination and referral with doctors, employment related issues, assistance with basic needs such as food, shelter and clothing, medical and legal referrals, homeless assistance and will work with Montgomery County to find shelter placement, sexual trauma counseling, community outreach, bereavement counseling, and more. All services are provided at no cost to the veteran and their family. Veterans do not need to be enrolled with the Department of Veteran Affairs Medical Centers to use the Vet Center. Veterans do not need a disability rating or service connection for injuries from either the Department of Veteran Affairs or the Department of Defense, to use the Vet Center. View [Vet Center Eligibility Criteria](#). If you live outside of Montgomery County [view a list of other locations](#) that may be closer to you.

**Directions:** The Silver Spring Vet Center is located near the intersection of Seminary Road/Capitol View Avenue. You can also take the #5 Ride On Bus from either the Silver Spring Metro Station or the Twinbrook Metro Station and be dropped off at the Capitol View Avenue stop.

## U.S. Government Accountability Office (GAO)

[www.gao.gov/search?q=women%20military](http://www.gao.gov/search?q=women%20military)

Download GAO reports on issues concerning women in the military and their roles.

## Vietnam Veterans of America (VVA)

8605 Cameron Street, Suite 400

1-800-882-1316 (Toll Free)

Silver Spring, MD 20910

[www.vva.org/Committees/WomenVeterans/index.html](http://www.vva.org/Committees/WomenVeterans/index.html)

The VVA National Women Veterans' Committee, as a representative body, is the voice of those who seek strength and support in resolving problems and addressing concerns related to all women veterans. The Committee identifies issues and needs specific to women veterans and develops strategies to address and resolve them. Publication -

**Women Veterans Assistance & Resources:** [www.vva.org/Committees/WomenVeterans/WomenVetsRev.pdf](http://www.vva.org/Committees/WomenVeterans/WomenVetsRev.pdf)

## Women of Four Wars: Stories from the Veterans History Project

[www.loc.gov/vets/stories/ex-war-women4wars.html](http://www.loc.gov/vets/stories/ex-war-women4wars.html)

Special presentation from the Veterans History Project, a program of the Library of Congress American Folklife Center. The series covers nearly 60 years and documents the changing role of American women in wartime service.

### Women Veterans Call Center (WVCC)

[www.womenshealth.va.gov/WOMENSHEALTH/ProgramOverview/wvcc.asp](http://www.womenshealth.va.gov/WOMENSHEALTH/ProgramOverview/wvcc.asp)

1-855-869-6636 (Toll Free)

**Call Center Hours:** Monday to Friday,  
8:00 a.m. to 10:00 p.m., and Saturday,  
8:00 a.m. to 6:30 p.m. (EST).

Answers questions and responds to concerns from women veterans, their families, and caregivers across the nation about VA services and resources. Staffed by knowledgeable VA employees who provide information about benefits, eligibility and services specifically for women veterans. All the representatives at the Women Veterans Call Center are women, and many are veterans themselves that can relate to women veterans, their families and friends. The WVCC makes direct referrals to Women Veteran Program Managers located at every VA Medical Center. **Chat Feature:** A new online, one-to-one chat function enables women veterans to go online and anonymously chat via real-time text messaging with trained representatives, all of whom are women and many of whom are veterans themselves. The chat feature, which is open extended hours Monday through Saturday, provides another avenue for women veterans to ask general questions about benefits, eligibility and services specifically related to them.

### Women Veterans Health Care - U.S. Department of Veterans Affairs

Baltimore VA Medical Center  
10 North Greene Street  
Baltimore, MD 21201

410-605-7000 (V)  
1-800-463-6295 (Toll Free)

[www.maryland.va.gov/facilities/Baltimore\\_VA\\_Medical\\_Center.asp](http://www.maryland.va.gov/facilities/Baltimore_VA_Medical_Center.asp)

Washington DC VA Medical Center  
50 Irving Street, NW  
Washington, DC 20422  
[www.washingtondc.va.gov](http://www.washingtondc.va.gov)

202-745-8000 x 8582 (Women's Health Clinic)

[www.womenshealth.va.gov](http://www.womenshealth.va.gov)

Website provides information on health care services available to women veterans, including comprehensive primary care as well as specialty care such as reproductive services, rehabilitation, mental health, and treatment for military sexual trauma. At each VA Medical Center, a Women Veterans Program Manager is designated to assist women veterans and Women Veterans Coordinators are located at each VA Regional Office.

### Women's Research & Education Institute (WREI)

E-mail: [scanlan@wrei.org](mailto:scanlan@wrei.org)  
[www.wrei.org](http://www.wrei.org)

202-506-9804 (V)

WREI puts vital information on key issues affecting women into the hands of policy-makers in the form of reports and facts sheets that are prepared by WREI staff or outside scholars. Family leave policies in the U.S. and abroad, housing, access to health care, women's employment, and women in the military are some of the issues and projects currently on WREI's research agenda. Publish a biannual publication ("Women In The Military - Where They Stand") and host annual conferences ("Women In The Military").