

# MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

## Family Supports

Montgomery County, Maryland ('the County') cannot guarantee the relevance, completeness, accuracy, or timeliness of the information provided on the non-County links. The County does not endorse any non-County organizations' products, services, or viewpoints. The County is not responsible for any materials stored on other non-County web sites, nor is it liable for any inaccurate, defamatory, offensive or illegal materials found on other Web sites, and that the risk of injury or damage from viewing, hearing, downloading or storing such materials rests entirely with the user. Alternative formats of this document are available upon request.

### Ed Bohrer Parent Resource Center

Gaithersburg Elementary School  
35 N. Summit Avenue  
Gaithersburg, MD 20877  
301-926-4895 (V)

E-mail: [info@fs-inc.org](mailto:info@fs-inc.org)

[www.familyservicesagency.org/bohrer.html](http://www.familyservicesagency.org/bohrer.html)

Open on weekdays from 8:30am to 4:00pm, from September through July. Services include advocacy for families and individuals; clothing, food and furniture programs; counseling and mental health referrals; education (ESOL, GED, Literacy and Citizenship classes); interpretations and translations, including parent/teacher conferences; legal assistance referrals; medical, dental and eye clinic referrals; and notary services. Services are offered free of charge to the general public. Referrals in English and Spanish. Affiliated with the Family Service Agency, Inc.

### Family Discovery Center

451 Hungerford Drive, Suite 700  
Rockville, MD 20850  
301-424-2989 (V)

[www.fs-inc.org/services/programs/family-discovery-center](http://www.fs-inc.org/services/programs/family-discovery-center)

Multi-generational program that operates year round to promote adult learning and healthy child development in families with young children. Serves Montgomery County residents who are parents of young children (six weeks through 4 years old). Offer adult education and life skills classes to parents to promote self-sufficiency and positive parenting skills. Children learn alongside their parents at the Exploration Station child development center where they develop school readiness skills and participate in parent/child activities, family field trips, music and art. The Exploration Station also provides developmental screenings. The Center also provides home visiting services for parents who would like additional support with their parent roles.

### Family Services Agency, Inc.

610 East Diamond Avenue, Suite 100  
Gaithersburg, MD 20877-5323  
301-840-2000 (V)

E-mail: [info@fs-inc.org](mailto:info@fs-inc.org)

[www.familyservicesagency.org](http://www.familyservicesagency.org)

Early Childhood programs promote early childhood health, education and development in the home, school and community. Serve pregnant mothers, young children and their families, partnering with families to provide early learning experiences for children from diverse backgrounds. The benefits of participation include improved family functioning, support of the children's healthy development which prepares them for a lifetime of learning, and connectivity with supportive community resources. Programs include:

**Discovery Station Early Head Start:** Home-based child development and parent support is provided for low income families with children aged 0 to 3; the Discovery Station Child Development Center located on the FSI Gaithersburg Nonprofit Village campus serves 28 children of parenting teens.

**Healthy Families Montgomery (HFM):** A nationally accredited bilingual home visiting service in Montgomery County is provided for first-time parents who are experiencing multiple life stressors.

**Family Discovery Center:** Multi-generational year round program promoting adult learning and healthy child development in families with young children.

**Ed Bohrer Parent Resource Center (PRC):** With support from the City of Gaithersburg, the center at Gaithersburg Elementary School helps Spanish and English speaking parents and individuals access services and pursue educational goals for themselves and their children.

**Dare To Be You:** A family-focused, 10 week prevention program is provided at three Montgomery County elementary schools to help families with preschoolers improve parent and child interactions.

**Keys To Success:** Keys to Success program supports middle and high school students who are pregnant or parenting as they move towards high school graduation, post secondary education and self-sufficiency.

**National Family Resiliency Center, Inc.**

**National Headquarters**

10632 Little Patuxent Parkway  
2000 Century Plaza, Ste. 121  
Columbia, MD 21044

**Rockville Office**

451 Hungerford Drive, Suite 225  
Rockville, MD 20850

E-mail: [ask@nfrchelp.org](mailto:ask@nfrchelp.org)

[www.nfrchelp.org](http://www.nfrchelp.org)

Comprehensive family, couples and individual therapy, age-appropriate support groups and peer counseling. Parenting seminars educate parents about the realities of a family transition, the effect of transition on children, and the legal process, along with providing them with an opportunity to learn co-parenting communication skills. FamilyConnex™ is an online parent planning program developed by NFRC to help families facing divorce and other family transitions. It includes a decision-making model, a child assessment tool, a planning template; a manual on how to plan your co-parenting; information about parenting agreements; and other helpful resources to build parenting plans for each child in your family. KidsConnex is an educational program for children and teens that provides a sense of hope and practical guidelines for kids.