## **Home Delivered Meals**

Bethesda Chevy Chase Meals on Wheels 301-654-4610

Colesville Meals on Wheels 301-38- 7440

Damascus Meals on Wheels 301-414-5447

Food and Friends (for terminally ill and family) 202-269-2277

JSSA (Jewish Social Services Agency) Meals on Wheels 301-881-3700

Gaithersburg Meals on Wheels 301-216-4200

Meals on Wheels of Central Maryland 877-730-9476 (toll free)

Meals on Wheels of Takoma Park 301-434-1922

Meals on Wheels of Germantown 301-706-0262

Rockville Meals on Wheels 301-340-1559

Wheaton Meals on Wheels 301-942-1111