



Disability Network Directory – Montgomery County, Maryland

Parent Advocacy and Supports

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This is a project of the Montgomery County Commission on People with Disabilities.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycountymd.gov

Adventist HealthCare – Parenting, Childbirth Classes and Support Groups

www.adventisthealthcare.com/services/pregnancy-birth/parenting-childbirth-classes/

Offers online and in-person childbirth, infant care and breastfeeding classes to help you prepare for your baby. Connect with and learn from others during support groups for breastfeeding and discovering motherhood. Join a conversation with other new and expectant mothers in their Facebook group Discovering Motherhood. Supportive, safe and friendly environment where you can get advice, share tips and stay informed about pregnancy, childbirth and parenting topics.

Ed Bohrer Parent Resource Center

Gaithersburg Elementary School
35 North Summit Avenue
Gaithersburg, MD 20877
240-778-9879 (V)

www.sheppardpratt.org/locations-directions/details/ed-bohrer-parent-resource-center/

Serve English and Spanish speaking people as they pursue educational goals for themselves and their children as well as access needed services in the community. Offer parenting skill workshops. Services are offered free of charge to the general public.

Managed by Sheppard Pratt.

Family Support Center - Division of Specialized Support Services - Special Education Services - Montgomery County Public Schools

MaryBeth Mantzouranis, Family Support Services Coordinator

240-753-9487 (Cell)
240-740-3900 (Office)

Email: Marybeth_O_Mantzouranis@mcpsmd.org
www.montgomeryschoolsmd.org/departments/special-education/parent-resources/

Family Support Center staff are committed to provide information to parents and families to work as equal partners with MCPS. The Center seeks to increase parental involvement in the early intervention and special education decision making process; increase

Family Support Center Continued

collaborative relationships through information and training; assist families in resolving concerns and making informed decisions regarding their child's education; and provide information about disabilities and school system and community resources. Resources include advocacy and support, behavior support, child care, citizenship and advocacy, community living, financial and housing, food assistance, healthy living, independent living, meaningful day and employment, medical, mental health, parenting, physical disabilities, recreation, safety and security, social and spirituality, technology and transportation.

Gabriel Network

301-637-3223 (V)

Email: office@gabrielnetwork.org

www.gabrielnetwork.org

Non-profit organization that helps expectant moms with various practical needs, including finding resources such as: pregnancy information and assistance with pre-natal care; maternity and baby clothes, cribs, strollers, and various baby items; referrals for housing, medical care and counseling; parenting support or adoption information. Services are provided at no charge. Church-based volunteer teams.

Gabriel Project Cluster of Montgomery County

301-946-4815 (V)

Email: info@gpmoco.org

www.gpmoco.org

Provide women with prenatal care including sonograms, maternity clothing, diapers for the newborn, cribs, money and other needed items.

Holy Cross Hospital

www.holycrosshealth.org/classes-events

Offer virtual classes on becoming a father, breastfeeding, childbirth, introduction to baby care, infant and child safety – birth to 5 years, mother to mother connection, and grandparents-to-be.

MedStar Montgomery Medical Center

18101 Prince Philip Drive
Olney, MD 20832
301-774-8881 (Registration)
www.medstarhealth.org/mhs/events
Infant feeding class, infant and child CPR, infant and child first aid, parents-to-be workshops, infant care and safety class, and birth preparation.

Parent Academy TO GO! - Montgomery County Public Schools (MCPS)

www.montgomeryschoolsmd.org/departments/parentacademy
Parent Academy TO GO! is a series of virtual presentations for families to participate and view at home. Designed to inform and empower families as advocates and partners in their children's education. Workshops provide families with useful information and resources to support their children's academic and emotional well-being, as well as help them to be college and career ready.

NeuroSpice Girls

Amanda Levin, Founder
Email: amanda@neurospicegirls.net
www.neurospicegirls.net
A peer support group and social club for moms of neurodiverse children in Maryland, Virginia, and Washington DC. There is no membership fee to join. Interested individuals are required to fill out an intake form to join the group. With form completion, members are added to the private Facebook group and can opt in to a private What's App chat and email listserv. Offers a live play date match form to connect moms with children of similar ages, interests, and diagnoses. Provides a virtual space to get personal referrals for services, offer resources, and share the challenges and wins of raising neurodiverse children. Hosts monthly events that provide self care such as hikes and brunch and educational programming ranging from Individual Educational Programs (IEPs), neuropsych testing, and relationships between neurodiverse and neurotypical siblings.

Parent Encouragement Program - Kensington Baptist Church

10100 Connecticut Avenue
Kensington, MD 20895
301-929-8824 (V)
Email: office@pepparent.org
www.pepparent.org
Non-profit, educational organizations that provides in-person and online classes, events, and other educational resources to parents and all who care for children, toddlers through teens. Programs include classes, workshops, community talks and presentations by noted authors. Provide access to books and other resources detailing a practical, proven approach to childrearing.

Parents' Place of Maryland

802 Cromwell Park Drive, Suite H
Glen Burnie, MD 21061
410-768-9100 (V)
1-800-394-5694 (Toll Free)
www.ppmmd.org
Offers families individualized support from someone who knows what it means to have a child with a disability or a special healthcare need. Team has firsthand knowledge of the special education and healthcare process. help families obtain education and health care services for their children with disabilities; work to improve education and health care for all children; train and inform parents and professionals on a variety of topics; and connect children with disabilities to community resources that address their needs. Only organization in Maryland charged by the U.S. Department of Education, Office of Special Education Programs, to serve as the state's Parent Training and Information (PTI) Center. Provides information and support for families who have children and youth with disabilities or special needs, beginning at birth through age 26. Parent Educators and PTI staff are available to help you understand and navigate the special education system and provide you with the information and tools you need to be an informed and active participant in your child's education. Also offer workshops and provide resources that address the unique needs of military connected families. All services are provided to parents and families at no cost! Family-to-Family Health Information Center (F2F HIC) provides a central source for families of children and young adults with disabilities and special health care needs to obtain support, advocacy, and information about health care. Offers LEADers, a parent leader program to develop leadership skills among parents of children with disabilities and special health care needs. This program appeals to various adult learning styles, including: traditional workshops, webinars, experiential learning, coaching, mentoring, and independent study. It is designed to help parents broaden their role within their communities as a resource, support group leader, trainer, advocate and more.

St. Mary's Catholic Church – Gabriel Project

520 Veirs Mill Road
Rockville, MD 20852
301-424-5550 (V)
Email: stmaryrockville@yahoo.com
<https://stmarysrockville.org/social-concerns>
Parish-based ministry designed to help women in crisis pregnancies. Provide mentoring and emotional support, baby supplies, and more.