### Respite Care

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycountymd.gov.

<table>
<thead>
<tr>
<th>Company</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>A &amp; C Support Services, Inc.</td>
<td>11140 Rockville Pike, Suite 100 Rockville, MD 20852</td>
<td>301-684- (MD)</td>
<td><a href="mailto:info-intake@acssinc.org">info-intake@acssinc.org</a></td>
<td><a href="http://www.acssinc.org">www.acssinc.org</a></td>
<td>Provides services to individuals with developmental disabilities and seniors. <strong>Respite Care</strong>: Planned or emergency temporary care relief. Short notice is accepted. <strong>Support Broker</strong>: Supporting eligible individuals and their families using consumer directed services. <strong>Support Coordination</strong>: Coordinating and developing and accessing necessary supports on behalf of individuals and their families. <strong>Life Skills Coach</strong>: Providing skills training, behavior support and supports with independent living and accessing the community. Maryland DDA approved certified provider for personal supports and respite. Support individuals receiving the Community Supports Waiver and the Community Pathways Waiver. Also accept payment plans and provide eligible families a sliding fee rate.</td>
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<tr>
<td>Arc Montgomery County Respite Services</td>
<td>7362 Calhoun Place Rockville, MD 20855</td>
<td>301-984-5777 x 1204 (V)</td>
<td><a href="mailto:respite@arcmontmd.org">respite@arcmontmd.org</a></td>
<td><a href="http://www.thearcmontgomerycounty.org/what-we-do/respite">www.thearcmontgomerycounty.org/what-we-do/respite</a></td>
<td>Occasional, short-term temporary physical and emotional relief for families with adults with function disabilities, children or adults with intellectual and developmental disabilities, children with challenging behaviors, and frail seniors ages 60+. Respite care is usually limited to 10 hours per day, and can be used in many locations, including the family home, community and recreational programs, camps, senior day programs and approved respite facilities.</td>
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<tr>
<td>Advanced Nursing &amp; Home Support</td>
<td>15800 Crabbs Branch Way, Suite 205 Rockville, MD 20852</td>
<td>240-474-0884 (V)</td>
<td></td>
<td><a href="http://www.advancedhomesupport.com">www.advancedhomesupport.com</a></td>
<td>Provide short- or long-term respite care. Services include skilled nursing care, homemaking and personal care, transportation, and specialty cleaning services.</td>
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<tr>
<td>ALTA HealthCare Services</td>
<td>101 Lakeforest Boulevard, Suite 250 Gaithersburg, MD 20877</td>
<td>240-801-9818 (V)</td>
<td><a href="mailto:info@altahcs.com">info@altahcs.com</a></td>
<td><a href="http://www.altahcs.com">www.altahcs.com</a></td>
<td>Provides individuals who requires assistance with completing Activities of Daily Living (ADLs) so that caregivers can rest and recharge.</td>
</tr>
<tr>
<td>Caregiver Action Network</td>
<td>1150 Connecticut Avenue, Suite 501 Washington, DC 20036</td>
<td>202-454-3970 (V)</td>
<td><a href="mailto:info@caregiveraction.org">info@caregiveraction.org</a></td>
<td><a href="http://www.caregiveraction.org">www.caregiveraction.org</a></td>
<td>Non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.</td>
</tr>
<tr>
<td>Caring Communities Respite Care Registry</td>
<td>1010 Grandin Avenue Rockville, MD 20851</td>
<td>301-251-2860 x 604 (V)</td>
<td><a href="mailto:pamela.bennett@cc-dc.org">pamela.bennett@cc-dc.org</a></td>
<td><a href="http://www.catholiccharitiesdc.org/program/community-companions">www.catholiccharitiesdc.org/program/community-companions</a></td>
<td>Provide respite care services for families in Montgomery County who have a member with autism or other developmental disability regardless of age. <strong>Take-A-Break Program</strong> allows caregivers a few hours of respite by engaging students in age-appropriate activities on Saturday afternoons. Program operates September to June. <strong>Respite Camps</strong> operate on days when Montgomery County schools are closed, including winter and spring breaks, from 8am to 6pm. Daily and weekly rates available. Autism Waiver funding, Maryland Developmental Disabilities funding, and private payment are accepted.</td>
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</tbody>
</table>
Elizabeth Cooney Personnel Agency
Respite Care
410-323-1700 (V)
www.elizabethcooneyagency.com
Short and long-term respite care.

Home Care Partners, Inc
1234 Massachusetts Avenue, NW, Suite C-1002
Washington, DC 20005
202-638-2382 (V)
Email: info@homecarepartners.org
www.homecarepartners.org
Reimbursements for respite care to allow family caregivers to get a break by either bringing an agency respite service into the home to care for the elder or placing their relative in an overnight facility.

Lollipop Kids Foundation
7901 Beechcraft Avenue, Unit V
Gaithersburg, MD 20879
301-216-3835 (V)
Email: info@lollipopkidsfoundation.org
www.lollipopkidsfoundation.org
Short-term care for children with developmental disabilities. Monthly respite program invites children with disabilities to join us for a day of games, outings, arts and crafts, movies, and many other activities. Also offer support groups for parents and caregivers of children with disabilities.

Meaningful Futures, LLC
9309 Linden Avenue
Bethesda, MD 20814
301-641-6199 (V)
Email: info@meaningfulfutures.org
www.meaningfulfutures.org
Approved Autism Waiver Service Provider in Maryland that provides Family Training and Consultation and Respite Services to children diagnosed with Autism and other disabilities, ages birth to 21 years, who are currently enrolled in the Autism Waiver program. Other funding sources and private clients may also be accepted. Care is provided by trained, certified care workers in the family’s home or community.

Potomac Community Resources, Inc:
Tricia Sullivan Respite Care Program
1010 Grandin Avenue
Rockville D 20851
301-365-0561 (V)
Email: mwyman@pcr-inc.org
www.pcr-inc.org/pcr-tricia-sullivan-respite-program
Tricia Sullivan Respite Care Programs provide recreational activities for teenagers and adults with developmental differences in a community-based setting.

Respite Care / Developmental Disabilities / Community Support Network / Montgomery County Aging and Disability Services
301-816-9647 (V)
Provides short term temporary relief to unpaid live-in caregivers/families who are providing full-time care to children severe medical conditions, children/adults with disabilities, or frail seniors. Care is provided by trained, certified care workers in the family’s home or in a respite care facility. Services provided by The Arc through a county contract.

Royal Treatment Health Care Services
19110 Montgomery Village Avenue, Suite 303
Montgomery Village, MD 20886
301-975-9457 (V)
Email: admin@royaltreatmenthealthcare.com
http://royaltreatmenthealthcare.com
Respite care program.

Upcounty Community Resources
240-614-0444 (V)
Email: JennLynn@ucresources.org
www.ucresources.org
Private, non-profit that offers innovative programs, events, and social opportunities for members of the community with developmental and intellectual differences. Weekend enrichment / respite program features vocational training held three Sundays per month. Respite Hours and DDA funding accepted for this program. Therapeutic programs incorporate drawing, painting, collage, sculpture and crafts, and singing, playing, moving and creating music. Community inclusion programs include a walking workout club, rock band jam nights, and a social skills night out for young adult males with Autism. Social activities include community outings, sporting events, dances, bingo night, and more. Offer skill building work programs for adults with I/DD in the community, in public restaurants, retail, and outdoor areas. Members learn social tolerance, task completion and vocational skills/responsibilities and community members see potential and desire to work. Attendees must exhibit minimal behaviors and no personal care is provided.

Visiting Angels
Silver Spring Office
804 Pershing Drive, #110
Silver Spring, MD 20910
301-578-1616 (V)
www.visitingangels.com/silverspring/home
Respite for family caregivers.
Whole Self Center
Stephen C. Hartman, LCSW-C, Founder/Director
331 Gambrills Road, Suite 4A
Gambrills, MD 21054
410-923-1100 (V)
Email: schartman@wholeselfcenter.com
www.thewholeselfcenter.com

Autism Waiver provider. Family training, intensive individual support services and respite care. Respite can occur at the individual’s home or a community in the state of Maryland. Overnight respite is also available.