

MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

Medical Services

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Catholic Charities

Montgomery County Location

12247 Georgia Avenue
Silver Spring, MD 20902
301-434-8985 (Information)
301-857-9144 (Appointments)
www.catholiccharitiesdc.org

Hours: Monday through Friday, 8:30 a.m. to 5:00 p.m.

Provide low-cost, patient-centered primary care services and specialty services on-site, including minor surgery, gynecology, cardiology, pulmonology, nephrology, dermatology, orthopedics, acupuncture and referrals to other specialty services including physical therapy. Serve people of all ages and work primarily with low-income families who do not have health insurance or are covered with Medstar and Amerihealth, in the District of Columbia and Maryland.

Chronic Care Initiative: Continuum of care for patients with diabetes, hypertension or cardiovascular disease, from early diagnosis. Regular follow-up with a medical provider and support provided by individualized or group education sessions available.

Medical supplies also available in some cases.

Diabetes Focus Groups: Individualized or group education sessions to reinforce and provide support in lifestyle changes that are essential for adequate management and prevention of complications related to diabetes.

Pasos Saludables (Healthy Steps): Group education sessions to reinforce and provide support in lifestyle changes that are essential for adequate management and prevention of complications related to diabetes, hypertension, and cardiovascular disease (Esp. Nutrition, Physical Activity, Stress, Tobacco Use).

Medication Assistance Program: Assistance in obtaining free/low cost medications for all patients through a variety of programs.

¡Celebremos la Vida! Cancer Prevention program, including on-site screening mammogram, pap smear, required follow-up and health education about breast and cervical cancer.

Colorectal Cancer Education: Health education program and take-home testing for Colorectal Cancer. Counseling: Psychological support for patients to address stress, coping skills, PTSD and depression.

Diabetic Eye Exam: Diabetic patients receive retinal eye exams pro bono through Little Sisters of the Sacred Heart and an onsite ophthalmologist for a small fee.

Catholic Charities - Health Care Network

202-481-1424 (V)

E-mail: healthcare.network@catholiccharitiesdc.org
www.catholiccharitiesdc.org/CCHCN?

Connects low-income and uninsured patients with specialized, pro bono health care services. Patients are referred from community-based health clinics.

Community Clinic, Inc.

Primary care services for uninsured, under-insured, and disabled persons, homeless residents, and medically needy persons encountering barriers to health care. Services include acute and chronic care (including HIV, gynecology, and preventive services); well-care for newborns, children and adults; routine immunizations/vaccines for children program; family planning health care and counseling; Diabetes education and nutrition classes in English and Spanish; preventive dental care; behavioral health counseling; referrals to medical specialists and to programs to assist uninsured patients; referrals for discount lab and radiology testing; flu shot program for patients and county shelter residents; toll-free appointment phone lines; 24-hour phone help for urgent patient concerns; and assistance with Medicaid-eligibility applications. Call each clinic for office hours.

www.cciweb.org

Gaithersburg Clinic

200 Girard Street, Suite 206
Gaithersburg, MD 20877
301-216-0880 (V)

Offering collocated services that include medical, dental, behavioral health and WIC services all in one location.

Silver Spring Clinic

8630 Fenton Street, 12th Floor
Silver Spring, MD 20910
301-585-1250 (V)

Offers medical, dental, family planning, adolescent and behavioral health services.

Takoma/Langley Park Clinic

7676 New Hampshire Avenue, Suite 220
Takoma Park, MD 20912
301-431-2972 (V)

Practice site offers collocated services that include medical, behavioral health, and WIC services.

EyeCare America

1-877-887-6327 (Toll Free)

E-mail: pubserv@aao.org

www.aao.org/eyecare-america

The **Seniors Program** connects eligible seniors 65 and older with local volunteer ophthalmologists who provide a medical eye exam at no out-of-pocket cost, and up to one year of followup care for any condition diagnosed during the initial exam, for the physician services. The **Glaucoma Program** provides a glaucoma eye exam at no cost to those who are eligible and uninsured. Those who are eligible and insured are billed normal office procedure, and responsible for any co-payments. (This is an awareness program to provide a baseline glaucoma eye exam to those who may not be aware they are at increased risk). Additional services necessary for your care such as, hospitals, surgical facilities, anesthesiologists and medications, are beyond the scope of EyeCare America services. The ophthalmologist is a volunteer who agrees to provide only services within these program guidelines. The program does not provide eyeglass prescriptions or cover the cost of glasses.

Mercy Health Clinic

7 Metropolitan Court, Suite 1

Gaithersburg, MD 20878

240-773-0300 (V)

www.mercyhealthclinic.org

Free, not-for-profit, non-sectarian, community based primary health care provider serving uninsured, low-income adult residents of Montgomery County, Maryland. Treatment at the clinic includes blood tests, and frequently calls for X-rays, mammograms, and other specialty care. Provide primary preventative care; diagnosis and treatment of general acute and chronic medical problems; management of chronic medical conditions, such as hypertension and diabetes; referrals for professional consultation, including to on-site dental clinic and behavioral health specialists; access to off-site specialty care, including surgical procedures when possible; and patient navigation to assist with mammography and other areas. Mercy Health Clinic's health education program is led by a physician and certified nutritionist. They teach classes for patients and conduct individual nutrition counseling sessions at the clinic. Provide diabetes education; nutrition education; lifestyle and exercise education; and medication management.

MobileMed - Mobile Medical Care, Inc.

301-634-9600 (Appointment – Germantown Clinic)

E-mail: appointment@mobilemedicalcare.org

301-493-2400 (All other MobileMedClinics)

E-mail: schedule@mobilemedicalcare.org

www.mobilemedicalcare.org

7 primary care clinics located Aspen Hill, Fairland, Gaithersburg, Germantown, Potomac, Takoma Park, Rockville and 2 speciality care clinics located in Bethesda. Services provided through a combination of fixed and mobile medical van sites. Provides all of its patients with a full array of primary care services including physical exams, screenings, labs, vaccinations, medications, integrated behavioral health (including counseling), arrangements for diagnostic testing, and referrals to specialty care, if necessary. Services for patients with chronic conditions include consistent care; regular screenings for complications; a coordinated health care plan; arrangements for no/low-cost medications; support management and oversight; patient education and coaching geared toward self-reliance; access to specialty care, if necessary. Case management focuses on empowerment, emphasizing lifestyle changes such as nutrition and weight loss, smoking cessation, and exercise. In-house specialty services feature weekly Endocrine and Heart clinics, a weekly women's clinic with primary gynecological care, and weekly podiatry and optometry for diabetic patients. For uninsured patients that need they care that they do not provide in-house, we refer those patients to one of our community partners through Project Access or Catholic Charities. Their hospital partners, Adventist HealthCare (Shady Grove Adventist and Washington Adventist) and Suburban Hospital, along with their physician partners, donate diagnostic laboratory, radiology, and cardiac testing for MobileMed's uninsured patients. Patients are asked to contribute toward the cost of their medical visit. For any low-income resident, the co-pay is nominal. This co-pay includes physical exams, labs, screenings, etc. Patients are never turned away due to their inability to pay.

MontgomeryCares

240-777-0311 (V)

www.montgomerycares.org

Provides primary health care to medically uninsured, low-income adult residents of Montgomery County. Clinics and mobile med vans provide visits with medical professionals, medications and prescriptions, check-ups, screenings, help to manage chronic conditions like diabetes and high blood pressure, referrals for specialty care, and referrals for dental services. To qualify for services, you must be at least 18 years old, provide proof you live in Montgomery County, and proof that your income is limited. There are 30 clinics and mobile med vans throughout the County. Clinics and mobile med vans are not operated by the County.

Project Access

Amber Hagelstein, MS, Specialty Care Program Manager

301-628-3406 (V)

E-mail: Amber_Hagelstein@primarycarecoalition.org

Provides referrals and care coordination for low-income, uninsured patients in need of specialty care. Specialty areas may include: general surgery; cardiology; dermatology; neurology; orthopedics; and physical therapy. Patients participating in Project Access are referred from Montgomery Cares safety-net clinics and continue to receive primary care through their home clinic. Project Access is funded in part by the Montgomery County Department of Health and Human Services and supplemented by resources donated by local hospitals, services provided by volunteer physicians, and generous donations from foundations and individuals.

Proyecto Salud Clinic

Wheaton Office

2424 Reedy Drive
Wheaton, MD 20902
301-962-6173 (V)

Olney Office

18111 Prince Philip Drive, Suite 312
Olney, MD 20832
301-260-1073 (V)

www.proyectosalud.org

Provide affordable primary care access for uninsured adults through a multilingual care team. Offer primary adult healthcare, behavioral health, gynecology clinic, cardiology clinic, diabetes clinic and school, laboratory services, and medications. Call for more information or to make an appointment.

Simmonds, Martin, and Helmbrecht

301-414-2300 (V)

Obstetrics and gynecology. Accessible examination tables.

Gaithersburg Office

555 Quince Orchard Road, Suite 410
Gaithersburg, MD 20878

Rockville Office

11921 Rockville Pike, Suite 400
Rockville, MD 20852

Damascus Office

26005 Ridge Road, Suite 200
Damascus, MD 20872

Women's Cancer Control Program - Montgomery County Dept. of Health & Human Services

Mid-County Health Center
2424 Reedy Drive, Suite 218
Wheaton, MD 20902
240-777-1750 (V)
240-777-4549 (Spanish)

Program provides free mammograms, clinical breast exams, and pelvic exam/pap tests to low income uninsured women 40 to 64 years old who are Montgomery County residents. The program is for low income families who are uninsured. Proof of residence in Montgomery County and proof of income is requested. The resident needs to have lived in the County for at least 6 months to be eligible. Application review and approval process takes two weeks, provided that all documentation is approved.