

## **Veterans Network Directory - Montgomery County, MD**

## Myalgic Encephalomyelitis / Chronic Fatigue Syndrome

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## U.S. Department of Veterans Affairs - Myalgic Encephalomyelitis / Chronic Fatigue Syndrome

Baltimore VA Medical Center Regina Moore, Environmental Health Coordinator 10 N. Greene Street Baltimore, MD 21201

Email: regina.moore@va.gov

1-800-827-1000 (Benefits) 1-800-829-4833 (TDD) www.publichealth.va.gov/exposures/gulfwar/chronic-fatigue-syndrome.asp Gulf War Veterans who develop Myalgic Encephalomyelitis (ME) / Chronic Fatigue Syndrome (CFS) do not have to

410-605-7316 (Regina Moore)

1-877-222-8387 (Health Care)

prove a connection between their illnesses and military service to be eligible to receive VA disability compensation. ME/CFS must have emerged during active duty in the Southwest Asia theater of military operations or by December 31, 2021 and be at least 10 percent disabling. CFS is an unexplained, severe and persistent fatigue that is not helped by rest. There may be flu-like symptoms such as sore throat, swollen lymph glands, low-grade fever, headache, muscle pain, and poor sleep. CFS often limits the person's previous ability to carry on daily activities. If you are concerned about chronic fatigue, talk to your health care provider or contact your local VA Environmental Health Coordinator to help you get more information from a health care provider.