

MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

Spinal Cord Injury

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This is a project of the Montgomery County Commission on People with Disabilities.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycountymd.gov.

Adventist Rehabilitation Hospital of Maryland Spinal Cord Injury Rehabilitation

Terrence P. Sheehan, MD, Chief Medical Officer
9909 Medical Center Drive
Rockville, MD 20850
240-864-6000 (V)

www.adventisthealthcare.com/services/rehabilitation/inpatient/spinal-cord-injury-program/

Provide specialized services for traumatic spinal cord injuries (result from a fall or accident), complications or recovery after spine surgery, and non-traumatic spinal cord injuries (caused by tumors, infections or other diseases). Comprehensive therapy for physical, emotional and spiritual issues. Regain skills used in every day activities, such as cooking, cleaning, and dressing. A seating and mobility clinic makes personalized recommendations for wheelchairs and other equipment. Learn how to prevent falls and avoid spinal cord injury complications. Peer visitor program provides encouragement and builds camaraderie among those who've experienced similar injuries. For patients 18 years and older.

Determined2Heal

P.O. Box 55916
Potomac, MD 20859
703-795-5711 (V)
Email: determined2heal@gmail.com
www.determined2heal.org

Help simplify the transition into life with paralysis as smoothly and productively as possible. Provide information and advice for people with spinal cord injuries, their families and their friends. Offer specialized recreational rehab adventures.

FacingDisability.com

312-284-2525 (V)
Email: info@facingdisability.com
www.facingdisability.com

Connect families dealing with spinal cord injuries with the life experiences of others, and to provide medical information and resources. Forums, peer counseling, and more than 2,000 videos drawn from interviews of people with spinal cord injuries, their families, caregivers and experts.

International Center for Spinal Cord Injury (ICSCI) Kennedy Krieger Institute – Clinical Program

707 North Broadway
Baltimore, MD 21205
1-888-923-9222 (Toll Free)
Email: info@kennedykrieger.org
www.spinalcordrecovery.org

Offers intensive medical and therapy programs emphasizing activity-based restorative therapies that focus on recovery from spinal cord injuries and associated disorders. Treats both children and adults – even those with chronic paralysis – and combines innovative research with restoration and rehabilitation. Treatment plans are developed with the patient and the family, and are tailored to meet the unique needs of each patient. Offer a peer mentoring program and support group. Now offering telehealth and video visits. The **Inpatient Program** is a comprehensive evaluation and treatment program for children and young adults (birth to age 21) with acute or chronic spinal cord dysfunction, including those requiring ventilator assistance. The **Outpatient Medical Clinic** provides physiatrist evaluations, periodic follow-ups, and medical management of chronic spinal cord injuries and paralysis for patients of all ages. The **Outpatient Therapy Program** welcomes patients of all ages. Therapy sessions are conducted on an individual basis and focus on achieving goals established between the patient, physician and therapist. This program offers both short-term intensive therapy, convenient for out-of-state patients, and extended intensive therapy options. The **Aquatic Therapy Program** offers two state-of-the-art pools with a range of warm water temperatures and therapeutic options, built-in treadmills for retraining and observing gait patterns, video systems for monitoring therapy activities, multiple jets used for resistance, and floors that operate on lifts to allow for easy access by patients in wheelchairs. Other services include an adaptive sports program, Life Through Motion Wellness program, seating and mobility clinic, orthotics clinic, patient resource groups, and more.

Paralyzed Veterans of America (PVA)

Headquarters

1875 I Street NW, Suite 1100
Washington, DC 20006
1-800-424-8200 (Information)
1-800-232-1782 (Healthcare Helpline)
1-866-734-0857 (Benefits Helpline)

Baltimore VA Regional Office

31 Hopkins Plaza, Room 1236
Baltimore, MD 21201
410-230-4470 x 1020 (V)
1-800-795-3606 (Toll Free)
Email: info@pva.org

www.pva.org

Congressionally charatered Veterans service organization. Membership is free and open to qualified individuals. You must be a citizen of the United States, a veteran of the U.S. Armed Forces whose discharge was other than dishonorable. An individual who has suffered a spinal cord injury as a result of trauma or disease, which results in paralysis of more than one limb. The injury or disease onset could have occurred after discharge/retirement from military service.

Veterans Benefits Department (VBD): Provides free, comprehensive benefits assistance and advocacy. The advocacy program offers up-to-date disability rights information and resources on their website. The VBD staff works through a national network of National Service Offices to provide services to paralyzed veterans, their families, and disabled veterans. These services range from bedside visits to guidance in the VA claims process to legal representation for appealing denied claims.

Medical Services: PVA has a team of experienced registered nurses, physicians, and support staff to monitor and respond to inquiries from across the country regarding spinal cord injury and disease (SCI/D). Support can be accessed by calling the Healthcare Helpline. In addition, the team conducts routine on-site visits to review the quality of medical care provided to our members.

Spinal Cord Injury Model System Information Network

www.spinalcord.uab.edu

The University of Alabama at Birmingham Spinal Cord Injury Model System (UAB-SCIMS) maintains this Information Network as a resource to promote knowledge in the areas of research, health and quality of life for people with spinal cord injuries, their families, and SCI-related professionals. Features educational materials and information on research activities of the UAB-SCIMS along with links to outside (Internet) information.

Spinal Cord Injury Network of Metropolitan

Kimball Gray and David Burds

Email: kimballg@ecny.org

Email: davidb@ecny.org

Provide support and services to people with spinal cord injuries and other mobility impairing conditions, and to their families and friends. Provides information and referral, advocacy and visitation, peer and family support groups, and attendant care referrals from a Personal Assistant Registry for persons with mobility impairing conditions. Also operate an art gallery in which artists with and without disabilities display and sell their work.

SPINALedia

<https://spinalpedia.com>

Social mentoring network and video archive that allows the spinal cord injury community to motivate each other with the knowledge and triumphs gained from individual experiences.

United Spinal Association

120-34 Queens Boulevard, Suite 320
Kew Gardens, NY 11415
718-803-3782 (V)
1-800-962-9629 (Resource Center)
Email: askus@unitedspinal.org
www.unitedspinal.org

Services and programs include counseling, referrals and service identification and location, wheelchair and assistive technology consultation, sports and recreational opportunities, peer coaching, health and benefits information, self-advocacy coaching and support, disaster assistance, continuing education and training to architects and building code officials on local, state, and federal access requirements. United Spinal's VetsFirst program maintains an extensive library of information on veteran's benefits and resources. The VetsFirst Ask Us program can help veterans and their family members find the answers they need regarding their VA benefits.