MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

Case Management

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: <u>MCCPWD@montgomerycountymd.gov</u>, 240-777-1246 (V), MD Relay 711.

A & C Support Services, Inc.

11140 Rockville Pike, Suite 100 Rockville, MD 20852 703-659-8404 (VA) E-mail: <u>info-intake@acssinc.org</u> https://a-c-support.business.site

Provide services for individuals with Autism and intellectual disabilities.

Support Broker: Supporting eligible individuals and their families using consumer directed services.

Support Coordination: Coordinating and developing and accessing necessary supports on behalf of individuals and their families.

Respite Care: Planned or emergency temporary care relief. Short notice is accepted.

Life Skills Coach: Providing skills training, behavior support and supports with independent living and accessing the community. Accept private pay and insurances and work with families with limited income and resources. All supports are provided in families or home or the community. Serving DC, MD and VA.

Behavioral Health Targeted Case Management Montgomery County Dept. of Health & Human Services

240-777-1770 (V)

www.montgomerycountymd.gov/hhs-program/bhcs/ bhcsmentalhealthcasemgmt-p247.html

Serves County residents age 18 and older who have severe and persistent mental health condition or both mental and substance abuse problems and have no private insurance. Serves primarily as a broker to mental health treatment and other services, providing case management on a short-term basis. No medical, dental, or psychiatric treatment is directly provided. There is no charge to the client if they have Medicaid or are eligible for the public mental health system. The program bills Medicaid directly. Other health insurance companies may pay for a part of the cost of Targeted Case Management.

Coordinating Center, The

8531 Veterans Highway, Third Floor Millersville, MD 21108 410-987-1048 (V – Baltimore) 301-621-7830 (V – Washington, D.C. Region) www.coordinatingcenter.org

Coordinate programs and services that people who have complex needs and disabilities must have to stay healthy and safe at home. Assist people who participate in their programs to be fully included in their communities, to thrive at home, and to meet their

Coordinating Center Continued

personal goals. Coordinate services for individuals in the REM Program, Model Waiver Program, Home and Community-Based Options Waiver/CFC/MAPC, Autism Waiver, and Housing Initiative Program. Funded primarily through programs paid for by Maryland Medicaid and sometimes Medicare or both. Programs that are grant funded are financed through foundations, agencies, or other entities.

Cornerstone Montgomery Inc.

1398 Lamberton Drive Silver Spring MD 20902 301 493-4200 (V) 1-833-903-0216 (Fax) Email: info@cornerstonemontgomery.org www.cornerstonemontgomery.org

Montgomery County Case Management (MCCM) program provides short-term case management services to Montgomery County residents with a mental health and/or co-occurring disorder. MCCM helps clients apply for benefits/entitlements, health insurance and get linked to resources within and apart from the public mental health system to help clients meet basic needs and/or get longer term supports such as Residential Rehabilitation, Supported Living or clinic. Insurance is not required to obtain services from MCCM and clients can self-refer. Requirements: have a permanent or a reasonably fixed address; have a willingness to work collaboratively on goals; have a mental illness; be 18 or older; and be a resident of Montgomery County.

House Calls, LLC

Beth Albaneze, CTRS, CPRP, CLP 301-346-6732 (V) E-mail: <u>callingonbeth@gmail.com</u> www.callingonbeth.net

Provide services for teens to seniors including, but not limited to, counseling during any kind of life transition; life coaching to integrate individuals into work, leisure or volunteer pursuits; advocate on your behalf to make sure professionals and agencies are meeting your needs; provide or arrange all aspects of mental health or medical case management; arrange recreation activities that begin at home; and walk an individual to community resources using volunteers as needed for support. Providing expanded virtual and at home coaching, counseling, case management, recovery support, transition resources and referrals during the pandemic with extra precaution. Serve DC Metro area including Maryland and Virginia. Virtual behavioral health / counseling and life coaching is provided nationwide.

Jewish Social Service Agency (JSSA) Care Management 301-816-2633 (V)

www.jssa.org/care-coordination

Care managers provide a wide range of mental health, care management, and employment and support services for those in the community with special needs and older adults. Care managers can help individuals: identify the changing needs of a child and family; become a more effective advocate; gain access to specific programs and services; develop transition and future planning needs; identify community resources; connect with other families who face similar challenges; and understand the full range of available public benefits and funding. Services could include: assistance with medical appointments, including transportation; communication and family issues; home-delivered meals; home repair and maintenance coordination; medical and legal needs coordination; monitoring home care services (housekeeping, personal care); paperwork organization and bill paying; relocation and moving assistance; safety concerns; and socialization issues. Care managers can link individuals to JSSA's counseling services (individual, coupe or group therapy, psychiatric evaluation or medication management); home support services through Premier Homecare; shopping and errands through JSSA's volunteer programs; escorted transportation to medical appointments; parent training and education; and JSSA workshops and support groups.

Planned Lifetime Assistance Network (PLAN) of Maryland - DC, Inc.

604 South Frederick Avenue, Suite 411 Gaithersburg, MD 20877 301-740-8444 (V) E-mail: <u>admin@planofmd-dc.org</u> www.planofmd-dc.org

Provide clinical case management to supplement a family's effort to provide support to their loved one with a disability. Services include: counseling; assistance applying for public benefits; budgeting, bill payment and escrow account management; assistance applying for housing and vocational rehabilitation programs; coordinating medical care; and socialization groups and activities.

Rock Creek Foundation – Affiliated Santé Group Resource Coordination Services

12120 Plum Orchard Drive, Suite E Silver Spring, MD 20904 301-586-0900 (V) www.rockcreek.org

Provide case management and assistance with access to community-based supports for individuals with psychiatric needs and developmental disabilities including, but not limited to, entitlements, advocacy, housing, medical, psychiatric, and vocational services.

TLC's Outcomes Adult Services

Sherri Stocklin, Admissions and Community Supports Coordinator 2092 Gaither Road, Suite 100 Rockville, MD 20850 301-294-9205 (V) E-mail: <u>sstocklin@ttlc.org</u> https://ttlc.org/outcomes-adult-services

Highly individualized supports are offered to assist adults in maximizing their independent living skills in this longterm, DDA funded program. Supports are given in activities of daily living, such as drop-in supervision, money management, transportation, recreation, medical, home management, case management and employment. Offers intensive supports to students moving from school to employment and post-secondary pursuits. Each individual works closely with an Outcomes Case Manager on a day-to-day basis with an emphasis on open communication. Services provided may include career assessment, job seeking skills, job placement and coaching, travel training and case management. Work readiness behaviors and self-advocacy are also promoted.

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