

# MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

## Sibling Support

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**This is a project of the Montgomery County Commission on People with Disabilities.**

**To submit an update, add or remove a listing, or request an alternative format, please contact: [MCCPWD@montgomerycountymd.gov](mailto:MCCPWD@montgomerycountymd.gov).**

### **Maryland Sibling Network**

[www.facebook.com/MarylandSiblingNetwork](https://www.facebook.com/MarylandSiblingNetwork)

Facebook group for adult siblings in Maryland to connect with others that have a sibling with a disability to asks questions, gain information, get and provide support, vent, network or simply connect with others sibs.

### **Sib20**

<https://siblingsupport.org/connect/sib20/>

Facebook group for people in their 20s who have a sibling with a disability. Members share information about services and resources. They also share ideas on how to advocate for their brothers and sisters, themselves, and their families.

### **Sibling Leadership Network**

Email: [info@siblingleadership.org](mailto:info@siblingleadership.org)

<http://siblingleadership.org>

Provide siblings of individuals with disabilities the information, support and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.

### **Sibling Support Project**

Email: [info@siblingsupport.org](mailto:info@siblingsupport.org)

[www.siblingsupport.org](http://www.siblingsupport.org)

National effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns, host online groups for teen and adult siblings, and presented workshops on sibling issues internationally and in every state.

### **Sibshops - The Arc Montgomery County Children & Youth Services**

Haydee De Paula, Family Services Liaison

10611 Tenbrook Drive

Silver Spring, MD 20901

301-984-5777 x 1275 (V)

<http://thearcmontgomerycounty.org/what-we-do/for-families/sibshops.html>

Program just for brothers and sisters of kids with special needs. Children ages 8 to 13 who have a sibling with special health or developmental needs can connect with peers having similar family situations. Offered on Sunday afternoons. Together they play fun, high-energy games and talk about the good and not-so-good parts of having a sibling with special needs. There is a fee and pre-registration is required. Sibshops is a collaboration between Mt. Washington Pediatric Hospital and The Arc Montgomery County.

### **Sibteen**

[www.facebook.com/groups/SibTeen](https://www.facebook.com/groups/SibTeen)

A closed Facebook group where teenage siblings of people with disabilities can connect. Members can share unique concerns, joys, frustrations and information with others who understand.